

MAYFIELD MATTERS

Your Community Newsletter

FREE

CHRISTMAS 2022 ISSUE 117

FREE



Mayfield Shining Bright – Cork Lifelong Learning Awards 2022

On Tuesday 29th November Millennium Hall in City Hall, Cork Learning City recognised and celebrated examples of lifelong learning across all ages, interests, and abilities that demonstrate innovation, endeavour and resilience. The awards are a celebration of how lifelong learning enables people to change their lives and how learning has become the vehicle for improvement in life, work and community.

Mayfield as a community was well represented once again in 2022 at this awards night. The Mayfield Learning Neighbourhood was nominated for its provision of the Mayfield Neighbourhood University programme in May and June 2022. The programme was short listed out of 14 other projects. Three participants of the programme received the award and certificate from the Deputy Lord Mayor Cllr. Damian Boylan on behalf of the Mayfield Learning Neighbourhood. Thank you for taking on this job on the night!

Additionally, the SOAR programme that has developed the Community Mentor Programme in UCC received an award. The Mayfield Learning Neighbourhood participated in the consultation process regarding the development of this innovative programme. Ann Cronin, the Mayfield Community Mentor who completed this programme joined the group for a photo!

A great surprise on the night was that Brendan Goggin who is very active in the community and education received a special award for his work to date. Brendan was also involved in the initial planning of the Mayfield Neighbourhood University programme and is very active with his historical talks, participation on the Cork Learning City Committee and much more. Congratulations to you Brendan, thank you for your great insight and knowledge.

Congratulations to all award winners and nominated groups and individuals, it shows that lifelong learning is alive and active in Cork City.



Congratulations once again to Mary Kelly and Liz O'Halloran of Mayfield CALP who helped set up Mayfield Learning University. This project was nominated by the Mayfield Learning Neighbourhood and was shortlisted for a Cork Celebrates Lifelong Learning Awards 2022. These Awards were held in Cork City Hall on Tuesday, 29th, and it was a wonderful celebration of the long history of lifelong learning in our beautiful city. The Mayfield Learning University brought very dedicated lecturers, who are passionate about their subjects, from various faculties in Cork and Kerry universities. Their lectures gave us a taste of what to expect if we wished to follow on into University life, but also gave us a fascinating insight into various topics that we may never have considered.

Using the analogy of light the Learning University lecturers enlightened us. One of the themes of the Awards night was that of citizenship and this is what lifelong learning does, allows us to be better citizens. Indeed our first lecturer in the series, Brendan Goggin, received an award for his lifelong involvement in learning and for being an outstanding Cork citizen. Thanks to Brendan, a local historian, we will never see Mayfield in the same way after his amazing talk.

Congratulations to Brendan and thanks again Mary and Liz – Noreen McKeone a Neighbourhood University Participant



Lota House

Lota House was built in 1765 for the Rogers family, who were merchants of considerable standing in Cork. Later occupants included the Greene, Wood and Crowley families.

Lota House was in considerable disrepair when bought in 1938 by the Brothers of Charity, the present owners, to provide services for people with an intellectual disability.

When visiting Cork in 1776, the English agriculturalist Arthur Young was highly impressed with the views on his journey as he travelled from the city to Dunkettle. In his book *A Tour of Ireland* he was particularly complimentary of what he saw at Lota.

“On the north side of the river which is much better planted, particularly at Lota, the ground rises in bold ascents with many beautifully situated country houses. The view of Lota is charming, a fine lawn rising from the waters, with noble spreading woods reaching on each side, the house has a pleasant front with lawns shooting into the woods.” On looking backwards towards Cork from a boat on the river he was effusive in his praise saying “nothing could be finer than the view behind us” and describing the scene as “the finest shore imaginable”.

Fifty years later the poet Thomas Moore, of *Moore’s Melodies* fame, was equally impressed when he wrote in his diary of the magnificent approach to Cork and “a sort of sea avenue up to the town with beautiful banks on each side, studded over with tasteful villas.”

Later again, the writer William Makepiece Thackeray, author of *Vanity Fair*, was also a great admirer.

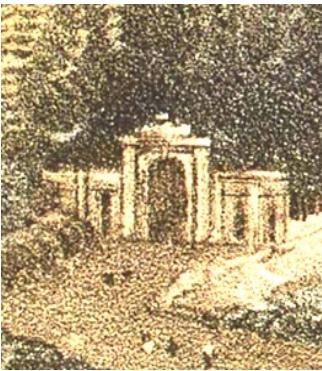
“The view on both sides is magnificently beautiful. Fine gardens and parks and villas cover the shore on each bank; the river is full of brisk craft, moving to the city or out to sea and the city finely ends the view. I do not know a town to which there is an entrance more beautiful “commodious and stately.”

Thackeray was writing in the 1840s which was about the same time that lithograph pictures of what was called The Cork River were produced by a London printing company.



Cork River &
Blackrock
Castle

One of those pictures, Cork River & Blackrock Castle, provides views of the river and the south eastern suburbs of the city from the house called Fort William, which is now part of the Silversprings Hotel complex. Fort William, once an elegant Georgian mansion, is now in ruins and boarded up having suffered a disastrous fire shortly before Christmas in 2016.



The river, as seen in the picture, was then far wider than it is now. To the left of the picture are the landmark gates to Lotabeg House commonly referred to as Callaghan's gates and familiar to all who travel on the Tivoli dual carriageway. At that time, before land was reclaimed to enable the building of the Cork to Youghal railway and the dual carriage roadway and to form the Tivoli Industrial Estate, the river reached almost as far as Callaghan's gates.

The statue of the Irish Wolfhound over the gates was erected by one of the owners of Lotabeg House, Daniel Callaghan, in commemoration of his dog who saved him from drowning in the muddy water and slob land of the estuary. Daniel Callaghan is reputed to have ventured out from the shore and got into difficulties in the mire. The dog, seeing his master's predicament, went to his assistance and helped him to safety. Daniel Callaghan survived but, unfortunately, the dog died in his brave attempt to rescue his master.

FORT WILLIAM

The couple strolling through the grounds of Fort William and dressed in elegant Victorian style are probably Godfrey Baker and his wife Maria, the owners of Fort William. Other prints from the same time which give similar but different views from the grounds of Fort William show the couple with their two small children and a pet dog.

Godfrey Baker's father, William Massey Baker, had served as an army officer in the Bengal army in India where he had risen to the rank of Colonel. He held the position of Quartermaster in the army and was responsible for purchase and distribution of supplies of all kinds. It was a position from which he was also able to set himself up in a variety of private commercial activities and to generate a great deal of personal wealth to supplement his modest army pay.



In the 1790s he returned on leave to Cork, a very prosperous man with his nabob money. Nabob money was the term used for the conspicuous wealth earned in a short time by those returning home from the East to Britain or Ireland. He used some of his wealth to purchase an extensive tract of land at Tivoli and to build there a large and imposing Georgian house overlooking the River Lee.

The title he gave the house was Fort William. As well as incorporating his own Christian name, the title also reflected his service in the army in India. Fort William was the name of the army headquarters in Calcutta. Covering a large area, Fort William in Calcutta was, and still is, an impressive showpiece fortress of the British rule in India.

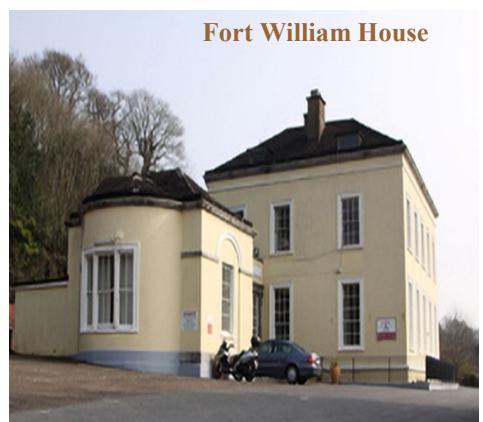
When William Massey Baker later returned and settled permanently in Cork he married Mary Davies, daughter of a prominent Church of Ireland clergyman. They had eight children and four of their five sons followed military careers. Godfrey, the eldest, who would eventually inherit Fort William, was the only one of the sons who pursued a civilian career managing the extensive property and land holdings of the family.

