

MAYFIELD CDP COMMUNITY RESOURCE CENTRE

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*Mayfield Community Adult Learning Project (CALP) Educational and Training Courses: small group numbers, low cost courses run from September to December and January to June each year.

*Mayfield Community Garden-grow your own food and learn new skills. New members always welcome.

*Mayfield Matters is a local community newsletter produced in the Mayfield CDP Community Resource Centre by volunteers with the support of the CDP staff.

MAYFIELD COMMUNITY GARDEN THE MAYFIELD CDP COMMUNITY GARDEN IS LOOKING FOR NEW MEMBERS!

- ♦ Are you interested in gardening?
- ♦ Do you like getting your hands dirty or like the idea of growing your own food, or planting some flowers?
- ♦ Are you interested in getting involved in enhancing biodiversity in the area?
- ♦ Or perhaps you just feel tired of being stuck at home after two years of Covid and want to be outdoors, in contact with nature and likeminded people.... Mayfield CDP has the space to give you this opportunity.

Call us at 021 4508562 or just drop in sometime.

All welcome.



Two upgraded Meeting/ Training Rooms Available to rent at the Mayfield CDP at very competitive prices



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MAYFIELD MATTERS

FREE

Your Community Newsletter

JUNE JULY 2022 ISSUE 116



An Acknowledgement To DAN SEXTON, Mayfield Matters First Editor

Dan Sexton RIP. It was with great sadness that we learned of the recent death of Dan Sexton. The need for a Community Newsletter was raised following a Community Integration Day in late 1999, in order to share information on what was happening in the two areas of Mayfield, St. Joseph's and Mayfield East Community.

Mayfield CDP agreed to lead this initiative and Dan who was a member of St Joseph's Community Association, was very enthusiastic about it and became involved from the very first meeting.

Over the years Dan dedicated many hours to the development of Mayfield Matters and from the first issue he took on the task of Editor working with a very dedicated team of volunteers, supported by the CDP. His good humour and easy manner made him an ideal candidate for this role. Dan also encouraged many others to become involved and he had a dedicated group of people who met to fold, sort and deliver each issue of the Newsletter.

These days modern machinery does a lot of the work and those happy meetings are no more.

We would like to acknowledge however the team of people who because of Dan, became involved over a number of years.

We would like to extend our deepest sympathy to Dan's family on the loss of a wonderful Father, Grandad and Great Grandfather.

May Dan now Rest in Peace



Radiothon 2022 96FM 'Giving for Living' Radiothon:

Each year Mayfield CDP supports the Cork 96FM Radiothon and this year was no different.

On Wednesday, 25th May, the project held a coffee morning from 10.30am to 12.30pm to raise funds for different cancer services across Cork city

(The Mercy Hospital Fundraising, Marymount, CUH Charity, Cork Arc - Cancer Support House, Breakthrough - Cancer research).

€316 was raised for the Radiothon and hopefully we have gone some way to help others across the city.

Thank you to everyone who popped in and donated.





The painting above which is entitled *Emigrants at Cork* depicts a scene on the quays in the city with emigrants about to depart our shores for foreign parts. The painting dates from the early 1840s when there were significant levels of emigration from Ireland but nothing like the great flood of departures that followed later that same decade as a result of the Great Famine.

The painting, now in the possession of University College Dublin, was by the Cobh artist George Mounsey Wheatley Atkinson, one of a family of painters renowned for their paintings of Cork Harbour and other maritime scenes.

Many interesting aspects of life in Cork at the time can be seen in the painting - the people, how they dressed, the mixed emotions associated with emigration and how the north eastern suburbs had begun to develop at the time.

The emigrant scene is located on Andersons Quay, now between Brian Boru Bridge and Michael Collins Bridge and the current location of premises such as Jury's Inn and the Simon Community.



The central group of people is, perhaps, one of a young couple being seen off by their relations. The young woman in the centre is beaming and apparently very happy with what is in prospect for her and her new life abroad. In contrast to this is the sadness and concern in the faces of others around her and in the demeanour of the hunched old woman sitting on a travelling case in front of the departing couple.

The dress of those in the picture is typical of the period. Three of the women are wearing hooded cloaks, two of them in black and one in brown. These cloaks were widespread in pre-Famine Ireland and made of heavy woollen material. They continued in common use in West Cork up to the twentieth century and were known as West Cork cloaks or Kinsale cloaks.

St. Patrick's Church Across the river, St. Patrick's Church appeared then much as it does nowadays, although the surrounding area is much changed. At the time of the painting this was a new church, built to serve the needs of the city's developing north eastern suburbs. The building had commenced in 1832 and the church was first used for the celebration of Mass in 1836.

The new St. Patrick's Church had replaced an earlier church referred to as "The Brickfields Mass House" which stood further along the Lower Glanmire Road in the vicinity of where Kent Railway Station is now located. A driving force behind the building of St. Patrick's Church and the main organiser of fund raising was Fr. Sylvester Mahony who later in life enjoyed a literary career under the pseudonym of 'Fr. Prout'. He is nowadays best

THE CARE SYSTEM IS NOW ALMOST NON EXISTENT

The care system is now hitting an all time low with all the cuts and people not going into the health service. Since the pandemic people have moved away from the jobs they were in and are going elsewhere for work and this is down to not being appreciated in the work that they do.

For instance the care system was privatised a few years ago and this has had very bad implications for the Health Sector. In many ways it destroyed the Home care service and if this service was maintained in the right way we would not have problems today. The home-care service is slowly dying out now and the problem with the staffing is basically rates of pay and conditions for the care staff working now in the private sector. While some are getting holidays and sick leave not all of them are getting this and this is leading people to look and get better paid jobs. Having said that this is then bringing me to the public sector the HSE home-care employees while they are crying out for staff to work in the care sector they are cutting the hours from the public sector does this make sense?.

No it doesn't and there is a lot of people waiting on a service that is not being supplied and where is this going?. We are heading into a frightening period where the care of the elderly in their own homes is becoming a thing of the past and why are we letting this happen.

First of all we have the bonus that was promised back in February and this is still to be paid again no surprises, there as we are dealing with a very unstable government and it is getting worse all the time. The minister for health is doing absolutely nothing to push this payment, a bit of talking here and there but nothing concrete. So we are way behind in our health service comparing to other countries we are at the bottom of the list. A lot of home-care employees are now losing their weekends to agencies for cheaper rates; while this is affecting the employees it is making a massive impact on the people who are depending on the service. What will become of us in the future when we get older and a lot of people don't think like that but it is a reality. This will effect us as well in regards to getting care, hopefully we won't but there is always the possibility that we could and what will become of us then.

Where will we get the great care that the HSE home helps were giving to people, never again, the kindness is gone the empathy is gone it is all about money and profit today people don't matter anymore only the money. People should think about this and while we may not pay very much attention to it now there will be a time when we will but is it any wonder the morale is low among the people working in the health care system.

Being promised €1,000 bonus payment only to be told afterwards the payment would be paid on a rate of how long they were exposed to Covid-19, the most ridiculous thing ever said. Every health care worker and other employees no matter what part of the system be it retail, cleaning, security, public transport, the list goes on, were exposed to Covid-19 all through the pandemic and many more employees in other sectors as well.

Yet this payment is STILL to be made and not alone is it frustrating it is insulting to these employees as well. Again and I have said it many times we keep putting people into government who absolutely don't care one way or the other about the elderly people or anything else for that matter. When you are out in the communities and I am sure many people will be familiar with this there are a lot of things that need to be changed but most of all the care of the elderly.

To all the carers working in the private sector who are not unionised do it now for your own security and don't get left behind.



National
Heritage Week
A Heritage Council programme

The Heritage Council is delighted to announce that National Heritage Week 2022 will take place from Saturday, 13th August to Sunday, 21st August 2022.

Each year many national and hundreds of local community organisations participate by organising events throughout Ireland. Many of the events that take place during the week are free and the programme highlights the abundance of great work that is carried out in all communities in Ireland to preserve and promote our natural, built and cultural heritage.

Whether it is nature and wildlife, folklore, or built heritage, National Heritage Week aims to deliver messages and events that are positive, engaging and relevant in people's day to day lives. Any person or organisation can actively take part in the Week and organise an event which educates people and promotes an aspect of Ireland's Heritage.

Events hosted nationwide are hugely diverse in subject and many are organised by local communities lending great authenticity and variety to the events. Examples of events (to name but a few) include medieval fairs, night-time bat walks, wildlife walks and lectures, traditional music sessions, storytelling, historical re-enactments, and local history walks and talks and maritime and coastal events. In addition many heritage sites and historic properties will offer free admission or special concessions.

National Heritage Week is a unique opportunity for everyone to get involved in Ireland's heritage, learn more about it, preserve it for future generations and above all, enjoy it!

Event descriptions and completed digital heritage projects can be shared via the National Heritage Week website from Wednesday, 15th June to Tuesday, 23rd August. For more information on National Heritage Week 2022 and for some things to consider when planning your project, check out the National Heritage Week blog.



PERSONAL SAFETY HOLIDAY SECURITY

PREPARATION PLANS AND SECURING YOUR PROPERTY BEFORE YOU GO:

- ♦ Find out about the place you are visiting. Is it safe for visitors? Are there any local laws or customs, which are different to home, that you should be aware of?
- ♦ Be familiar with security measures at airports and/or seaports. Many common household items cannot be carried as hand luggage on lanes.
- ♦ Inform a trusted neighbour or relative as to your travel arrangements, intended destination and contact details. Do not unwittingly advertise your travel arrangements to others, particularly on social media.
- ♦ Invite neighbours to make use of your driveway for car parking.
- ♦ Arrange to have your lawn mowed, particularly when absent for long periods in summer.
- ♦ Cancel your milk, paper deliveries etc.
- ♦ Arrange for a neighbour or relative to collect your mail or use Mail minder from An Post.
- ♦ Make full use of light timing/ smart devices and do not have curtains drawn during the day time. Your neighbour might oblige with this duty.
- ♦ If you have a domestic alarm, inform your monitoring centre of your absence and ensure any nominated key holders will attend promptly to an activation.
- ♦ Be aware of an insurance limitations on vacant premises.
- ♦ Notify your local Gardaí of your absence from home.
- ♦ Invest in a quality safe for any valuables left in your home. Speak to your insurers about appropriate safe ratings for your valuables.
- ♦ Carry out a "housekeeping" exercise around the grounds of your home and remove and secure any unsecured items.