Godfrey Baker received his education in England and attended Westminster School, the public school attached to Westminster Abbey. After Westminster he went to Oxford University where he studied classics and graduated in 1833. Returning to Cork, he married Maria Oliver, of Inchera House, Little Island, who was a granddaughter of Abraham Morris, owner of the nearby Dunkettle House.

Fort William continued in the ownership of the Baker family for the remainder of the 19th century. Following the death of Maria Baker at an advanced age in 1901, it was sold to William Green who lived there until his death in 1942. William Green was prominent Cork business man and the owner of the grain importing and exporting firm J. W., Green & Co. on Anderson's Quay and Maylor Street. He was also director of many other Cork businesses. A generous but unassuming philanthropist, one of his enduring legacies was his donation to the public of the site of the present day Cork College Commerce.

Fort William was later the home of the O'Regan family and was where P.J. O'Regan and his son Morgan ran the Radio Telegraph Institute. This was a very successful school for training radio officers for work in shipping and on aircraft.

The house, along with its 45 acre estate, was again sold in 1962 and the school moved to another location in Tivoli. The Fort William estate then provided the site for the new Silversprings Hotel and later for the complex of hospitality, tourism, leisure and housing facilities that have been developed there.



Fort William House



Mayfield Community Development Project.



On Wednesday, 12th October 2022, Mayfield CDP CLG was awarded a certificate of recognition under the PSYCHED initiative that promotes positive mental health in the workplace. Mayfield CDP was one of 30 organisations, large and small, public and private who were awarded certificates.

Over the last couple of years, Mayfield CDP has been working on a positive mental health and wellbeing policy for the organisation and introduced small initiatives throughout the pandemic such as 'Monday Moments' where staff would meet for a cup of tea and check in with each other, a black board wall where positive affirmations are posted and Mayfield CALP continues to provide courses such as mindfulness techniques, personal development and nutrition & well-being for the community to support positive mental health.

Team members have also participated in PSYCHED training. Additionally the CDP team also recognise the importance for employees to access training on self-care, organised a WRAP training course to the wider employee sector in the Mayfield community in November 2022.



WHAT DOES MENTORING MEAN?



Whether, we realise it or not we have all been mentored during our lives, by our family initially, who taught us to eat, speak, walk etc. In school we are mentored by teachers and fellow students.

In sport, we might have learnt how to play GAA, soccer, basketball, chess etc. or perhaps music influenced our decision to learn the guitar, piano, or sing from a coach, instructor or mentor.

We have all been mentored in our jobs and in turn we have taken on new starts and helped them "find the ropes" in turn becoming the mentor. We learn from our experiences, both formal and informal, through family, education, life experience and observation.

Have you ever wondered about taking up a new hobby, attending a new course, or changing career, but lack the relevant information. Family, finance, a busy life or other commitments get in the way, mostly what stops us, is ourselves. Are you nervous to join a class on your own, don't be, everyone else in the class is in the same position as you. It's about getting the confidence to take that first step and explore the possibilities.

This is where the Community Mentor can help to point you in the right direction, by just having an informal chat about what is achievable and realistic for you.

There are so many possibilities and options available even within our local Community of Mayfield. Why not make a start by attending a short course, and working your way up. Gain confidence in yourself and believe in what you want to achieve.

The Community Mentor is a trained volunteer and is there to offer support, encouragement and advice. Mentoring can be hugely beneficial and instrumental in implementing positive change

The Mayfield Community Mentor, Ann Cronin, can be contacted through the Mayfield, CDP office, on Old Youghal Road, and is available at present on a trial basis on Tuesday Mornings from 11 to 12, or by appointment, Please phone 021 4508562.

"It is never too late to be what you might have been" George Eliot.





ELAINES SEWING SHOP
Elaine 086– 0494963
Your Local One Stop Alteration Station.
Across from Looneys & The Old Bank Café.

Would like to wish a
Happy Christmas to all.
Looking forward to seeing you all
in the New Year from
Elaine and staff .

Southern Ireland
Native Bird Breeders
Society



Schedule for our open
show will take place on
Saturday 14th & Sunday
15th January 2023 at
The North Monastery

**ADVERTISE
HERE**

In the Mayfield Matters
newsletter:
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N & G Barbers
Unit 1a, 4 Colmcille Avenue, Mayfield
(021) 239 0019 (Alongside All Round Beauty)

Christmas Opening Times:

19th - 23rd	9:30am - 5:30pm
Christmas Eve 24th	9am - 1:30pm
Christmas Day 25th	Closed
26th - 29th	Closed
30th and 31st	10am - 4pm
1st and 2nd	Closed

Normal hours resume Jan 3rd 2023

*We would like to thank all our customers for
their support and loyalty throughout the year,
We wish you all a Happy Christmas and
Prosperous New Year.
From all at N & G Barbers.*

Flower Point

Your local florist
297 Old Youghal Road Mayfield
(next to Donatello's Pizza)

Tel: 085 189 2766

corkflowerpoint@gmail.com

**We would like to wish you
A Merry Christmas &
A Happy New Year.**



*We look forward to seeing
you over the
Christmas season*





SANTA'S WORLD

Billy Herdman

The husky dogs have strained and slogged
Across the barren waste.
Through hail and snow and ice they go,
To Santa's home they raced.
This is the last mail of the year
It's the postman's time to rush
He cracks his whip and shouts let rip
"Come on my beauties mush"

The big man's there in the mountain air,
With a beard like driven snow,
The leprechauns around him,
For its nearly time to go.
With his coat of red, and hooded head,
And his boots of shining black
With his ample girth, he's full of mirth
And the toys crammed in his sack.
His sleigh awaits at the castle gates
For this gentle superman,
Two elves have scrubbed and polished it
And their names are Spick and Span.
Then the man himself with his trusty elf
Came out in the blinding snow
The reindeer soared as Santa roared
With a mighty Ho, Ho, Ho.



He swoops through lands of dunes and sand
And China's great terrain
Delivering all his presents
And then he reached Ukraine
He slowed his rig in this land so big
But full of fear and fright
He's sure to bring them happiness
On this silent holy night.

Down below in the swirling snow
A small boy could not sleep
He thought he was in dreamland
When he saw a reindeer leap
"Mama, Papa and sister dear"
He calls with a beaming smile
Santa's sleigh is on its way
And it's not a cruise missile.

It's time to go from this land of woe
May their sunflowers bloom once more
May they harvest grain and build Ukraine
As it was there once before.
The reindeer shoot up to the stars
To the highway in the sky
They speed through Venus and through Mars
Then Santa heaves a sigh.



He's heading now to the Emerald Isle
It's the land he loves the best.
He has a list of all the names
Each one has passed the test.
There's Daniel, Joan, oh how fast
they've grown
There's Tom and little Reece
There's Isabelle, who casts a spell
And her sister, sweet Elise.

He reaches Mayfield late at night
Most children in deep sleep,
The windows bright with Christmas lights
Where young ones tried to peep.
But Santa's there with loving care
To fix our doubts and fears.
So happy Christmas everyone
And many merry years.



POETRY PAGES

LIVING WATER

Richard Goodison

"The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

And in a lowly hay-bedded place
The Incarnate Word was born,
Incarnation announced nine months before
By 'the message of an angel' with love
adorned.

"The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

A humble foster-father, Joseph mild
Cared for Mary, Virgin Mother,
And her very human divine Child
That the dragon sought to smother.

"The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

The kindly Shepherd of Mercy and Peace,
The conqueror of bitter bad will,
Sent Love from His new-born Sacred Heart
To strengthen all of good will.

The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

"The King of Heaven welcomed the wise,
Their gifts blithely receiving.
Wisdom is a 'gift of The Holy Ghost'
That thrives in all believing.

"The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

As water cleanses simple bowls
So grace does human hearts;
As water washes waste away
So new life fresh it starts.

"The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

As water helps with a baby's birth
And slakes the thirst of beasts
So grace brings life and eternal promise
On this sweet Christmas Feast.

"The waters of the river give joy to God's City,
The holy place where the Most-High dwells."

CHRISTMAS 2022

Harry O'Shea

Christmas comes to help us think of others,
Remembering all our sisters and our brothers;
The shops are bright with joyful things that cheer,
The toys, the books and Santa – with his deer.
The Christmas cribs will soon adorn our church,
May those who suffer be safe from want and hurt;
May people all at home and far away,
Strive to make it a special Christmas Da

**A Feast of Poetry.
'The Goldfinches' and
Other Poems
by Richard Goodison.**



**Available at McSweeney's
Shop, Gardiner's Hill, or from
Richard at 0867361926.**

**To read now or to be a
fine Christmas gift.**

Felice Schragenheims relationship with lily Wust in wartime Berlin
To her bohemian friends seemed reckless, downright foolish,
Lily a beautiful mother of four, husband Gunther at the front
Felice, elegant brunette, free spirit, single, lesbian, Jewish.

Gunther Wust regular soldier, handsome, dashing ladies man
When on leave he had a mistress of whom Lily knew.
But unknown to Gunther when he returned to duty
Lily had a regular gentleman caller too.

Felice a stylish young woman with a great zest for life
Was self-reliant brave and a daring risk-taker.
She had her Jewish friends were hunted by the Gestapo
Yet brazenly, she was employed on a Nazi-newspaper.

Lily Wust's childminder, Inge Wolf, was Felice's paramour
On Inge's suggestion all three met up in a city centre café,
Inge Wolf would regret setting up that meeting
Felice fell for Lily and her copper colour hair in a big way.

So. Twenty year old Miss Schragenheim set out too woo
A beautiful Nazi housewife eight years her senior,
That Lily made anti- Jewish comments in her presence
Did not lessen Felice's attraction to her.

To the consternation of Felice's close circle of friends
Her seduction of Lily was a complete total success
Against all the odds she turned lily's head
Lily Wust Nazi admirer, fell in love with a Jewess.

Gunther and Lily's marriage ended in an amicable divorce
Felice's friends could now visit her and not arouse suspicion
Lily's apartment became for them an open and safe house
This could have landed her in a camp or a prison
Despite the terrifying nightly bombing raids on Berlin
Both if them for life after the wars coming end
Was for Felice, Lily, her children to be a family.

GÜNTHER WUST KILLED IN THE WAR



Aimée and Jaguar—Lily Wust (right) and Felice Schragenheim, taken with a self-timer on the Havel River, August 21, 1944.

Felice intended to seek employment in a Nazi free media
Lily hoped to work part-time as a typist,
The children's life would face a new reality
But fate had in store for them a gut wrenching twist.

On the twenty-first of august nineteen forty four
When they returned home after a swim in the river Havel,
Waiting inside for Felice was the dreaded gestapo
She had been betrayed to the brute forces of evil.

While Felice was in custody in the city centre
Lily Bravely brought her food parcels, winter clothes
For living with Felice she too could have been jailed
There was no escaping life's hammer blows.

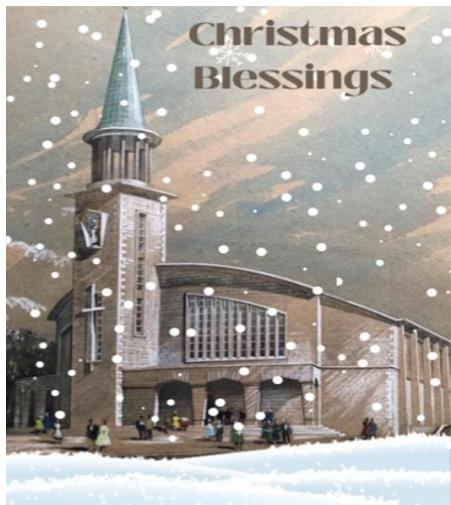
After a few visits she would never again see her soul mate
Felice died in a death march, or in Bergen-Belsen
Lily treasured her letters, poems, photos, their time together
Alas, their hope of a shared future, would never happen.

War-time Berlin brought together some unusual bed fellows,
Felice Schragenheim, Lily Wust, might top any list
Although their time together was cruelly cut short
Their uplifting story is not forgotten, nor shrouded in mist.



Mayfield Tree of Remembrance

The Annual Christmas Tree on Iona Road will be lighting
over the Holidays where family and friends can place
messages of remembrance for their loved ones.



Our Lady Crowned Church Upper Mayfield Parish Cork T23 K377

Parish Priest: **Fr Charles Kiely**
Weekend Assistant: **Fr Dwayne Gavin**
Deacon: **Rev David Lane**
Telephone: **021- 4551276** Mobile: **086-2308622**
Parish Office/Sacristy: **021-4551276**
Email: **office@olcmayfield.ie**
Livestream: **olcmayfield.ie/livestream**
Website: **www.olcmayfield.ie**
Facebook: **Our Lady Crowned Mayfield**

Christmas Masses 2022

Christmas Eve:

3.00pm, 5.00pm & 7.00pm

Christmas Day: 9.30am and 12.00 noon

Christmas Singing and Music at All Masses and we will have a visit from a special guest on his journey from the North Pole during the 2 Family Masses at the 3.00pm and 5.00pm Masses on Christmas Eve.



Christmas Giving Tree at Our Lady Crowned Church.

The Parish Pastoral Council have organised the Annual Christmas Giving Tree. Please take a tag from the tree at the back of the church and then attach it to your gift. Please mark on your tag Boy or Girl and the age or Adult male or female. These should be returned to the church on or before the weekend of 10th & 11th December. All gifts will be distributed that weekend to families in need in our community.



Our Lady Crowned Church Christmas Mass Bouquet & Christmas Cards

Our new special parish cards are available from the Parish Office.



Annual Parish Christmas Cakes Raffle

On the weekend of 17th & 18th December we will have our popular annual Christmas Cakes Raffle – the 10 Christmas Cakes have been made, decorated and donated by Mrs Mary Hurley. Raffle at the end of each of the Masses.

The Gift of a Christmas Poinsettia Plant

At Our Lady Crowned Church for this Christmas we are inviting you to bring a Potted Christmas Poinsettia to the church to be placed at our Nativity Scene. The plant can be in thanksgiving for something special you received during the past year or in memory of a loved one. Poinsettia plants can be dropped to the church the week before Christmas Day.



Parish Sacraments 2023 at Our Lady Crowned Church

Sacrament of Confirmation

Scoil Mhuire agus Eoin - March 2nd 2023
Gaelsccoil Ghort Álainn – April 20th 2023
St Killian's School – May 8th 2023

Sacrament of First Holy Communion

Scoil Mhuire agus Eoin - May 13th 2023
Gaelsccoil Ghort Álainn – May 20th 2023

Enrolment of Commitment for all of the above schools for both Holy Communion and Confirmation is on the weekend of 26th & 27th November – which is the First Sunday of Advent – all children preparing for these Sacraments are requested to attend Masses with their parents on this weekend.

LET THE CHILDREN COME TO ME...At all weekend Masses at Our Lady Crowned Church all children are invited to come forward after all have received Holy Communion when the priest invites them to come forward for a Special Blessing.

'I want people to come here'

'The Story of Lourdes and St Bernadette written by Fr Charlie Kiely – HAS BEEN SOLD OUT – A REPRINT WILL BE DONE AND COPIES WILL BE AVAILABLE IN DECEMBER and ready for Christmas.