SAFETY WHEN TRAVELLING

Record separately details of the following items

- ♦ Your passport and driving licence, all credit and bank cards.
- ♦ Travel documents/ Emergency contact number for each of the services.
- ♦ Have your vehicle fully serviced prior to departure and ensure you have replacement bulbs, emergency equipment etc.
- ♦ If you are using a roof rack for luggage, park only in secure car parks and remove it when not necessary.
- ♦ Know where you are going and if you need to stop, use only established service station areas.
- ♦ Remove all valuables from inside your car.
- ♦ At your destination hotel or campsite, be very conscious that you are easily identifiable by criminal elements that you look as a visitor/ tourist. It is important that you lock and secure your room and valuables and never leave keys on display.
- ♦ Use the hotel safe where possible.

Enjoy the Summer and Stay Safe.

Community Garda Helen Courtney. Mayfield Garda Station, 021 4558510. ellen.m.courtney@garda.ie.

remembered as composer of the words of the Cork Anthem "The Bells of Shandon".

St. Patrick's was built immediately after Catholic Emancipation in 1829. Its prominent location, its size and impressive architectural style were testament to the changed position of Catholics in the country following the Act of Emancipation.

At first, St. Patrick's Church was a Chapel of Ease for the Cathedral parish but became a parish church in its own right in 1848, with the parish covering the entire north east of the city as far as Mayfield.

As the suburb grew more churches were added to the parish, the first being St. Joseph's, Mayfield, in 1881. A Methodist Church, including a hall and schoolrooms, had been built and opened in 1895 on Military Hill, replacing an earlier small Methodist chapel in that area. After a time the Methodist congregation decreased in numbers. Their building was acquired by St Patrick's Parish in 1949 and became the Holy Family Church. Other new churches were also built in the parish, Our Lady Crowned, Mayfield, opened in 1962 and St. Brendan's the Glen in 1973.

The extent of the St. Patrick's Parish area continued unchanged until 1979, when the new parish of Upper Mayfield was created, with Our Lady Crowned as its parish church. This was soon followed by a further sub-division of St. Patrick's Parish and the establishment in 1981 of the parish of St. Joseph's, Mayfield and the re-designation of the St. Brendan's area as part of a new parish of Blackpool and the Glen.

ST. LUKE'S CHURCH

In the background in the painting and further up the hill, the spire of the original St. Luke's Church can be seen. As with St. Patrick's, St. Luke's was built to cater for the new housing developments of the time and for the needs of the growing population in the north east of the city in places such as Summer Hill, Wellington Road, Barrackton, Ballyhooly Road, Gardiners Hill and Montenotte.

A site was acquired and in 1820 a temporary building was erected on it. The building was subsequently taken down and replaced by a permanent new church. The new church was opened for Divine Worship in 1837 and served as a Chapel of Ease to the parish church of St. Anne's, Shandon. Later St. Luke's Parish was created and the church became a parish church for the north east of the city.

The architect for the building was George Pain, a resident of Adelaide Place off Gardiner's Hill, and who had also been the architect for St. Patrick's Church which was opened the previous year.

St. Luke's Church soon became too small for the Church of Ireland congregation in the growing suburb and after about thirty years a decision was taken to replace it with a much larger church, designed to accommodate a congregation of 1,000 people.

That decision, although generally welcomed, was not without controversy. Many of the parishioners, supported by some of their Catholic neighbours, were very attached to the spire of the original church and campaigned to have it retained in the new building. This was much against the wishes of the architect, Sir John Benson, a St. Luke's parishioner and resident of Lower Montenotte, the other architect Henry Hill and many others who felt the old spire would not suit the new building.

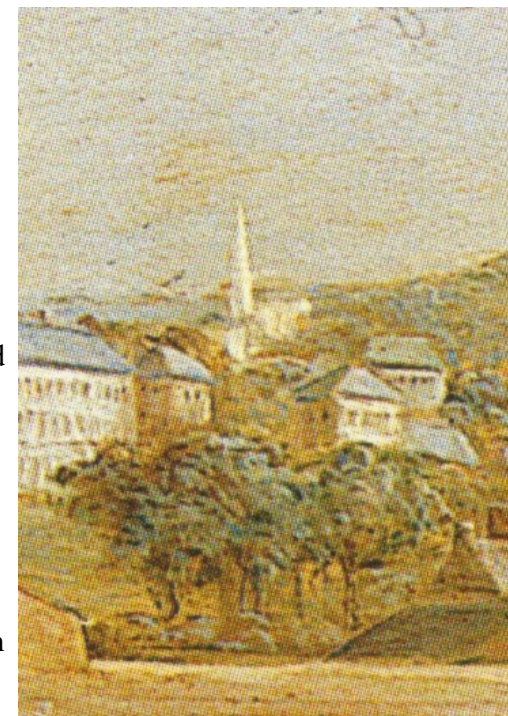
Eventually a compromise was reached and the spire was carefully taken down brick by brick and recycled. It was sold for the sum of £100 to the Catholic parish priest in Innishannon and re-erected in the new church, St. Mary's, that had recently been built there. So the original St. Luke's Church spire is still to be seen in Innishannon in its commanding position above the village.

The new St. Luke's Church was opened in 1875. It was built in three stories, the lower one affording accommodation to the caretaker and his family; the second the parochial schools and the third the church proper with its floor on a level with the road outside on Summer Hill.

The new church had a very short life. Early in the morning of 9th February 1887 a passer-by walking down Mahony's Avenue saw large volumes of smoke and flames issuing from the windows of the church and immediately raised the alarm. Despite the best efforts of the military who soon arrived from the barracks with a fire engine and the City Fire Brigade who arrived soon afterwards, the fire took hold and the building was completely destroyed.

No time was lost in setting about rebuilding St. Luke's, this time with another new design and a new architectural style. One of the previous architects, Henry Hill, was in charge of the re-building. On 8th February 1889, just one day short of two years from the date of the fire, the new church was completed, re-consecrated and again opened for Divine Worship on the site where it still stands as an imposing landmark in the north east of the city.

St. Luke's continued as a parish church until 2003 when it was deconsecrated due to falling numbers. It is now the property of Cork City Council. The main church serves as a concert venue and the extensive hall underneath occasionally used for Art Exhibitions and other events.



Waste Prevention Grant 2022 Cork City Council

Mayfield CDP has been allocated a small grant to promote waste prevention in 2022

Activities Identified

- * Articles in the Mayfield Matters newsletter
- * Promotion of October,
- * The Reuse & Recycle Month
- * Competition for local Primary Schools & Display of work in the Mayfield CDP Community Resource Centre.



LOTAMORE FAMILY RESOURCE CENTRE & PRE-SCHOOL CLG

20 Lotamore Park, Mayfield, Cork T23 NPW2

Pre-school Places September 2022

Limited places available in our Pre-school session 9 am-12 noon
ECCE & NCS

Children can register from age 2½

For further information/to request registration form
please call Amy: 085 862 7103



This Summer ...

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diagnosed cancer
in cloudy, rainy Ireland:

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or sunbeds

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skin cancer
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every year

melanoma
more than
1,000 people
every year

www.cancer.ie/skin

Irish Cancer Society

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Gents Wash & Cut €15
School Students €11
Toddlers/pre school €10
Father & Son €19
(excluding foil fades)
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THE BEST VALUE HOLIDAYS START WITH AN OUR LADY CROWNED CREDIT UNION LOAN

As domestic and European restrictions ease, people are setting their sights on holidays again this year. As confidence returns to the travel market, there is widespread optimism among industry experts for a much improved 2022 and significant demand amongst passengers to travel this year.

Consumers are always on the hunt for the best deals, and it's likely that large numbers will book a holiday this year. Planning a budget as early as possible is just as important as booking early to keep spending in check. Even with planning ahead and budgeting, many households are still likely to need a little extra assistance to fund their break.

Those who need to borrow should avoid high-cost credit such as moneylenders and should resist the temptation to put their holiday on the credit card. Credit unions have long been trusted providers of affordable and straightforward loans. OLCCU Credit Union has been lending for holidays for many years now.

Loretto Dennehy McCarthy CEO, Our Lady Crowned Credit Union said: "We are very conscious of ensuring that our credit union members are availing of the best value possible when they decide to take a well-earned holiday. We would encourage anyone in the North Cork City area planning on booking a holiday to have a chat with us about our loan, which we offer at an affordable APR rate and which does not carry any hidden admin fees. We have issued over €6m in loans in past 12 months to nearly 2,000 people in the locality".

At OLCCU Credit Union we have a flexible approach and we are happy to structure repayments in a way that works best for our members, which means there is no financial stress involved in planning their holiday, and they can focus on relaxing."

Loretto continued: "There are numerous other benefits, for example, our members are free to pay off their loan early, make additional lump sum repayments or increase their regular repayments all without a penalty. We are happy to accept loan applications from all members - those we see every day, those we may not have used their account in years, as well as those who have only just become members. Remember, at OLCCU Credit Union, you are more than just a customer, you are a valued member and you will always be our number one priority. We cover all types of loans from the big to the small, so don't hesitate to call in when you are passing.

*For a €3,000, 2 year variable interest rate loan with 24 monthly repayments of €138, a representative APR of 9.9%, the total amount payable by the member is €3296. Information correct as at 20/5/22.

THE MAYFIELD EAST INDOOR BOWLS CLUB EST 2000.



Photos Taken By Jim Byrne.

Our annual club team competition for the "The Paddy Power Cup" was played on the 3rd of April 2022. Four teams of four players were playing seven ends with two bowls each to determine the best team on the day. Team "A" consisting of the Skip Tony Stokes, Mick Keohane, Jerry Knott & Jim Newman won the cup. With team "C" skip Cal O'Leary, Paddy Fahey & Raymond O'Shea, were the runners up. As well as the annual cup the winners received €20 each from Paddy Powers shop at Dillons cross and the runners up €10 each. The clubs chairman Paddy Fahey stood in for the Paddy Power Manager Maurice Corcoran to present the teams with the prizes.

MONSTER LOANS



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Comhar Creidmheasa Mhuire Barrion Teoranta.

IMAGINE MORE

Loans are subject to approval. Terms and conditions apply.