Annual Remembrance Masses 2022



Fr Charlie wishes to thank everyone who made our Parish Remembrance Masses on the weekend of 5th and 6th November so special this year, thank you to all the families who attended who lost loved ones over the past year. Thank you to the Parish Pastoral Council and The Funeral Ministry Team who worked with me in the organisation of the weekend with the support of Mr Pat O'Leary who did a lot of work in the background. Thanks too to the Ministers of the Word and Eucharist and all who assisted in any way especially those who welcomed everyone into our church. Thanks also to Pat O'Leary and Mary Hurley who do so much work and I acknowledged at the Masses that both have been present for every funeral that took place over the past year. Finally, music always enhances our liturgies and this certainly happened and I thank the Men's Shed Choir who sang at the 5.00pm Mass, Noreen Sexton who sang at the 9.30am Mass and the Parish Choir and musicians under the direction of Michael Joyce who sang at the 12 noon Mass. The feedback has been very positive and I thank everyone for being part of an excellent team here at Our Lady Crowned Church. THANK YOU from Fr Charlie.

Parish Pilgrimage to Lourdes 2022.



On the weekend of Friday 7th to Sunday 9th October we travelled as a parish to Lourdes on pilgrimage to commemorate the 60th Anniversary of the Our Lady Crowned Church. An early start on Friday morning with check in at 6am and we arrived in Lourdes Airport at 11am. Shortly afterwards we checked into our hotels. We were blessed with great summer weather and a lovely group of pilgrims, including Bishop John Buckley, Canon Jim O'Donovan and Fr Kerry Murphy-O'Connor.

Over the 3 days we completed the full pilgrimage programme with Masses, Anointing of the Sick, Confessions, the Baths, Stations of the Cross, Walking in the footsteps of St Bernadette, the Blessed Sacrament Procession, Rosary/Torchlight Procession. We were also privileged to attend the new musical: '**Bernadette de Lourdes**' with the full original cast.

I have to say not every pilgrimage runs smoothly and we had three people who had falls, as I reflect Jesus fell 3 times on our behalf so these 3 people fell on our behalf as pilgrims and each of them graciously moved on and continued to be part of the pilgrimage.

On our final day we had Mass celebrated by Bishop Buckley and I preached the homily at the Grotto in Lourdes. Later that morning we went to the grave of Cork woman Sr. Therese Marie O'Connell who spent her life as a Poor Clare sister in Lourdes.

We left our hotels at 5.30pm and headed to the airport - we brought everyone home even though we did not have a passport for one person - who shall remain nameless; we still managed to get that person on board our flight and safely back to Cork. While at the same time a bomb scare was happening at the airport. The airport went into lockdown and closed. We were rushed onto the plane and we took to the air and arrived back in Cork 20 minutes ahead of schedule.

Grateful appreciation to Fionnuala and Caroline in Lourdes for their help before, during and after the pilgrimage. Many thanks to all who travelled and made the weekend a happy and memorable occasion. – Fr Charlie

Our Lady Crowned Parish Pastoral Council The Parish Pastoral Council will be renewed in early 2023 and we are inviting all parishioners and those who are part of our worshipping community to consider being part of the New Parish Pastoral Council. Fr Charlie is inviting the parish community to be part of our church and to take on leadership roles. More details at the start of 2023.

Parish Newsletter For all Parish News and Events our weekly Parish Newsletter is available in the church, on Facebook and our Parish Website – olcmayfield.ie/newsletter

MAYFIELD LIBRARY

Old Youghal Road, Mayfield, Cork Tel: 021 492 4935

Email: mayfield_library@corkcity.ie Website: www.corkcitylibraries.ie

Mayfield Library is a branch of Cork City Libraries



Opening Hours: Tuesday – Saturday: 10.00 am to 5.30 pm

Membership: Free for all and your library card can be used in any public library in the country! You can borrow in Galway and return in Mayfield

Borrowing: The library has a wide range of traditional lending materials- Books, Audio Books, DVDs, Music, Literacy Development

Online: Using the barcode of your card and a pin you have access to a wide range of online materials- downloadable books (Borrowbox), thousands of magazines (Libby), language courses (Transparent), learning and hobby courses (Universal Class), music (Fregal), manga and more.

A range of daily newspapers come fresh to the library each morning. You can also access historic newspapers going back to the 1700s online. For example, Cork Examiner (from 1841) and Evening Echo (from 1896).

Current library groups and activities: Book Club, Storytime, Video Game Club, 45-Club, Chess Club, Art Group and regular exhibitions

Sample one-off activities: Pokémon Table Quiz, Children's Collections Show, Luigi's Travelling Puppet Show, Heritage Walks

National Collaborations: Heritage week, Culture Night, Healthy Ireland, Work Matters

We invite and encourage you to get in touch with us with a view to cooperating on possible groups and activities and help continue making Mayfield Library a vibrant, community space.



How Many Chessies?

Nine children guessed correctly for "How Many Chessies?"

Lottie, Hannah and Laurence, Jasmine, Thomas, Sharon, Anna, Katie and Evan all guessed that there were 100 chestnuts in the glass container and got to choose a Pez sweet dispenser. Unlucky those who went with 99 and 101 😞



Three winning entries in the recent Mayfield Library Halloween Colouring Competition.

Winners:

Age 9 - 12 Rian O'Connell, Murmont
Age 6 – 8 Noel Lane, Ashmount
Age 3 – 5 Réaltín Donoghue, Ardnalaoí

We had 138 scary entries in all.
Well done everybody!



Please find a watercolour of St. Luke's Cross by local Ukrainian artist Tetiana Milshynoff currently on display at the library along with other examples of her work



PROMOTIONAL OFFER - NOW EXTENDED!

MONSTER CAR LOANS

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Loans are subject to approval. Terms and conditions apply. If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. Our Lady Crowned Credit Union Limited is regulated by the Central Bank of Ireland.

Typical APR Variable Car Loan Rate (5.01% APR*). For a 25,000 car loan over 5 years, typical monthly repayments will be €470.00 over 60 repayments. The total cost of credit will be €28,388.00**. Lending terms and conditions apply. Figures correct as at 25/12/21.



**Our Lady Crowned
Credit Union Limited.**

MAYFIELD • LITTLE ISLAND & SURROUNDING AREAS

KILMACDUAGH

By Aidan O'Shea

Scattered across the island of Ireland are the remains of sixty-five round towers. Round towers (Cloigtheach literally 'bell house') are early mediaeval stone towers of a type found in Ireland, with two in Scotland and one on the Isle of Man. As their name Cloigtheach indicates, they were originally bell towers, though they may have been later used for additional purposes.

A tower of this kind is generally found in the vicinity of a church or monastery, with the door of the tower facing the west doorway of the church. Knowledge of this fact has made it possible, where towers still exist, to determine without excavation the approximate sites of lost churches that once stood nearby.

The main reason for the entrance being built above ground level was to maintain the structural integrity of the building rather than for defence. The towers were built with little foundation. Building the door at ground level would weaken the tower. The buildings still stand today because their round shape is gale-resistant and the section of the tower underneath the entrance is packed with soil and stones. Rising as high as 34 metres above the ground, the towers are in remarkably fine condition, marking the Christian landscape for one thousand years.



Kilmacduagh, County Galway.

Thirteen towers retain a conical cap, and it is assumed that all the other towers once had similar caps that have fallen over the centuries. On a small number of towers, including Cloyne, battlements have been built on to the top, but it is known that these battlements were added later in the Middle Ages. The principles used in construction of the towers are always the same: two walls of block and mortar construction are built a few feet from one another and the space between is filled in with a core of rock rubble. This was a standard method of Roman wall construction.

Kilmacduagh, north of Limerick in county Galway, is the tallest of the Irish towers at 34 metres and, while quite stable, appears to be tilting. As with most dates from this period, the year in which the monastery was founded is uncertain, but the early 7th century is most likely.