WARNING: IF YOU DO NOT MEET THE REPAYMENTS ON YOUR LOAN, YOUR ACCOUNT WILL GO INTO ARREARS. THIS MAY AFFECT YOUR CREDIT RATING WHICH MAY LIMIT YOUR ABILITY TO ACCESS CREDIT IN THE FUTURE.

Our Lady Crowned Credit Union Limited is regulated by the Central Bank of Ireland.

POETRY PAGES

SLIGO

Harry O' Shea

When first I saw sweet Sligo,
In an early time of year
The scenery and rolling hills
They filled my heart with cheer.

On seeing the purple mountains
Old Benbulbin looking down
And then out by the sea shore
Calm sights and sounds abound
I will return to Sligo
When summer comes around
To call again to W.B.
For he lies in Holy Ground.

This is the final 'Rugby' poem completing the set of 7 of which 6 were in the last newsletter. It celebrates the match which saw Ireland finally winning 'The Triple Crown'.

RUGBY PLAY

SIX NATIONS SAT 19TH MARCH 2022
RESULT: IRELAND 26 SCOTLAND 5
(Sonnet with Extensions)

Richard Goodison

'Scotland the Brave' we welcome you today
To meet the men of Erin on the field
Who know not easily the way to yield
And both sides clearly mean to win this fray.
A swirling wind deflects kicked ball away
And scores are not that easy, aye, to build.
Dan Sheehan breaks the mould with try that's sealed
And then throughout just shows his style, Hurray!

At 38 minutes Scotland have no score
And Ireland shows a fine mark-up 14.
How will the match progress is not yet known.
With courage Scotland pile on pressure more,
Such struggling, aye, the like was seldom seen;
Then Scotland's Schoeman oval ball gets down.

The second part sees Scotland in the attack
But Hansen takes the ball to stow away.
On goes the battle; heaving bodies press;
The players scramble here and there and back.
At 50 minutes the score seems stuck to stay
But no one can the final scoreboard guess.

Healy and 'der Flier score; Dan Sheehan is 'Man of the Match'
And near the close Colm Murray brilliantly scores.
The final tally is 26 to 5
With Ireland well ahead; the Scots can't catch.
Glimpses of a game our memory stores;
The 'Triple Crown' is Ireland's; we saw live

J.M.J.
POEM:

SUMMER

Harry A. O' Shea.

The days are brighter now
And sunnier too;
With joy we greet the
Summer skies of blue;
The birds all busy sing
A cheerful song,
While children hope the
Holidays come along.
The farmers work so hard
To save the hay,
And work together 'neath
Hot summer rays;
In shops we see arrays
Of summer-wear,
While gardens shine
With colour everywhere.
I like the summer
And the bright long days,
Thank god for summer
The praying people praise.

Ugly Pretty

Abdullah Shoaib

I'm very ugly
So don't try to convince me that
I am a very beautiful person
Because at the end of the day
I hate myself in every single way
And I'm not going to lie to myself by saying
There is beauty inside of me that matters
So rest assured I will remind myself
That I am a worthless, terrible person
And nothing you say will make me believe
I still deserve love
Because no matter what
I am not good enough to be loved
And I am in no position to believe that
Beauty does exist within me
Because whenever I look in the mirror I
always think
Am I ugly as people say?

(Now read bottom up).

'RAPTURIOUS APPLAUSE'

(Sunday May 22nd 2022)
Richard Goodison

Nowso the rebels showed
What Cork can do when put to it.
They faced the blue and gold,
Nor did they flinch at the pride of it.

Hurling's our delight,
And Cork and Tipp were ever fine;
The 'clash of the ash', the fight,
Cú Chulainn's art will ever shine.

'De Papers' tell it all:
The colourful field, the crowds' 'hurrahs',
The flashing sticks, the singing ball,
Stout hearts cheer the hearts of the 'mas' and 'das'.

Tipp gave us a fright,
Starting away like that,
But a ball to the post upright
Saw a Cork goal 'tit for tat'.

Keep it up, brave lads!
Onwards to glory carry the play.
Yours the support of 'trads',
Prepare for another day!

GLEANN NA PHÚCA

GLEANN na PHÚCA is a Visionary Project in response to the Glen River Park

At one time known as "Glen of the Spooks", the project takes the name Gleann na Phúca as a term for engagement with The Glen River Park. The project aims to respond to the ecological, cultural, industrial, and historical heritage that hovers still within this ancient glacial valley and contemporary urban park on the North-East side of Cork City.



ARTISTS EXPRESSIONS

I reached out to artists in an Open Call to consider site-specific responses, in any art form, to the Glen River Park. As a visionary project I welcomed imaginative propositions. The spirit of the project is for artworks, which will reveal themselves subtly to Glen Park walkers, which will inspire curiosity and wonder without interrupting the natural beauty of the park. Collaborative, performative and participatory responses, as well as those with a material or virtual element, were all welcome.

It is important to say that Gleann na Phúca is an aspirational project, and does not aim to produce actual artworks in this phase....

Gleann na Phúca held an introductory webinar for the artists and invited Gerard O'Brien (Writer and Historian), Maeve Fleischmann (member of the celebrated musical family), who are both Glen natives, along with John Baker, Community Activist and Eco-Consultant, Jo Goodyear, Botanist and herbalist, and Catherine Seale-Duggan, community Water officer to speak about their connections with the Glen. Viewers can still catch this fascinating webinar online via the Gleann na Phúca website listed below.

There was a strong response from artists across disciplines and submissions were of an extremely high calibre. A panel of eight professionals from the arts spent two weeks in deliberation and, after a final meeting, six pitches were selected. Currently 8 artists from a spectrum of arts practices are working on expanded proposals for the next phase of exhibition and public consultation.

EXHIBITIONS and Public Consultation We welcome all who may be interested to attend any of our venues and events. Exhibitions of these proposals will be held locally in Frank O'Connor Library, Mayfield, Blackpool Library and the Atrium City Hall, these exhibitions will be open for public consultation, and will run concurrently from 17 June - 1 July 2022.

There will be a LAUNCH of the GLEANN na PHÚCA in THE ATRIUM, CITY HALL on FRIDAY 24th JUNE at 3-pm ~ All are Welcome ~ we would love to hear your responses.

Events will also be held at: The Frank O'Connor Library Mayfield Saturday 25 JUNE 11 am, Blackpool Library Saturday 25 JUNE 3pm. From 2-12 AUGUST the exhibition will tour to Studio 12 Wandesford Quay Studios (courtesy of Backwater Artist Group) and 13-26 AUGUST Central Library Grand Parade as part of their programming for Heritage Week, in SEPTEMBER the exhibition will be held in The Glen Resource Centre dates tbc.

We welcome responses from the public and there will be questionnaires and comment boxes available at all venues.

Public contributions will form part of a feasibility study for realising any or all of the proposed projects. During the Exhibitions there will be a programme of public interactions where project instigator, Julie Forrester and the artists will present their ideas.

Please do watch our space:



[www.instagram— gleannnaphuca](https://www.instagram.com/gleannnaphuca)



[www.facebook.- gleannnaphuca](https://www.facebook.com/gleannnaphuca)

<https://gleannnaphuca.wordpress.com>.



We are really excited to announce that we have been selected to host the UEFA Disney Playmakers for 5-8 year old girls

This program will run for 10 weeks starting on Wednesday the 29th of June 6-7pm. There will be no charge for the program and all girls in the area are welcome

The program will be led by UEFA qualified coach Craig from @crcoaching9, Craig also has a level 8 degree in Early Year Education and a FA level 1 in sports psychology. However we need more volunteers to help with the program. **NO** coaching experience required, all training will be provided and there will always be a head coach present. If you are interested in helping out or want to find out more message Craig on 087 2818889 .



The boys and girls of St. Patrick's Campus celebrating their school Green Day as part of the St. Patrick's Day celebrations along with the very talented bag-pipe player Frank Brady.



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KEEP MAYFIELD CLEAN

We invite you to our monthly clinics on the last Wednesday of every month at 9.30 am to 10.30 am at St. Joseph's Community Centre, Old Youghal Road, Mayfield. Our next meeting will be Wednesday 29th June and Wednesday 27th July, we do not hold any meeting in August.

Topics

- ◆ Address some of the local refuse issues
- ◆ Your opinions and suggestions
- ◆ Explore your role in Keeping Mayfield Clean

Objectives

- ◆ Our goal is to Keep Mayfield Clean
- ◆ Setting up local task team including residents

For more information, please contact

PATRICIA COTTER CORK CITY PARTNERSHIP @ 087 1902848

ROSELLA SHEEHAN NEWBURY HOUSE @ 021 5407999

MAJELLA GOULD COMMUNITY WARDEN @ 086 7948584

Play your part in Keeping Mayfield Litter Free

MENTAL HEALTH PROBLEMS FOR YOUNG ADULTS

BY SHAUN PHILPOTT

What is Mental Health? Mental Health is a definition that explores our emotional, psychological, and social well-being. It affects how we think feel and act. It also defines how we deal with certain situations such as dealing with stress and dealing with other individuals. Having strong mental health is important in everyday life and from childhood and adolescence all the way to adulthood. Mental Health Problems in Cork and across Ireland are growing concerns that are often well hidden and not spoken about enough. When mental health problems are spoken about, they are not discussed straight away when it is most important. Individuals often leave their mental health problems undiscussed for days, months and years before they finally speak up about their issues. The most common mental health problems in adolescents and young adults' are anxiety disorder and depression. I will discuss more about mental health problems in the paragraphs and questions below. Anxiety disorder is a nervous mental health condition that makes things harder for us to get through the day. Symptoms include feelings of nervousness, panic and sweating. On the other hand depression is another mental disorder in relation to mood that causes a constant feel of sadness and a loss of interest in most activities.

How are both Adolescents and Young Adults Affected by Mental Health Problems? Both adolescents and young adults are affected by mental health problems in different ways. Young adults who have mental health problems can also have poorer physical health and sexual health. Young people are affected by mental health problems due to poor family relationships, a loss of a family member, poor grades, falling out of sports, poor school grades and drug and alcohol addictions. A traumatic episode in a young person's life is enough to cause them to have mental health disorders such as anxiety and depression. It is common for young people to deal with high self-expectations such as wanting to have the perfect body image, be the best at everything in all the sports they play, wanting to make top grades in school and copying or falling into every trend they see on social media.

How has the Pandemic Affected Young People in Relation to their Mental Health? The Covid-19 Pandemic has affected young people from March 2020 to this present day. Most Restrictions have eased but many young people are still affected by it. The Covid 19 lockdowns were the periods when mental health problems were at its peak for the youth. The Covid 19 pandemic also caused for counselling services, healthcare facilities, schools, youth clubs and community centres to close down in person and to move online. Young people were affected by not being able to see other family members or friends that they were able to see in times of pre -pandemic periods. In relation to mental health problems such as anxiety and depression the Covid-19 pandemic has caused young people to spend more time on social media platforms as the rate of usage of each social media platform has increased by 2%. The most commonly used platforms for adolescents and young adults are Snapchat, Instagram, TikTok and Twitter, Facebook and Viber had a decrease in users between 2019 and 2020. Not only has it affected their social lives but it has also affected their education with moving classes from in person to online platforms including Zoom, Google Platforms and Microsoft Teams which have caused their grades to fall down. Not only did students worry about their grades falling but they also had to worry about getting predicted grades for junior and leaving certificate examinations as no exams were allowed to commence in schools.

What does it feel like to have mental health problems in everyday life? Having mental health problems in everyday life may not be as exhausting as it seems for people who are experiencing it. It can be exhausting sometimes and all the time. Young people with mental health problems such as anxiety and depression can have their good days and bad days. Waking up with mental health problems and going to bed at night is more of a struggle for some people than others who are in good mental health. These are not the only struggles of young people with anxiety or depression, but there are also other struggles including participating in sports, schoolwork, and other activities. It affects their performance in school, at home and doing tasks. Anxiety can often make a young person live in fear due to caring about what others think around them and thinking that they will not do as well as what they expect to do. Also, it can cause the young person to cancel last minute plans. Depression on the other hand affects the young person in different ways such as making them lose interest in a sport and a hobby they once enjoyed.

How do we make young people with mental health problems feel included in everyday life? We can help young people with mental health problems feel included in everyday life by seeing the person before the condition and listening to their stories rather than interrupting the person. From the perspective as a youth worker or a community development worker it is important to step into the persons shoes who is experiencing anxiety, depression, or other mental health problems. People often see anxiety only as excessive worrying and overthinking but there is a lot more detail to the condition. Symptoms of anxiety include increased heart rates, trouble sleeping, not getting enough sleep or oversleeping, sweating a lot and muscle tension. A lot of individuals who never had depression or never stepped in the other persons shoes might have an opinion that individuals experiencing depression might just be lazy or feeling sad. Real symptoms of depression include loss of interest in daily activities, giving up a sport or a hobby which you once enjoyed, lack of sleep or oversleeping, concentration problems and self-isolating.

Youth centres such as Youth Work Ireland and Foróige are great examples of giving support for adolescents and young adults who are suffering with their mental health or at high risk. A local example of Foróige would be St. Joseph's UBU. They often give programmes including The Sort It Programme, Mind Your Head, Drug and Alcohol Project and Mind Your Head. These programmes keep the individuals busy without having to endure any stress or pressure. Also, we can include the people with anxiety or depression in activities such as sport and other youth activities. From my perspective as a youth and community worker it is crucial to treat young people and others with mental health difficulties as an equal and no different to everyone else.

CONGRATULATIONS!

CONGRATULATIONS to Mary Kelly and Liz O'Halloran in the Community Adult Learning Project in Mayfield on their winning the Cork Adult Community Education Award in 2021, which was finally celebrated on Tuesday, 10th of May in the City Hall. CALP have done tremendous work in the community since 1990, positively impacting many, many lives. Mary and Liz have always been so kind and encouraging, often providing a listening ear and supporting those who needed it, often going well outside their remit to help. Gardening, crafts, first aid training, defibrillator training and personal development and mindfulness courses are among the adult education choices on offer; not to mention technology courses - computers and smartphones - which upskilled many of us to access jobs or helped us to communicate more effectively using technology. These skills have proved to be a lifeline to many, particularly over the last two years. This community education has allowed many to flourish, given confidence, created relationships, built up the community in Mayfield. Other courses over the years have included Local Government Studies, Introduction to Womens' Studies with a U.C.C. outreach programme and more recently the Neighbourhood University Programme where lecturers from various faculties in MTU and UCC come each Tuesday to give a lecture on their subject area. This project forges links between the Universities and the community and demonstrates the accessibility and varied routes that are available to people who wish to enter Third level education today.

On a personal level, my first course with CALP in 1999 was in Development Education, my third child was three weeks old and my Mother babysat while I attended the talks on the very prescient topics of what it must be like to be a refugee, traveller rights, and legal rights etc. This educated us on the gift of empathy, walking in others shoes, it must have had some impact on my family dynamics as my then three week old baby is now volunteering in Development education in France.

Mary and Liz have many contacts with the other projects in Mayfield and around the city and have been instrumental in setting up the Mayfield Lifelong Learning Festival which is celebrated every year in the Mayfield Sports Complex, with over sixty community groups showcasing all the wonderful sports, education, crafts and social groups and all they have to offer.

On a bigger, all Ireland scale CALP in the past also has had links with Cooperation Ireland, an all island peace building organisation "who work to build a shared and cohesive society by addressing legacy issues of the conflict and facilitating contact and collaboration between people from different backgrounds across this island". Over four years, we met with community groups from Belfast in varying venues and it forced us to get us out of our comfort zones, to listen to the very difficult experiences of our fellow countrymen and women. We are so geographically removed from the North down here in Cork, that for some of us less politically aware people, it was a total eye opener.

For many years, community education was not well funded and the huge social benefits were not appreciated and there were always fears that all the wonderful community building created by the project could come to nothing but, thanks to the creativity of Mary and Liz, and with some help from the CDP and others CALP survived and hopefully will continue to thrive for many years to come.

N. McKeon



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SUNDAY MASSES Saturday Vigil for Sunday: 5.00pm Sunday: 9.30am & 12 noon
CHURCH OPENING TIMES Open Daily 8.30am to 5.00pm Sunday: 8.30am to 1.00pm

Website: www.olcmayfield.ie
 Facebook: Our Lady Crowned Mayfield
 Email: office@olcmayfield.ie
 Livestream: olcmayfield.ie/livestream

The History of Our Lady Crowned Church – Celebrating 60 Special Years

Soon after his appointment as Bishop of Cork and Ross Most Rev. Dr. Cornelius Lucey embarked on an ambitious plan to build five new churches in the fast developing suburbs of Cork city. The five new churches were to be named after the five Glorious Mysteries of the Rosary. They were named as follows:

1. Church of the Ascension, Gurrabraher (1955)
2. Church of the Assumption, Ballyphehane (1956)
3. Church of the Resurrection, Farranree (1958)
4. Church of the Holy Spirit, Dennehy's Cross (1960)
5. Church of Our Lady Crowned, Mayfield (1962)

Our Lady Crowned Church was the completion of the circle of the five new churches around Cork city. Controversy surrounded the siting of a number new churches and Our Lady Crowned was no exception. The city councillors were planning a new exit road from the city for the main Dublin Road. His Lordship was anxious that this new road should run in front of the new proposed church. On this occasion he was not successful.

As a parish we owe a great debt of gratitude to the late Timothy and Ellen Spillane who generously donated the site for the church. Such was their generosity that when it came to the building of the presbyteries a number of years later they gave part of their front garden willingly and again without cost to the parish.

The architect for Our Lady Crowned Church was Messrs Boyd Barrett and the building contractors were O'Regan and O'Leary who successfully completed the building of the church in Farranree. The design of the church was an open-plan cone shaped building with the altar placed at the apex of the cone and the roof sloping towards the sanctuary. Progress on the building proceeded to plan until the roof stage was reached. The roof was to be of concrete and steel interlacing. Difficulties were encountered in completing the roof forcing the bankruptcy of the building contractor. P.J Hegarty & Co completed the work and the church was consecrated and opened for worship on the 10th June 1962.

Twenty years after laying of the foundation stone at Our Lady Crowned Church on the 8th October 1979 Bishop Cornelius Lucey decreed that the Parish of Upper Mayfield be established. The new parish would lead to a division of the existing parish of St Patrick's and to a limited extent Glanmire.

In 2005 Our Lady Crowned Church underwent major repair and refurbishment at a cost of €1.43 million. As when the church was first built the parishioners were most generous in clearly the costs of this work as did their predecessors in 1962. The beautiful stained glass windows in the church are the work of Murphy & Devitt of Dublin.

Their work can be seen in many churches in Cork and various parts of Ireland. It is said that the stained-glass windows in Our Lady Crowned Church are by far their best work. Their training began at the Harry Clarke Studios in Dublin in 1952, hence, an element of the Harry Clarke style. They started out on their own in the late 1950s in Monkstown, Dublin and later moving to custom-built studios in Blackrock, Dublin.

When they were commissioned to design, make and install the stained glass windows in Our Lady Crowned Church The National Inventory of Architectural Heritage stated that the extensive stained glass windows from the workshops of Murphy & Devitt in Dublin are of particular artistic merit.

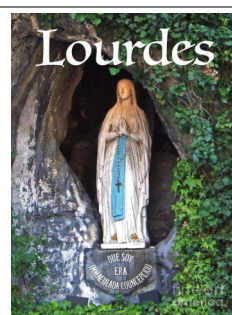
As we celebrate 60 special years in the life of our Parish Church located in the centre and heart of our parish – a great debt of gratitude goes to all the people both living and deceased who made great financial sacrifices firstly, in the early years to pay for the building of the church, then over the years to cover the running costs and again almost 20 years ago in the major refurbishment costs. What we have today and we are so proud of is for the future of our parish community and the generations in the future. To the next 60 years we ask our Patroness – Our Lady Crowned to watch over us and to protect and guide all of our parish family both now and into the future.

Fr Charles Kiely PP.

Leaving Cert and Junior Cert Exams 2022

We wish all students doing the State Exams this June every good wishes and we assure them of our prayers and support. A special candle will be lit each day of your exams at Our Lady Crowned Church for your intentions.

Our Lady Crowned Church – Upper Mayfield Parish Pilgrimage to Lourdes
Friday 7th to Sunday 9th October 2022
 Return Flights Ex Cork to Lourdes
 Accommodation and full board Hotel Agena €599.00 pps
 Hotel Solitude €649.00 pps
 Full Pilgrimage Programme
 Booking Forms now available at the Parish Office 021-4551276
 We have block booked 130 places



SCOIL MHUIRE AGUS EOIN

The pupils and staff of Scoil Mhuire agus Eoin have been very busy so far in 2022.
 We would love to share some of our recent special events with you.