Colmán Mac Duagh (560-632 AD) was educated by Enda of Aran on Inis Mór and lived there as a hermit. He built a church, Teampall Mór Mhic Duagh, and a small oratory, Teampall beag Mhic Duagh, near Kilmurvy.

Seeking greater solitude, around 590AD Colmán moved with a servant to the Burren in County Clare, which was then covered in forest. King Guaire had his principal place of residence at Kinvara nearby. When Guaire heard of the hermitage, he was so impressed with Colmán's holiness that he asked him to take charge as bishop of the territory of the Aadhne. In 610, Colmán founded a monastery, which became the centre of the tribal Diocese of Aadhne., taking the name of its founder, thus Kilmacduagh. King Guaire is remembered in the full title of the local town, Gort Inse Guaire, County Galway.

Colmán wanted God to show him where to build the monastery, and so prayed for a sign; later while walking through Burren woods, his belt fell off. He took this to be God's sign and built the monastery on the place his belt fell. The belt was held as a relic after his death by the O'Shaughnessy clan along with St. Colmán's crozier, or staff. The belt was later lost, but the crozier passed to the O'Heyne clan and may now be seen in the National Museum of Ireland.

This site was of such importance in medieval times that it became the centre of a new diocese, or Bishop's seat, the Diocese of Kilmacduagh, in 1132. The monastery, because of its wealth and importance, was plundered several times in the 13th century. A later monastery for the Augustinian order was constructed here in the 13th century under Bishop Maurice (died 1283). During the Protestant reformation this was granted to the Earl of Clanricarde, and the monks were scattered.

There is an extensive cluster of ruins at the site. These are the abbey church, former cathedral, or Teampall Mór, in the graveyard, Teampall Muire (also known as "The Lady's Church"), east of the road, Teampall Eoin Baiste (John the Baptist), to the north of the graveyard. The "Abbot's House" or Seanchlochis further north, close to the road, Teampall Beag Mac Duagh,

south of the graveyard and "O'Heyne's Church" 180 metres north-east of the graveyard (13th century).

Finally, the round tower (Clogtheach or belltower) stands 15 metres south-west of the cathedral. The tower is notable both as a fine example of this particularly Irish feature but also because of its noticeable lean, over half a metre from the vertical. The only doorway is 7 metres above ground level. The tower probably dates from the 10th century.

The round tower was repaired in 1879 under the supervision of Sir Thomas Newenham Deane, Architect (1828-1899) of Dundanion House, Blackrock, Cork. He received financial support from Sir William Henry Gregory of Coole Park, husband of Lady Augusta Gregory, co-founder of Ireland's National Theatre, The Abbey. The Diocese of Kilmacduagh is now incorporated into the Diocese of Galway.

Saint Colmán Mac Duach is remembered in this traditional prayer.

*Aingil Dé dar gcoimhdeacht
's dar sábháil arís go fuin;
ar coimrí Dé is Mhuiire,
Mhic Duach is Mhic Daire
agus Colm Cille
arís go fuin.*

*May the angels of God guard us
And save us again to life's end
In the protection of God and Mary,
Of Mac Duach and Mac Dara
And Colm Cille to life's end.*

MAYFIELD EAST INDOOR BOWLS CLUB 2022 KERRIGAN/TYRELL COMMUNITY ASSOCIATION HALL

The new year started with "Anne Pyke singles trophy competition" play off. A date was set. The invites sent. The trophies were dusted down & the competition went ahead; the final players were Tony Stokes & Jim Byrne.

From which Jim Byrne won the first place of the first time playing this competition in honour of Anne Pyke founder of the club.

Cllr Joe Kavanagh FG started the competition by rolling the first bowls therefore guiding the finalists of how not to play a winning competition. The Clayton /Silversprings Hotel, the competition sponsor sent two of their managers to awarded the trophies & a meal for two to the finalist, after which refreshments were served in the kitchen as we loaded up the visiting Garda with cakes for the Mayfield Garda, as she controlled the traffic at the exit gates to/from the hall, a happy Christmas was the cheer by all as we left for home, & the new year of Covid restrictions. The mat was restored & the kitchen cleaned by the club members. A verbal thank you was given to Paddy Lynch to pass on to his wife [Chrissy] for her past help with the club catering.

The winner's trophy was handed back to the club secretary for safe keeping by Jim Byrne & Tony Stokes for the 2022 play-offs on the 25th Oct 2022. Four play-offs resulted in two finalists who are to play the finals next week. 1st November 2022, the finals were played off between Cal O'Leary & Tom Murray.

The 7 ends of play with 3 bowls per end of mat. The winner was Cal O'Leary 11 points. The runner up was Tom Murray with 5 points. The trophies were presented from Clayton/ Silversprings Hotel. 2022 update for the presentation of the vase to Anne Pyke for starting the club 22 years ago & staying with the club for 21 years as assistant treasurer. We have organized an afternoon tea for both our ladies Anne Pyke & Chrissy Lynch who were in charge of the visiting club refreshments for years. To be celebrated at the Clayton/Silversprings Hotel, with an afternoon tea on the 16th of November 2022 at 2pm we have also invited Cllr Joe Kavanagh FG. to present the vase which celebrates Anne's achievements & her dedication to fulfil her challenge with what she started and stayed with for 21 years. We the men

who enjoy the craic & the indoor bowling once a week plus the comradery & extend that with visiting other clubs in the Munster region. We the men extended our best wishes for the Anne's future & have given her a lifetime honour of "Mayfield East Indoor Bowls Club" as honoree president of our club."

Mike Loring club secretary 2022.



It is with great thanks that we recognise the presentation of €200 from Our Lady Crowned Credit Union Mayfield it helps to keep our heads above the waterline

SCOIL NAOMH MICHEÁL



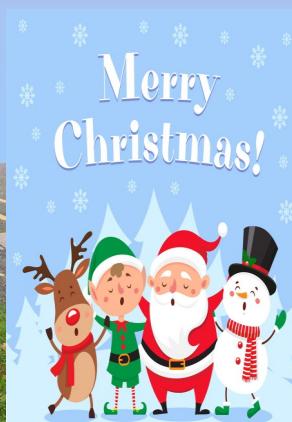
Mr. O'Connell, Annie-May and Charlotte present the Lord Mayor with flowers on the day of her visit.



Yoga time with 4th class in the sensory garden.



1st class planting daffodils!



Birthday boy, Alex meets the Lord Mayor on her recent visit to the school.



5th class painting the windows for Halloween.



Big buddies and little buddies on a shared walk to the local park to study types of houses.



We hope you enjoyed reading about some of the great activities in our school during term 1!



CORK PLUMBING

*Wishing you and your family health,
happiness, peace and prosperity this
Christmas and in the coming New
Year.*

FROM ALL AT



CORK PLUMBING

087 612 3785

corkplumbing@hotmail.com



NEWS FROM SCOIL BERNADETTE



Kerry's first day in Scoil Bernadette. Pictured with Principal Don Golden.

We welcomed a new member to the Scoil Bernadette team in recent weeks; Kerry the goldendoodle therapy dog from 'Our Canine Companion'.

Kerry is only a few weeks old and is getting used to life in Scoil Bernadette. Soon she will visit classes and spend time with individual pupils.

Mr. Golden and his family look after her every night and during the holiday.

The Scoil Bernadette student council organised a Halloween disco for the pupils and staff. DJ Stevie G spun the tunes and a spooktacular time was had by all.



Members of the Student Council with the new school bus.

Just before mid-term, we officially launched our new school bus.

We were very grateful to receive anonymous cash donations last year which have helped us to buy the bus.

We will be able to go on lots of educational outings aboard our new bus.



We would like to wish the students and staff of Scoil Bernadette and their families and happy, safe and peaceful Christmas.



What is Ballroom Dancing?



Intrigued by bright lights, sparkly costumes, and vivacious judging panels, the Irish public has become increasingly fascinated with the world of *ballroom* dance as depicted by popular television programmes such as Strictly Come Dancing and Dancing with the Stars.