Adi Roche Visit We were honoured to welcome Adi Roche to our school on May 4th. Our students held a non-uniform day to raise money for the people of Ukraine and they presented Adi with a Cheque for €500. Maith sibh a pháistí!



Creative Schools

Both 4th classes have been busy learning ukulele this year with Music Generation and they gave a fantastic performance in our local library for the Lifelong Learning Festival. Mayfield Brass Band continue to give lessons to pupils in our school and we look forward to hearing these students performing during our upcoming Creativity Week.

Save The Bees We were delighted to participate in Supervalu Save the Bees Campaign. 5th class coordinated the project and children from all classes collected over 300 cards. Well done everyone!

Sports Scoil Mhuire agus Eoin are off to a sporty start this summer! Swimming lessons have resumed for 3rd and 4th classes and training is underway in preparation for City Sports Day on June 3rd. Sciath na Scol training and matches are in full swing so 6th class are kept very busy!

Senior infant classes enjoyed hurling training with Paddy and were awarded lovely sports packs from Mayfield GAA. 1st class are currently taking part and are having great fun learning new skills.

5th class recently participated in a fabulous basketball blitz organised by Mayfield Community School. Our students played against other local schools and had a wonderful time. Our School Sports Day will take place on June 10th. Fingers crossed the weather will stay fine for this fun day!



School Tours We are delighted that school tours have returned, with classes going to Leahy's Farm, Spike Island, Zip It Forest Adventures, Fota and Rumley's Farm to name a few. Wonderful excitement all round!

Sacraments

6th class celebrated the sacrament of Confirmation on March 24th. They will soon be graduating from primary school and we wish them all the best!

Congratulations also to our 2nd classes who recently made their First Holy Communion. Many thanks to Fr. Charlie for all his support with the sacraments and also to our wonderful Parents' Association for organising a truly fabulous Communion party in the halla.



Summer Works We are delighted that our application for the resurfacing of the school yard has been successful this year. This work will happen during the summer. It will be lovely to see the results in September.

Enrolments Scoil Mhuire agus Eoin are currently accepting applications for Junior Infants as well as for our pre-school Early Start in September 2022. Application forms can be found by visiting our school website www.scoilmhuireagusEoin.ie or by ringing 021-4503003.

*The staff of Scoil Mhuire agus Eoin would like to wish our pupils, their families and the Mayfield community a lovely summer.
 We look forward to seeing you all in September.*





MAYFIELD MATTERS – BREAD MATTERS!

Bread can be nutritious and delicious! Your local microbakery Ryes & Shine is a proud member of Real Bread Ireland, a group of Irish bakers, millers and grain growers who promote real bread, i.e. bread with just the three key ingredients Flour-Water-Salt (and sometimes other added natural ingredients like seeds and nuts). Unfortunately, most supermarket bread is mass produced and often contains more than 10 ingredients, including preservatives, additives and improvers. Some of these can be strong allergens and can be the reason why people cannot enjoy bread, but instead feel bloated, sick, and sometimes even in pain.

My name is Angela Nöthlings, I have been living in Mayfield for nearly 20 years. In July last year I was so inspired by a podcast about microbakeries that I started selling my sourdough loaves the next day at work (CUH). I haven't looked back since. My small business has quickly grown. Mostly through word of mouth I have gained a customer base of over 80 people, from Mayfield, Glanmire and as far as Kinsale. Nearly each person comes back for more and I am eternally grateful to my loyal customers who have enabled me to transition away from my previous job.

Setting up my own business was a little scary. But, bit by bit, with a lot of encouragement from my family, my partner, my friends and of course my customers, I was able to put everything necessary into place. Ryes & Shine is now a HSE registered food business. The support from the Local Enterprise Office was not just free but immensely helpful. They wanted to make sure that my business has a chance of succeeding into the future and that my career change is viable. I am very grateful also to be a member of Real Bread Ireland, in which very experienced 'big' bakers and microbakers all support one another.

I have two sale days at the moment, Wednesdays and Saturdays. On Wednesdays most customers come to my house to collect their orders. On Saturdays, the Brian Dillons GAA club very kindly let me have a stall on their grounds. Parents and kids alike have welcomed my loaves, brownies and cinnamon buns (warning: one is never enough!) They say that bakers do something for the community. What I have realised in these past few months surprised me: All my bread baking has brought the community closer to me! I feel so much more connected now. Not a dog walk goes by without me meeting someone who comments on my bread, wondering had I had any sleep last night (because some nights I worked throughout the night without a wink of sleep), what loaves were on offer, or telling me how much they enjoyed my bread. This makes me very happy. I am thrilled when I hear that a 7-year-old boy asks his mum could they buy 'the German bread' again, or when I think about all my customers and their kids, some of whom have probably had very little other bread in the last few months. I am happy because I know that my bread contains the very best flours, all contain some wholemeal, and some are 100% wholemeal. Being German, I love and bake a lot of rye bread.

The most common feedback I hear from my customers is that I make them addicted to my bread, as 'no other bread will do now', and that they are thrilled they can eat bread again, as for years they couldn't, as other bread made them feel sick and bloated. All my baking is made with sourdough. Unlike in supermarkets, in my microbakery - as with all Real Bread bakers, 'sourdough' refers to a slow fermentation process rather than an ingredient. We take time to bake our bread. We use wild yeast as the only leavening agent. During this slow process, the gluten structures get broken down, in a way pre-digested, and that makes it easier for you to digest the bread. Wholegrain is important to me, as it is healthier than white flour, which is stripped of valuable minerals, vitamins and nutrients. Wholegrain is also more delicious, but may need some getting used to if you normally just eat white bread. It is a lot of work to bake bread but it is a very rewarding job! Alma from Mayfield Matters kindly offered me to write about my bakery in the next few issues. I will introduce my most popular loaves one by one, starting with the Mayfield Bloomer in the next issue.

For now, you can find me on Instagram Ryes and Shine Cork, at Brian Dillons GAA on Saturday mornings, 10.30–12.30, and contact me on 086-3565036. I'd love to hear from you. Feel free to ring to ask questions or to order a loaf.



MAYFIELD LIBRARY

Old Youghal Road, Mayfield, Cork T23 E651 Tuesday-Saturday 10am-5.30pm, including lunchtimes. You can still renew your items on the phone or online, and our online services are available anytime using a smartphone, tablet or PC. These include eBooks, audiobooks, online newspapers, music, online courses, online children's story times and workshops and much more for all ages at <http://www.corkcitylibraries.ie/en/online/>.

Please contact us on 021 492 4935 or mayfield_library@corkcity.ie.

Mayfield Library -Upcoming Events

June 17 Gleann Na Phúca Art (one-off event) Afternoon

Proposed Artwork for the Glen River Park going on show until July 1st

June 30 The Great Mayfield Library Pokémon Quiz 3 pm

Test your Pokémon knowledge. Ages 10-14. Eight teams of four. Register with staff

Jul 01 Storytime (every Friday) 11 am

Library story time for pre-schoolers. Parents & Carers also welcome!

Jul 13 "45 Club" (2nd & 4th Weds) 10.30 am

Yes. "45" the card game. Please let us know if you'd like to play. No gambling!

Jul 16 Collections Show (one-off event) 3 pm

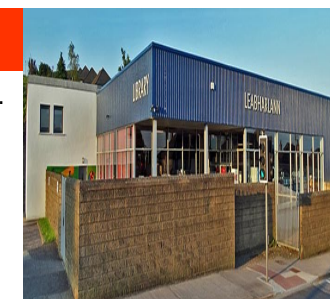
An opportunity for children to bring their treasured collections to the Library for show and voting. (Coins, Pokémon, Pez, Sea Glass, Ducks) You tell us. *Pre-entry please*

Jul 21 Mayfield Art Workshop (one-off event) 3 pm

Specially devised Workshop by Mayfield Arts Centre for ages 6 to 10. Register in advance

Aug 13-21 Heritage Week (week long) -

Programme still being devised. Will include guided walk through the Glen River Valley. Any-one who would like to propose an event, please get in touch: Mayfieldlibrary@corkcity.ie



OUR LADY CROWNED CHURCH

CONGRATULATIONS
on your 60th
ANNIVERSARY
and best wishes for the next
60 YEARS!



Church
ANNIVERSARY

From

The Mayfield CDP Centre

Cllr. Joe
KAVANAGH
PC



086 2307507 joe_kavanagh@corkcity.ie

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SCOIL GHLEANN MAGHAIR ÍOCHTARAIGH, NEW INN, GLANMIRE



Bike/Scooter
Day

Meet the cast of Grease



Climbing Wall

Junior Infants had a ball
today at football training
with Michael



Owls from Trabolgan

SUMMER HOLIDAY AND CITY BREAK STYLE ADVICE AND TIPS

LYNDA DIBLASI.



Just who doesn't love a city break or holiday in the sun?

Planning a break away, whether in Ireland or abroad, is great fun and gives us an opportunity to relax, explore different cultures, sight-seeing and compare fashion styles. Valuable tips can be achieved from sitting outside a café watching people's outfits as they saunter past you. You may spot someone of a similar height and body shape to yourself. This may give you ideas to put together an outfit in a certain way, you may not have thought of doing before. Looking at different color combinations may inspire someone also who may be nervous of incorporating color into their daily outfits.

But what do I pack? This month I am covering some tips on packing for a city break away as this is totally different from your regular summer week beach/ pool holiday. Packing for a city break requires taking a handful of great pieces that provide variety, comfort and will have you looking stylish and feeling fabulous.

Packing wisely will save you money and will also result in you carrying less luggage, up perhaps a cobbled street or through a city train station, whilst on the way to your accommodation destination.

How many times have you returned from a holiday with items that you did not wear whilst away? It happens to many of us. Firstly, make a list of pieces you are going to take or set the pieces out perhaps in your bedroom. To be able to mix and match is the key here. Also, make sure you have comfortable shoes for walking, preferably not new shoes which may cut your toes or heels. Large sun glasses for coveted vacation anonymity are useful accessory to pack and sun cream!