These shows have done a phenomenal job popularizing the art and athleticism that is ballroom dance, though they are just the tip of the iceberg of the ballroom world. Underneath the surface of ballroom dance on television is a vibrant, and exciting community of dancers spanning all levels and age categories.

For those of you that have never danced before, and really do have 2 left feet, Cork Dance Club's Absolute Beginners Classes are for you.

We can't always guarantee to turn one of those lefts into a right, but we do ensure you leave with a smile on your face! Our brand new Absolute Beginner groups typically start in January and September each year, however our classes do in fact run each and every week. Often we try and cover a few steps from a couple of dances in each class with regular recaps to go over what you have learnt. This way it gives you a nice variety of dances to have a go at, but don't worry that you'll have too much to remember - we try to keep the routines nice and simple!

Whatever your reason for wanting to learn to dance our experienced and friendly instructors will ensure that you learn in a fun and relaxed environment. At Cork Dance Club we want everyone to enjoy their dancing because dancing is one of life's pleasures. Not only is it a great way to keep fit but it is also a great way to meet new friends and best of all, you don't have to be an expert to begin enjoying it.... the fun starts with your very first steps.

Our next beginners' class is scheduled to begin on Wednesday January 18th in Scoil an Ghoirt Álainn Mayfield from 8 p.m. to 9 p.m. and enrolments are now being taken, so take the first step on your dance journey today and discover a new world of joy, confidence, health, energy and fun.

Cork Dance Club Ballroom Basics.



Social Ballroom and Latin American Dance Classes for Adults.

Learn to waltz, Foxtrot, Jive, Quickstep, Cha Cha Cha, Tango, Rumba and lots more!

New classes now enrolling.
**Scoil an Ghoirt Álainn
Mayfield**

Learn at your own pace with experienced tutors.

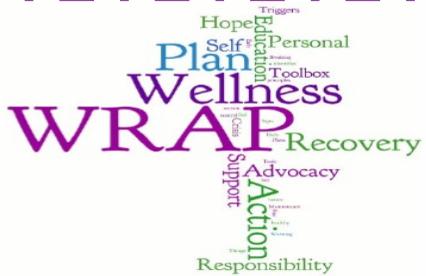
Details:

Tel. Anne 087 2487696

email:

corkdanceclub@gmail.com

www.corkdanceclub.com



A group of local workers in Mayfield completed the **Wellness Recovery Action Plan** training course that ran on the 11th & 25th November 2022 in the Mayfield CDP Community Resource Centre. Thanks to Brenda and Mary, the facilitators for a very enjoyable and useful training experience. Thanks to Cork City Council for funding this initiative.

Cllr. Joe KAVANAGH



"Wishing you and your family a very Happy Christmas and a Peaceful, Prosperous and Healthy New Year!"

086 2307507 joe_kavanagh@corkcity.ie
[joekavanagh.397](https://twitter.com/joekavanaghcork) @Joekavanaghcork

FINE GAEL



Friday 23rd Dec 9- 6 pm

Christmas Eve 24th Dec 9- 4 pm

Christmas Day 25th CLOSED STEPHENS DAY 26th CLOSED Tuesday 27th CLOSED

Wednesday 28th, Thursday 29th & Friday 30th Dec 9-6 pm

New Year's Eve 9-6 pm

New Years Day 1st Jan & Monday 2nd Jan CLOSED

Tuesday 3rd Jan 9-6 pm

We wish all our customers a peaceful Christmas and healthy New year

Thelma and Team Bourkes!



Phone : 021 4502862
 Fax : 021 4502957

Our Christmas Club
Is open!





We are looking for members of the community to train as a volunteer literacy tutor for a new literacy project in Mayfield CDP in conjunction with Cork ETB

What do I need to be a literacy tutor?

- * An adult literacy tutor is a person who wants to work with adults who have literacy difficulties.
- * No special qualifications are needed. It is not necessary that you are a teacher, or have a degree, or even have finished second level school.
- * In addition, you do not need any particular experience, as you will be given full training.

However, you should;

- * Be able to read and write?
- * Have a good standard of English?
- * Be a good communicator?
- * Be confident in your ability to understand adults with literacy difficulties?
- * Have available two hours free-time a week?

The training will begin in January 2023 and will run for 12 weeks. Please contact our Project Coordinator Liz Ahern to register your interest/ for further details on 021 4508562 or mayfieldcdpmanager@outlook.com.

The Voluntary Management and staff at the CDP are delighted to welcome their new Project Coordinator Liz Ahern .
Liz is looking forward to meeting more of the community and welcomes ideas and feedback for the CDP .

*The voluntary management and
CDP team would like to wish
everyone a Happy & Safe Christmas
and a Peaceful New Year and we look
forward to what 2023 brings.*

CDP Resource Office
Photocopying, laminating, typing of CVs, projects, letters, binding, posters, fliers, leaflets, Senior Alert Alarms for over 65s.

Mayfield Community Adult Learning Project(CALP)
See elsewhere in *Mayfield Matters* for CALP's own article and what it offers!

Mayfield Matters
Local Community Newsletter.
Distributed every two months.
Volunteers Always Welcome.

Mayfield Community Garden
Grow your own food and learn new skills.
NEW MEMBERS ALWAYS WELCOME.

- ◆ Photocopying & Printing of Posters, Flyers, Leaflets, Pricelists, Invitations etc. in Black & White **and IN COLOUR** (A4 -€1 & A3-€2 in colour).
- ◆ Typing of Projects, CVs , Letters etc.
- ◆ Binding & Laminating.
- ◆ Senior Alert Alarms for over 65s.
- ◆ Upgraded Training / Meeting rooms available to hire. Very competitive rates please call 021 4508562 for more information availability.



The CDP will be Closed from Thursday 22nd December and back open again on Thursday the 5th January 2023



MAYFIELD CITIZENS INFORMATION CENTRE

Roseville House, Old Youghal Road, Mayfield
Tel: 0761 07 6880
www.citizensinformation.ie

I bought a property that hasn't been lived in for years, what grants can I get to do it up?

The Vacant Property Refurbishment Grant gives funding for refurbishing vacant and derelict homes. **To qualify:**

- Your home must have been vacant for 2 years or more
- Your home must have been built before 1993
- You must own the home, or be in the process of buying it
- You must live in the property as your principal private home after the work is done
- You must have tax clearance from Revenue and your tax affairs must be in order.
- You must have paid your local property tax, if applicable.
- You must not have already got funding under the grant.

How much is the grant? You can get up to €30,000 to renovate a vacant property and an additional top-up grant of up to €20,000 if the property is derelict. The grant includes VAT. If the renovation costs more than the grant, you will have to pay for the additional costs.

You can apply to the Sustainable Energy Authority of Ireland (SEAI) for other grants to help improve the energy efficiency of your home.

If I have already commenced refurbishing the property, can I get the grant?

The grant must be approved before any work begins.

What does the grant cover? The grant covers:

- Demolition work and site clearances including the removal of hazardous materials
- Work on foundations, rising walls, floor slabs, damp-proofing and underpinning
- Work on chimneys, suspended timber floors and structural timbers
- Work on internal walls, stairs, landings, doors, windows and applied finishes
- External walls and roof completions
- Building services such as plumbing, heating, ventilation, electrical services and telecommunications
- Painting and decoration needed because of the work
- Extensions that meet the planning regulations and are part of the wider refurbishment
- Necessary external works and site development
- Professional services associated with work



Is the grant available everywhere? Yes, the grant is now available in all areas. You can get it if you are refurbishing a vacant home in a city, rural area, or a town or village. You could initially only get the grant for vacant homes in regional towns and villages. But on 15 November 2022, it was extended to all areas.