Include a small evening bag of a neutral colour In your luggage. For day time wear use, bum bags or belt bags, which ever you prefer are back in fashion. You will be glad to know these are very on trend, very convenient to keep your necessities in whilst enjoying city sightseeing. Arranging your outfits before you pack is a must. Create your day-time looks taking into account your activities and also not to forget, check the weather forecast, before you pack. Give yourself plenty time to pack, as leaving it until the last minute could end up in random pieces being thrown into a case, which match nothing else already packed! Here I have some tips on classic city break pieces that you can refer to when packing. I offer a personal shopping session and take into consideration a variety of shops from, high street to boutiques. I match my clients' budget, do ground work, gather particular wish list items, resulting in time and money being saved. I will take the stress out of shopping for a city break, beach holiday attire, occasion wear attire or creating an individual capsule wardrobe for you. My clients are under no pressure to buy wardrobe pieces, I take photographs of suitable pieces for you in advance to look at, at your leisure. You will have these also for future reference.

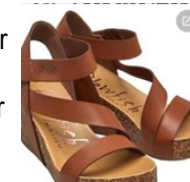
You can contact me below if you have any queries regarding style and de-cluttering. I would love to help you "embrace your boy shape, introduce color into your life through your clothes." What you wear effects how you feel and how other people see you in the world. Your image and clothes are an extension of YOU. "

FLORAL DRESSES - Floral dresses are very available spread across stores currently. A comfortable shirt dress if you like something buttoned up or a long flowing maxi style if you are more in to a boho look. With so many prints and colors available it is not difficult to find one to suit your personal style. Go bold with big floral or sweet with a ditsy floral. It's all up to you! Look out for a removable belt to give you the option of adding different belts yourself. Your floral print dress can be layered with many possibilities such as a denim jacket, a light colored cropped faux leather jacket or a blazer if you are wearing for an evening dinner date.



ACCESSORIES —The epitome of warm weather travel accessories is a straw bag. Casual yet statement making, it holds a certain essence of holidays. Take Jane Birkin's vintage style as inspiration. The actress styled her straw bag with every outfit she wore, denim, white and even to the Cannes film festival with a silk scarf wrapped around the handle! Currently in the shops you will find clutch style to cross body to a spacious tote which can double up as your no-flight bag. M&S, H&M, Parfois have many varieties and sizes.

SANDALS: The power of getting this investment right should not be under-estimated. A pair of good quality leather sandals accompanying cream or colored trousers, donning your wide brimmed straw hat, will give you a "Just off the Yacht at Capri" look. City exploring - lots of walking! Leather cushioned sandals will serve as the base layer for your summer wardrobe. Tan colored sandals and elegant gold accessories will see you through the summer months.



CO-ORDINATED TWO PIECES —What I love to see presently on the high street is patterned coordinating pieces. Patterned blouses and trousers can be very essential to pack when your luggage space is limited. Wearing your coordinating pieces together during travel time, with a neutral blazer, to tone down the pattern. The following day, pair the patterned trousers with a plain cotton t shirt. For evening dinner reservations, match your patterned top with white trousers. Alternatively, pair with city shorts for a stylish outfit that will take you from afternoon sightseeing to your dinner reservations.

Contact me by phone on 086 -2599539 if you have any fashion queries.
E-mail me on lyndadiblasi@yahoo.com. Check out my website www.lyndadiblasi.com for various packages. FB or Instagram page [lynda.diblasi.personalstylist](https://www.facebook.com/lynda.diblasi.personalstylist) for various and videos on styling and decluttering. My services are confidential and non-judgmental.

MAYFIELD LADIES GAELIC FOOTBALL CLUB

2022 has started off very positively with most of our underage teams having played some league games thus far. Our junior team played their first game recently and came away with a fabulous victory over Grange in Fermoy. This was all the more impressive given we fielded several u16s as well as minors on the night. Our U10s are due to play their first match in June with the Academy hopefully kicking off towards the end of June.

The Academy has gone from strength to strength of late with new girls joining on a weekly basis. It really is a sight to behold on a Friday evening, to see 40+ girls running around and thoroughly enjoying themselves on the pitches in Mayfield. This is also down to the new coaches who have come on board this year, Alan / Gary / Roy / Dennis / Emma / Orla & Aoibhinn along with our new administrator, Rosalyn, who keeps things running along smoothly.

I hope to have more updates on the rest of the teams in next month's report. We are also holding our first fundraiser in over four years in the form of a Race Night to be held in the Mayfield GAA Club on Sunday June 12TH. The first race will be under starter's order for 3pm until approx. 6pm followed by music by Mayfield's own James Keegan. This promises to be a great family day out and we are hoping that all patrons will come along to support us on the day.

If anyone would like to sponsor a horse on the day, please contact Anthony Lotty (0873131312).



MAYFIELD LADIES GAA

RACE DAY FUNDRAISER

SUNDAY 12 JUNE @ 3pm
Mayfield GAA Club, Kerry Road

Sponsor a Horse, Jockey, Trainer for €10 each

Sponsor a Race for €100

Put an ad in our program €50

Family day out all welcome!

Contact Anthony Lotty on 0873131312 or any of our coaches.



SCOIL NAOMH MICHEÁL

Upper Glanmire NS Newsletter



Our student council/Anti-Bullying Committee.



The Green School committee who earned a biodiversity green flag recently!

SCIATH NA SCOL CAMOGIE AND HURLING SEASON 2022!



Well done to our boys and girls in our 2nd class who had their first confession recently. They made their communion on the 28th of May!



Picture from our Jersey Day for @corks_96fm Radiothon



We hope you enjoyed reading about some of the great activities in our school during term 3!
We have so much going on that it was challenging to fit it all onto one page.
To see more about our school please visit upperglanmirens.ie

Who We Are:

We are a Foróige Youth Project, working with young people between the ages of **10-24 years of age**. We are based in St. Joseph's Community Centre, beside the library on Old Youghal Road. We provide **1-1 support & group development** and offer activities such as **music, art, cookery, rowing, health & beauty, health & fitness, leadership, entrepreneurial programmes, personal development etc.** We also provide **parental / family support** & make referrals to other agencies where necessary / appropriate.

For further information on St. Joseph's UBU Mayfield, please contact Geraldine Lynch on: 086-8103632 or Niall Collins on: 087-9970951.

Recent Updates: On Friday May 6th, a strong contingent of Young People from St. Joseph's UBU Mayfield, attended The North / South 'Have Your Say' Event in City Hall, which was organised by Young People from **Knocknaheeney** and Mayfield, as a forum for young people across the city to discuss three key issues which are of huge relevance to young people at this time. These issues are; Mental Health, Drugs & Alcohol and the Relations between Gardaí and Young People. This was an excellent event which hosted many guest speakers and was well attended by local politicians. Well done to the organising committee, which included Raymond Costin from Mayfield.

Ray Costin, one of the organisers of the 'Have Your Say Seminar' which was recently held in City Hall

Other recent events within the project have included; Attendance at Seó Youth Fest in Marina Market on Saturday May 14th, where UBU funded projects were able to showcase and celebrate the work that is being done in Youth Projects across the City and County.

Ray Costin, Conor Lynch and Hollie Morrissey manning the St. Joseph's UBU Stand at Seó Youth Fest in Marina Market. While Youth Worker Niall Collins enjoys the challenge of a good game of Jenga with Alexander Meek.



Some of our regular programmes include; DJ / Rap / Music Production Workshops in Mayfield Library with DJ Stevie G.



Art Workshops with our ETB Tutor Davy Dummigan.



Dylan O' Donovan, one of our Music Mash Up Juniors members, who recently performed at the launch of the 'Neighbourhood University' Programme in Mayfield Library on Tuesday April 5th, as part of the Life Long Learning Festival.

We are currently in the process of finalising our 2022 Summer Programme which will run for 6 weeks, commencing on July 4th with our Music Mash Up Summer Camps for both Juniors and Seniors, from July 4th -8th inclusive.

For further information on the Music Mash Up Summer Camps please contact Naill on: 087-9970951 or Geraldine on: 086-8103632 for information on Music Mash Up Juniors and Deirdre on: 086-8523077 or Izzy on: 086-0080966 for info on Music Mash Up Seniors.



MAYFIELD CITIZENS INFORMATION CENTRE ,
Roseville House, Old Youghal Road, Mayfield Tel: 0761 07 6880.

Know Your Rights: One Parent Family Payment

What is the One-Parent Family Payment? The One-Parent Family Payment (OPF) is a payment for men and women under 66 who are bringing children up without the support of a partner. To get OPF your children must be under a certain age. You can work and get OPF. However, to get OPF your income must be below a certain amount.

How does one qualify for the One-Parent Family Payment? To qualify for the One-Parent Family Payment (OPF) you must:

- Be aged under 66
- Be the parent, step-parent, adoptive parent or legal guardian of a child under a certain age.
- Be the main carer of at least one child under the age limit. The child must live with you. OPF is not paid if the parents have joint equal custody of a child or children.
- Pass a means test – a means test looks at any income that you have
- Live in Ireland and meet the habitual residence condition
- Not be living with a spouse, civil partner or cohabiting

What is the Age Limit for a child? To get the One-Parent Family Payment (OPF) you must have at least one child under 7 years of age. You may get OPF for a child aged 7 or over if you are getting Domiciliary Care Allowance, half-rate Carer's Allowance or Blind Pension or after the death of a spouse, partner or civil partner

What happens when my child is over the age limit? Your OPF will stop when your youngest child reaches the age limit. The Department of Social Protection (DSP) will inform you of the end date for your payment. You may get the Jobseeker's Transitional payment. This is a payment for people parenting alone whose children are aged between 7 and 13. You can get information and advice about your options from your local Social Welfare Branch Office or Citizens Information Centre.

How is my income from work treated in the means-test for OPFP? The first €165 of your gross weekly earnings (wages and profit from self-employment) is not taken into account in the means test. Half the remainder of your gross earnings per week is assessed as means and you may get a reduced rate of OPF. Social insurance contributions, superannuation/PRSA contributions and trade union subscriptions are not taken into account when calculating your gross earnings. You can contact your local Citizens Information Centre or Social Welfare office for advice on how your income from work would impact the level of OPFP you can receive..

How will the maintenance I receive be treated in the means test for OPFP? Maintenance payments for you and maintenance to you for any of your children is assessed in the means test. If you are getting maintenance from more than one person, all the payments are added together and the total is assessed. However, only half of your income from maintenance will be deducted from your OPF.