How are applications for the Vacant Property Refurbishment Grant prioritised? Applications for the Vacant Property Refurbishment Grant are prioritised in this way:

1. First-time buyers and 'fresh start' applicants.
2. Applicants with particular needs who are selling or have sold their current home and want to refurbish a vacant home to live in. Particular needs includes people with disabilities and older people.
3. Anyone else who is selling or has sold their home and wants to refurbish a vacant home to live in.

You are a first-time buyer if:

- You have not previously bought or built a property to live in.
- You do not own or have an interest in any property in Ireland or abroad.

You are a 'fresh start' applicant if you previously owned a home, but you no longer have a financial interest in it because:

- You are now divorced, separated, or your relationship has ended.
- you have gone through personal insolvency or bankruptcy.

How do I apply? Send a completed application form, supporting documents and a quote for the renovations to your local authority. The supporting documents must prove that you own the home and that it is vacant or derelict.

Your local authority will review your application and send someone to the property to check that the work is possible and to assess the cost. The local authority will then let you know if your application has been successful.

What happens if I want to sell my home or rent it out?

If you decide to sell your home or rent it out within 10 years of getting the grant, you will have to pay the local authority back. The amount you repay depends on how long you've lived there. If you live there for:

- Less than 5 years, you have to repay the full amount
- Over 5 years but less than 10, you have to repay 75% of the grant
- More than 10 years, you don't have to pay back anything

You must pay back the grant in any situation where the home is no longer your primary residence within the first 10 years. However, if you want to rent out a room in your home while you live there, you do not have to repay the grant.

For anyone needing information, advice or who has an advocacy issue, you can call a member of the local Citizens Information team in Cork City North weekdays from 10 am to 4.30pm on 0818 07 6850, they will be happy to assist.

MERRY Christmas

DECEMBER 2022

Thursday 22 nd	9.00 am - 8.00 pm
Friday 23 rd	9.00 am - 8.00 pm
Saturday 24 th (Christmas Eve)	9.00 am - 3.00 pm
Sunday 25 th (Christmas Day)	Closed
Monday 26 th (St. Stephen's Day)	Closed
Tuesday 27 th	10.00 am - 6.00 pm
Wednesday 28 th	9.00 am - 8.00 pm
Thursday 29 th	9.00 am - 8.00 pm
Friday 30 th	9.00 am - 8.00 pm
Saturday 31 st	10.00 am - 6.00 pm

January 2023

Sunday 1 st	Closed
Monday 2 nd	Closed
Tuesday 3 rd	9.00 am - 8.00 pm

Open at all other times

Monday - Friday	9:00 am - 8:00 pm
Saturday	10:00 am - 6:00 pm



77 Shandon Street, Cork **T:** 021 4304165

MERRY Christmas

DECEMBER 2022

Thursday 22 nd	9.00 am - 6.00 pm
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Friday 30 th	9.00 am - 6.00 pm
Saturday 31 st	9.00 am - 6.00 pm

January 2023

Sunday 1 st	Closed
Monday 2 nd	Closed
Tuesday 3 rd	9.00 am - 6.00 pm



irwinspharmacy

Irwins Pharmacy, Togher **T:** 021 4962777

Irwins Pharmacy, Mayfield **T:** 021 4506633



SCOIL MHUIRE AGUS EOIN

The staff of Scoil Mhuire agus Eoin would like to wish our pupils and their families a very happy advent season. What a busy and fun term we have had so far!

Lord Mayor- We were delighted to welcome the Lord Mayor, Cllr Deirdre Forde to the school on October 27th.

Road Safety Week- Road safety Week was a big success again this year, with visits from Helen, the community garda and Amanda, our lovely traffic warden.



Graffiti Theatre- Our 5th classes attended a play called 'The Sleep that Ceased to Settle' by the wonderful local theatre group and what an enjoyable day they had! Our 4th class also took part in a creative writing workshop called Fighting Words, which was a great success as always!

Happy Talk- Thank you to the parents of our Junior Infants who helped make our Happy Talk sessions such a success! Ms Collin's and Ms Stapleton's classes were delighted with visits from Nibbles and Twitch!



School Walk- Our annual school walk was held in October and everyone enjoyed a lovely morning, despite the rain!

Marymount Coffee Morning- Many thanks to the parents who attended our Coffee Morning in September and for helping to raise money for this good cause.

Parents' Association – Thank you to our wonderful Parents' Association who organised a truly fantastic and memorable Halloween disco for the whole school.



Football Blitz- Mr Bond's 4th class took part in a football blitz in Pairc Uí Chaoimh in October. The children played extremely well and thoroughly enjoyed their exciting day.

Parents' classes- We are delighted that parents' classes have resumed. More festive workshops will be taking place in December. Details will be available in the coming weeks from our HSCL teacher, Emir Flynn (086-3805164).



Maths Week – Great fun was had by both parents and pupils for Maths Week. Puzzles, competitions and games were organised for the week and we were delighted to invite parents in for Maths for Fun in our first classes.

Science Week- Science Week was held recently. Exciting experiments and investigations were underway in many classes by our young scientists!



Mayfield Library- Several classes have been visiting Mayfield library. We would like to thank the staff there for welcoming us and making our visits so enjoyable.

Penny Dinners- Thank you to the parents and families who support our annual collection for Penny Dinners. Every year we are moved by the generosity of the community and the eagerness of the children to help.

After School Club – A reminder that Fun Club is available every day within the school from 1.30pm – 5pm. Please contact Siobhán on 087-7674950.

Sciath na Scol- The boys and girls from fifth and sixth classes played very well in Sciath na Scol and enjoyed every match. With football finished, we look forward to camogie and hurling in the Spring.

Website- We would like to remind parents of our school website which will keep you all up to date on our school's activities. The website is www.scoilmuireaguseoin.ie.



Wishing you all a very happy and safe holiday from everybody at Scoil Mhuire agus Eoin!



MAYFIELD COMMUNITY TRAINING CENTRE

is currently recruiting for its six core courses



The Mayfield Community Training Centre :

- Business Skills
- Construction Skills
- Culinary Skills
- Multi Skills
- Sports & Recreation
- Hospitality



Additional classes in Art, Gym, Communications, Maths and Personal Development are also a part of the learners' timetable.

Each course lasts for twelve months with periods set aside for work experience.

A training allowance is paid to each trainee regardless of age.

Advocate Services:

The Advocate Service offers career advice for Learners in the centre and helps them develop a career plan. The Advocate offers career guidance and support from the induction stage to post course tracking. The service provides help with work experience placements and progression onto future courses, as well as finding employment and researching grant options.

Work Experience:

Trainees will have the opportunity to enhance their employment chances through a work experience placement programme that lasts up to six weeks.

Who should Apply?

The courses are open to anyone between the ages of 16 and 21 who have a genuine interest in training and wish to improve their career prospects.

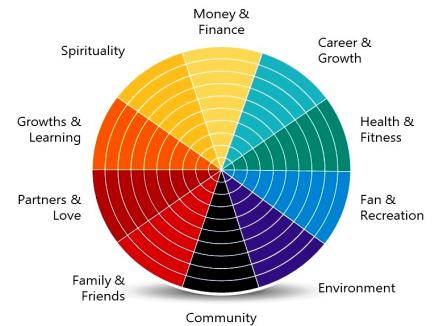
How to Apply:

Potential applicants are advised to call into the centre in person to fill in an application form. Recruitment is by interview with Centre Manager

Please visit us at <http://www.mayfieldctc.ie/>

<https://www.facebook.com/MayfieldCommunityTrainingCentre>

You can find us in the Mayfield Business Park. Drop in anytime between 9 - 4.30



LET'S CHECK HOW YOU GOT ON FOR 2022

Hi All, How did we actually get to December so fast? I must say, I just love Christmas. It is a time to bring family here and those who have passed together and share memories. This month I felt the presence of so many who have passed.

Today, I want you to do a self-assessment of how your year has gone by. Take a look at the diagram below and go to each area and 1 to 10 mark each one and see how you got on.