If you have housing costs, your rent or mortgage repayment up to a maximum of €95.23 per week can be offset against maintenance payments. Half the balance is then assessed as means. You must provide proof of rent or mortgage payments

Can I receive OPFP if I decide to go to college? You can keep your One-Parent Family Payment (OPF) if you are in education. You may have the option to transfer to the Back to Education Allowance (BTEA) or to stay on your current payment and apply for a student grant. You can contact your local Citizens Information Centre or Social Welfare office for advice on which option is of greatest benefit to you. You cannot get BTEA and a student grant together.

Further information on this and other subjects is available from the Mayfield Citizens Information Centre which provides a free and confidential service to the public. Mayfield Citizens Information Centre: Tel: 0818 07 6880. Currently open for phone queries only, Monday to Friday 10am – 4.30pm Information is also available from the Citizens Information Phone Service 0818 07 4000 or online www.citizensinformation.ie

Note: Citizens Information Centres have recently moved to the 0818 telephone prefix as listed above. Calls to 0818 numbers will cost no more than calling a landline number and will be included in your bundle of call minutes if your bundle includes landline calls.





www.lilliancourtneycoaching.com / lilliancourtneycoaching@gmail.com
 Free Coaching Life or Business session with this article Free motivational talks to Mayfield & surrounding areas for students /groups. 0860339842.Always a 30 min complimentary Life or Business coaching session with this article.

WHY are so many people LOST?

A conference I gave triggered this subject. I want to make a bold statement
 NOW WE AS HUMAN BEINGS WILL ALWAYS BE SEARCHING FOR THE NEXT BEST THING.

The GREAT NEWS is, everyone is the exact SAME. Going through life each generation is learning daily. Up to the day you die you will not figure it out 100%. Where do you belong? What is it all about? I hear clients AND people say these words daily. "I feel lost." "I feel as if my soul head off on a trip and left me here feeling empty." "I feel hopeless." "I am not good enough." Struggling with identity. Wondering why others are luckier in all areas and you are not. You must remember that you are the only person on this earth with those fingerprints. You are unique.

People study, reach a goal and realise it is not what they wanted. They go into a relationship and realise it is not what they wanted. They lose friends, start a course, change a country, take a dream job etc.... This is why you must be open to **CHANGE** and have the tools of life to go through the ups and downs with armour of steel. Things could be going great for years then something happens. You **MUST** be prepared. Everyone has grief, financial problems, family issues, friend issues, health and social issues going through life. Unless you are living in a bubble.

You need to mould the life you want. It is the real deal not a rehearsal. Get out of 'lostness'. It is never too late to start. Most people who are lost will always eventually find the way out of life's maze. You **MUST** find the **FRIEND** in **YOU**. Make a home inside you, a place where you can find peace, calm and love from you. You will never be alone if you value and respect yourself. People who love (not ego) themselves find comfort and peace in life.

How do I start? Get a paper and pen.

Step 1. Look around and be grateful for what you have. Have you a roof over your head, food on the table? That's a start. Make a list of what you have NOW and look over it and add more.

Step 2. If I gave you 3 wishes, what would you use them on? Do not wish for another wish, use these 3 wishes wisely. Write them down now. Think big. VISUALISE these in your mind

Step 3. Write and pin these wishes or visions somewhere you can see them every morning and night and repeat them as if you have them.

Step 4. What you say you get. Repeat after me. What you tell yourself is exactly what you will get. Your subconscious mind is exactly like a computer you type in what you want it to do. It believes everything you tell it. We can use a phone but people do not know how to use their brain. You have apps on a phone, you also have apps in your brain. Having a purpose made out every night to be ready for the following morning will be the key to your maze of being lost.

Exercise is essential, 30 minutes 3 times per week min. (Walking is fine) Sleep is essential and a good diet. Drink once a week or a glass of wine in moderation (not a bottle). Did you know drink is a depressant and will cause you to be unfocused if drinking every day. It is so lovely to have a social drink. Be totally honest also in making this on your list. Meditation, prayer and just staying silent is also essential. The past is gone, you only have the present. NOW is making your FUTURE. What are you doing to make it better for you? Social media now rules so many in the trends and fashions of work and life styles. We have insecurities, lack confidence (maybe not to outsiders and a lot of this could be a front) sometimes arrogant people use this system as they are too shy, they act the big person but they are the ones with issues. Be kind

What is or was your dream, your vision for life? Do not allow anyone to change who you are. **BE YOU**, BE the RED umbrella in the midst of all the black ones. Today go out and make new friends, yes at any age but first be your own best friend, make 'YOU' the project. It's time to get up and live.

Look around and take example from those who are the same age and motivated around you. Always remember people do wear masks and be kind as they could be the lonely ones with a smile. Start creating today. Age is just a number. Invest in you. Look in the mirror and say "I am who I am". Be a great listener this week and start building step by step an amazing life no matter where you are in life. You are an amazing wonderful piece of machinery, go and shake off the cobwebs if you're not active and get going. Start writing, walking, join a group, start chatting, making new changes to make life EASIER.

Love Coach Lil.

MAYFIELD MATTERS is a local community newsletter produced in the MAYFIELD CDP COMMUNITY RESOURCE CENTRE by *volunteers* with the support of the CDP staff. It is funded through the adverts placed in the issue fundraising and grant allocations. **DISCLAIMER:** All information printed in this issue is understood to be true and accurate at the time of printing. The views expressed herein are not those of *Mayfield Matters* or Mayfield CDP. We do not accept responsibility for information found to be untrue. We do accept responsibility for any grammatical and typing errors. **Please Note:** To guarantee inclusion in the next issue of **MAYFIELD MATTERS** please ensure items are submitted before the deadline which is **28th August 2022**



ST. PATRICK'S COLLEGE
 Gardiner's Hill, Cork
 Phone (021) 450 3055

St. Patrick's College End of Year Round Up!!!



On April 5th year Economics and Business students at the Chamber of Commerce where they learned about the work of the chamber and about the strengths, opportunities and challenges that businesses in Cork are currently facing.



LCA 1 hosted a fantastic outdoor cookery fun yesterday in with the primary students from St Patrick's. They made lovely chicken noodle soup.

LCAs also had a great day out when they recently visited Cuthbert's bakery to learn about the process of making bread. Thanks so much to Jack Cuthbert for such an informative morning.



St. Patrick's College got awarded an Amber Flag this May, acknowledging all the work they do in supporting the students' mental wellbeing and promoting positive mental health around the school.

We had a great celebration in the school for our 3rd year JCSP students. It was great to be able to celebrate with students, staff and parents! All students were awarded their profiles of achievements and a reference letter from the school.



St. Patrick's College took place in the Pieta House Darkness into Light walk on the 7th of May. There was a wonderful turn out for a fantastic cause.

The 4th years went to the Kinsale Activity Centre



As part of Numeracy Week, the Transition Year students and the LCA 1 students hosted a Casino Day. The year group that won the most chips were 5th years and they were treated to a pizza party. The 6th years won the annual numeracy board competition with an innovative way of promoting numeracy all around them.



MAYFIELD SOCIAL CLUB 1967-2022 – 55 YEARS A GROWING

GERALDINE McAULIFFE

The club was formed in Sept 1967, when the Men's GAA Committee, the late Mossy Walsh & Eddie Sheehan, offered to lend the hall to the ladies every Wednesday night. With the encouragement of the President Rita Clohessy, a membership of 100 members were recruited.

The club fulfilled a great need in the area for so many of these women who back in the late sixties were busy raising children and were confined to the home. The annual membership fee back then was 1 pound. Today it is 10 Euro.

55 years and we are still growing. We have a membership of 40 ladies, which it is a great achievement. Most of all we continue to provide support, encouragement and inspiration to one another in our personal lives and in the community life in Mayfield.

The Mayfield Social Club had many gatherings & events over the years. Rita was the first President, and she retained many social skills. She was a born organizer who found it easy to motivate people. Over the years she made a great contribution to the club with the help of the committee. Weekly meetings were organized and many outsiders were invited to demonstrate their talents.

Christmas cakes, Knitting, Crochet and even Hat making, Flower Arranging, Gardening, Make- up, and Hair demonstrations, were organized. Childcare and health issues were also discussed .

1972 was the highlight of our events, as a trip to Lourdes was organized by Rita & the committee members. It was some members first time travelling to Lourdes, and arrangements were made to invite our priest of the parish, Rev. Father Michael Ryan who willingly arranged the timetable for the church's events. The night vigil and daily masses, and the visit to the healing baths were all organized for the members. Everyone enjoyed Lourdes and the final trip was the visitation of the home of St. Bernadette.

Rita Clohessy and the committee deserve our thanks for the wonderful years we had in the Ladies Mayfield Club. There was a profound sense of community spirit in Mayfield which still continues today.

oOooOo- oOo-oOo

Over the years we've had some great days away, from a beautiful warm day in Spike Island to a biting cold day in Clonakilty, our trips took us to Killarney, Kenmare, Belfast, Dublin, Lourdes and Lanzarote etc. we enjoyed it all because we were together.

On 5th May we held an Alzheimer's Tea Day in the Mayfield GAA club, we had a fantastic community response. The delicious home-baked cakes went down a treat while listening to The Men's shed choir and we raised a whopping €2100. There was a fantastic community feeling that morning in the club.

We have had many demonstrations and talks in the club over the years. Most years before Christmas we have a Wine-tasting evening. From learning the story of grape to wine tasting which was interesting given the number of pioneers in the club, we had informative evenings of learning Local Cork history to gardening demonstrations. Before our summer break we had a plant sale, and the proceeds of the sale will go to the club. Charlie Wilkins suggested this and also donated the plants, our sincere thanks to him.

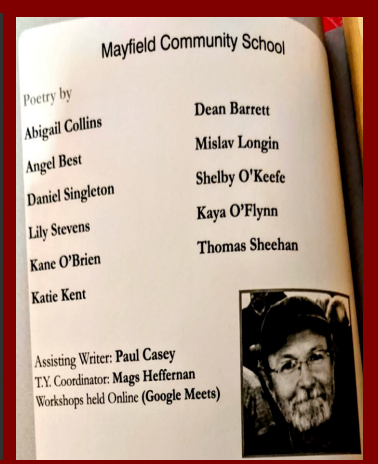
During the lockdown, a number of our members passed on. This was a difficult time for us as we couldn't bid the traditional farewell to our beloved ladies due to the Covid restrictions. During the past 55 years, our joys and sorrows have been shared in the club.

Thanks to our committee's willingness and commitment down through the years the club is still going strong. Hoping to reach our 60th, *Le Cúnamh Dé*.



Committee members Marie Barry, Olive O'Brien, Chairwoman, Kathleen O'Sullivan and Noreen Wills, at the Alzheimer's Tea

MAYFIELD COMMUNITY SCHOOL



This year Mayfield Community School, along with five other secondary schools from Cork city, was chosen to participate in Cork City Library's Poetry Project. Under the tutorage of Paul Casey from the well known Cork poetry platform Ó Bhéal, TY students worked throughout the year to compose and compile poems which would be included in 'The Unfinished Book of Poetry'. The book was launched in Cork City Library on 4th May by Councillor Derry Canty representing the Lord Mayor of Cork. The City Librarian, Community Arts Officer as well as students and teachers from all six participating schools were also in attendance, as the young poets read a selection of their inspirational words. Lily Stevens of Mayfield C.S. was among six students chosen to have her work featured in Cork City Libraries' Poetry in the Parks project which will be launched on June 11th in Tramore Valley Park. Her acrostic poems UKRAINE and MOTHER will be published on a large poster installation to be displayed in the three main city parks as well as on the Ó Bhéal website.

oOooOo- oOooOo

Our annual GRADAM AWARDS took place on May 12th. Gradam awards have been in our school since 1978/79 and the original thinking behind its introduction was that it gave the school an opportunity to recognise and celebrate the many excellent qualities of our students which shine through in the day to day life of the school. *Congratulations* to our Gradam nominees and their families. A big thank you to past pupil Professor Nicholas Daly for being our guest of honour at our annual awards.





Former Mayfield Community Training Centre student, Anna Jakobek was presented with an Award for Exceptional Endeavour at the Lifelong Learning Awards on the 10th of May at City Hall.

It was Anna's commitment to learning and community projects which was the most impressive and an example to all; not only completing her QQI Full Award in Office Skills, an impressive aspect of her time with us.

Anna was invited to take part in a Leadership Course run by the Washington Ireland Program: a program designed to help create future leaders of Ireland and Northern Ireland to work together to bring about peace in both regions. Anna was chosen after quite a rigorous application process.

Anna also took up the role of Student Representative at the centre and now works closely with the CETB Active Inclusion Officer as part of the ETB Learner Forum.

Besides her response to the lockdown and signing up for Excel and Digital Marketing online courses she also volunteered for a Web Design course run by the Cork City Partnership in conjunction with the Centre.

One of the projects designed to stimulate students during lockdown was the Celebration of Creativity creative writing competition run by the CETB. The work produced by young people was eventually published in book form. Anna, not only contributed to the collection, but hosted the online book launch. She also represented the centre admirably on interviews with Red FM and 96 FM.

To me, Anna, epitomizes the concept of life long learning as she is more than willing to volunteer for projects as they are presented to her as well as having a clear idea of her future plans which are ambitious but it is ambition backed up by determination and a willingness to put in the required effort.

She has a refreshing attitude to learning that takes pleasure in acquiring new skills and knowledge. Her outside interests in philosophy (her website was on that very topic) and languages reveals a young person who views the world as one that offers both opportunities as well as obstacles, and is willing to tackle both.

In nearly 25 years of teaching, I think Anna stands out as a student who overcame various obstacles by seeing learning and furthering her knowledge as not only a distraction from other issues but, in many ways, a solution to them. Her willingness to learn new things, take on fresh challenges such as hosting an ETB forum on creative writing, the Washington Project, her website, and taking on the role of Student Rep is why she was more than deserving of the award for Exceptional Endeavour.



.....
Mayfield Community Training Centre
 Unit 1A Mayfield Business Park, Mayfield, Co. Cork
 Tel: 021-4504822 E-Mail: manager@mayfieldctc.ie www.mayfieldctc.ie



MAYFIELD LADIES SOCIAL CLUB .



ABBIE AND ANDREW REPRESENT St. Josephs Mayfield No Name Club at Regional and National Youth Awards.

On the 23rd April two of our club members competed in the Regional Finals of the Youth Awards event that was held in the Killeslin Hotel, Portlaoise. Both Abbie Fitzgerald and Andrew Quirke were chosen locally to represent our club at regional level. They did themselves and the club very proud and represented Mayfield very well, competing with other members of the organisation from around Ireland.

Andrew Quirke was a popular winner for the St Josephs No Name Club and qualified to compete in the 2022 National Youth Awards Finals in Portlaoise which resumed in person after it was held virtually last year. Andrew was the sixth member of St. Josephs, Mayfield No Name Club to have reached the finals of these prestigious competitions since the club was formed in 1998.

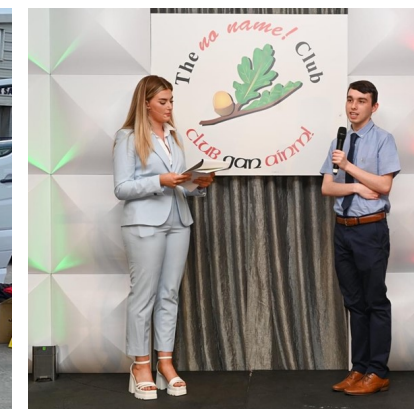
Abbie, a transition year student also received exceptional praise following her interview, and though she was not successful on this occasion, we are incredibly grateful for her participation in the event.

The national final of the competition consisted of 4 hosts and 4 hostesses, with the event held on 28th May 2022. The event consisted of on stage interviews, a meal and a disco with over 200 young people in attendance. The MC for the evening was Shauna Davitt, former hostess of No Name Club and TikToker. Among those present at the event were 8 members of St Joseph's (Mayfield) No Name Club who were accompanied by their adult leaders for whom the event was a wonderful experience in a very pleasant and friendly environment where no alcohol or other drugs were allowed.

The following were chosen as the winners of the Host and Hostess National Titles 2022. Hostess – Elbhira Jordan, Claremorris No Name Club, Host – Colm Kelly, Headford No Name Club. Congrats to both winners, and all participants in this event.

This successful event was preceded by a trip to Dunmore Adventure centre on 15th May, where the members participated in a range of indoor and outdoor activities including archery, canoeing and Wibit.

St. Josephs Mayfield No Name Club will be recruiting new members, 15-18 year olds from September, but in the meantime you can see what we have been up to, and more photos from The National Youth Awards by following us on Facebook and Instagram @stjosephsmayfieldnonameclub





THE SUMMER SUN IS APPROACHING, TIME TO WRAP UP THE COURSES FOR THIS TERM AND PLAN FOR THE NEXT...

Mayfield CALP has had a busy 6 months to the start of 2022, with all courses returning onsite and using a blended approach where participants can access the courses from home, through zoom if they are unable to come to the centre. This has been made possible by the funding the project received from Cork ETB in December 2021 to upgrade the IT equipment in the training rooms. A wide range of courses were organized from February to now with adults participating in these accredited and non-accredited options. We are grateful for the continued funding from Cork ETB, the Cork City Partnership CLG and also to our wide range of highly committed tutors.

The project had persevered through COVID-19 regulations and are thankful that participants have adhered to any guidelines in place in the CDP Community Resource Centre. Priority as always is the safety of all who are in the centre and that their experience is friendly and welcoming at all times.

Mayfield CALP was delighted to be able to host the new 'Neighbourhood University' programme, that has run since April 2022. Each week participants enjoyed lectures from lecturers from MTU and UCC. The lecturers have been so varied from taxation to Architecture to drama to history. It is hoped that this programme will be replicated in other Learning Neighbourhoods across the city and maybe be a permanent feature in the learning opportunities available in the Mayfield community. Mayfield CALP was also delighted to be part of the launch of this programme at the Mayfield Lifelong Learning Festival event held in the Mayfield Library on the 5th April 2022.



2022 Lifelong Learning Festival – back with a great morning of music, celebration and new opportunities

The Mayfield event to mark this year's lifelong learning festival took place in the Mayfield Library on the 5th April 2022. The Mayfield Learning Neighbourhood welcomed the Deputy Lord Mayor, Cllr John Sheehan, to the event where he launched the new Neighbourhood University Programme. Attendees were entertained by musicians from the local youth group, Community School, the Ukulele group from Scoil Mhuire agus Eoin and the Health Action Zone. Speakers from MTU, UCC and the Learning Neighbourhood also partook. The team from the Aisling Services provided refreshments on the morning with their pop up café. Many thanks to the Library team for their help and use of their facilities. A great morning was enjoyed by all and many thanks to all who participated and attended on the day.



CORK CELEBRATES LIFELONG LEARNING

On the 10th May 2022, representatives from Mayfield CALP attended a ceremony in City Hall to acknowledge the Lifelong Learning Awards and launch the 2022 award process. Mayfield CALP were delighted in September 2021 to be awarded the winning award for the Community Education category. This event was an opportunity to acknowledge this achievement in a formal way and to network with other groups



SUMMER PLANNING:

So although CALP's courses will be finishing in the coming weeks, work doesn't in the planning for Autumn 2022. We will be submitting funding applications so this work can continue and will be planning a wide range of non-accredited and accredited courses for Autumn 2022. So we look forward to offering you lots of opportunities from September onwards.

Hope you all have a lovely Summer break!

Mayfield CALP on 4508562, email mayfieldcalp1@outlook.com CDP Community Resource Centre, 328 Old Youghal Rd, Mayfield.

THE TANK FIELD

BY DANNY O'NEILL

When Stings', famous song Fields of Gold is played on the radio, in my mind I am transported straight back to the Tank Field.

Nestled in the suburban hillside, lies this oasis of beauty, on arrival with either a hurley or football in hand, walking through the old stumps where the water tank once stood at the Montenotte end.

Your eye line is drawn to the vast open space, of grass looking towards the east. The sound of the wood pigeon, and smell of the freshly cut crass tell me that summertime has arrived.

Strangers came and went, each year brought new faces to the pair. With, night time came the clash of the ash or the sound of leather on skin ! as the honour for both Mc Curtain and Mc Sweeney were played out, in front of a packed house.

The days were finished off with a trip to the local shop , back up the steep hill to sit and rest awhile on the old concrete wall where many had sat before with a Cadbury and Coca Cola, just waiting to do it all over again tomorrow. Wouldn't it be great if it was like this all the time!!

"Many years have passed since those summer days along the fields of barley, you can tell the sun in its jealous sky that we walked in fields of gold".