What area are your low numbers on? Which area of the wheel are they high?

I want you now to remember you still have time to do something in one of the areas you need to change before the new year. Do you need to make a phone call to friends or family? Do you need to change something or take up something? Always think of the solution and not the problem.

Let's take for example from the wheel above, finance, health, career, family etc. write down between 1-10 how are you in these areas?

It has been a worrying time for people who listen to the media and news all the time. It has been a difficult time for the homeless so this is why I want you to really look and make a list now of what you are GRATEFUL for. By being grateful you receive more.

If I gave you a present and you had no mass on it and just threw it there, would I give you another one in the future? No way, it is the same with the universe. What you are grateful for and thank the universe for you will get more of. What you think of you will also get. Hence think positive you will get that, think negative you will get that.

This year make a decision that 2023 is going to be your year. For those in grief from the loss of a loved one you have 5 strings in your heart and it will take time to heal. Your loved ones are looking down and with you. Just like making a call you can call them. You will learn to live with grief and bring them with you. The mitral valve is connected to muscles in the wall of the heart by the 'chordae tendinae': tendon-like chords known commonly as the 'heart strings'.

So your heart strings need to heal from any grief. These are proven strings. This Christmas allow family to go where they want to, let them allow you to stay where you want to. Too much is made of taking people out of the comfort of their own home. I see it happen every year from clients. Be, Do, Have. Be you, do what you feel is the best for a situation and have the life you deserve. Make out a deserve list. I deserve _____

Have the best CHRISTMAS ever and may your heart rise up to greet every morning. **Merry Christmas all, Coach Lil xxxx**

Highways to Hell November 16th 2022 by Cllr. Ted Tynan, The Worker's Party.

When two young climate activists recently flung tins of tomato soup at one of Vincent Van Gogh's famous paintings of a vase of sunflowers, many people were furious. Despite the fact that the painting was protected behind a pane of glass, the activists, members of Britain's Just Stop Oil coalition, were accused of destroying art. Such desecration would only turn people off the environmentalist cause, many complained.

However you might feel about the protest, it has exposed an undeniable hypocrisy at work in our society. Great art is irreplaceable; it should be cherished and protected. There will only ever be one Van Gogh, after all. But isn't this even more the case when it comes to our Earth's life support systems? Isn't it the deepest, and stupidest, form of hypocrisy to cherish the achievements of human culture while simultaneously destroying the environment that allows human life to survive and flourish?

When you call out people's hypocrisy, as we all know, they are much more likely to get angry with you than admit fault. Of course, when it comes to the era of climate chaos on which we have now embarked, we are all hypocrites to some degree. Virtually everything in our daily lives involves oil and other fossil fuels. This is why much of the pledges and promises on climate made by politicians and corporations ring hollow. Without fossil fuels, and oil in particular, the thing we call 'the economy'—or, more accurately, capitalism—ceases to exist.

The only option left open to us is to transform the economy completely. Our goal should not be to make our current ways of life more 'sustainable' but to let them go and find entirely new ones. This used to be called 'revolution', but today it's a matter of simple survival.

This summer, we saw much of Western Europe and England burn. Average temperatures for these regions remain very high, well into November. The past eight years have been the hottest in recorded history. We will see 1 billion climate refugees by 2050 as many of the world's hottest and most arid regions become uninhabitable. As droughts become worse and water more scarce (and expensive), we can expect crop failures and food shortages in the developed world. Wars over the dwindling reserves of fossil fuels, such as the one now raging in Ukraine, will become increasingly common.

The UN secretary general António Guterres recently remarked that humanity is on 'a highway to hell'. The metaphor is apt. Almost of a third of the world's greenhouse gas emissions come from transportation. We are driving ourselves into disaster. Don't think electric vehicles will save us, either, as they require vast amounts of rare earth minerals. The abolition of personal cars would go a long way towards averting catastrophe. It would also help with mental health. A recent study from the University of Basel shows that people who willingly give up their car become happier.

Christmas should be a time for meditation. As the consumerist ritual the season has become descends upon us, we would do well to meditate on our attachments to ways of life which, for all their apparent 'normality', are completely at odds with the environmental conditions that have allowed humans to flourish.

Mayfield Community Adult Learning Project



SEASON GREETINGS

As we slide slowly or quickly into the Season of Christmas and celebrations, we want to take this opportunity to reflect on what 2022 has brought to Mayfield CALP. 2022 has been a busy year for the project with over 250 adults accessing community education courses, accredited and non-accredited. Courses have ranged from basic beginners computers to ECDL level computers, personal development, mindfulness, baking, craft, and basic first aid to accredited First Aid Response. We are very lucky to be funded to run such a range of courses which are accessible and affordable. Although COVID-19 was still lurking in the background, the majority of courses were run onsite in the centre, but we also used a blended approach where people were able to access the courses through zoom.

2022 has had great moments of celebration – the hosting of the new Mayfield Neighbourhood University programme in late Spring and the short listing of this initiative in the Cork Lifelong Learning Awards 2022 in November 2022. Mayfield CALP was delighted that the Mayfield CDP agreed to host the new Mayfield Community Mentor worker, Ann who is available to meet anyone who needs a space to sit with someone to listen and discover new options for learning in the Community. Ann will signpost as required.

Mayfield CALP was delighted to be allocated different strands of funding to help with their work in the field of community education. The project was allocated a small grant to complete some work on waste prevention and therefore in conjunction with the Cork Environmental Forum (CEF) and Mayfield Matters, included inspiring articles in the June, October and this edition. We also ran a School competition before Halloween to get the young people to recycle materials to make masks, thanks to Alma in Mayfield Matters for organizing this. In August 2022, Mayfield CALP received a grant under the REACH Fund 2022 from Cork ETB and this allowed the project to replace all of its laptops in the computer room and then use the replaced laptops to enhance our computer loan scheme, which is available for people who are completing courses with the project. Mayfield CALP supported the CDP in other grant applications through the year and more recently a grant of €2500 was allocated to the CDP to promote positive mental health in the community. This work will commence in 2023. Additionally small grants were allocated by Cork City Partnership CLG to the Learning Neighbourhood and the CDP for capital items.

Mayfield CALP wants to acknowledge the support of the wider Mayfield CDP Team in delivering the courses and supports that CALP provide. Additionally we want to thank our core funder Cork ETB for their commitment to the project over the year and years! Thanks also to Cork City Partnership CLG for their funding of tutor hours for accredited hours and the small grants for capital items.

We will be in full planning mode in December 2022/January 2023 for the Spring 2023 schedule of courses. Therefore as 2023 rolls in, keep an eye on the Mayfield CDP Facebook page, the Mayfield page in The Echo, the information boards at the entrance of the centre and you are always welcome to call the project or email in.

The voluntary management of CALP and the Joint Coordinators wish you a very Happy and Healthy Christmas and a Safe and Peaceful New Year.



Testimonials from Mayfield Neighbourhood University which took place in May/June 2022

"The Neighbourhood University College Programme allowed an insight into third level education through varied interesting topics."

"I really enjoyed learning the information contained in the course. It opened doors to further education and I found some of the subjects fascinating."

"This was a fantastic well thought out, organised course. So diverse I suspect learning something new each week. A lovely, welcoming venue."

"I enjoyed everything, the lecturers, the interaction, the chat and the ability to ask for and receive information on all topics."

"Quality subjects, quality tutors, excellent exposition to academic subjects and establishment."

"Very stimulating, we were all involved and took part."

"As a result of attending this Neighbourhood University College Programme, I would like to pursue further courses relating to architecture."

MAYFIELD

The Mayfield Learning Neighbourhood will run its Neighbourhood University College programme again in 2023. Lecturers from UCC /MTU & Further Education Colleges will provide free lectures on different subjects, chosen by the participants over an 8 week period.

If you are interested in participating in this programme, contact Mayfield CALP at 021 4508 562 or email mayfieldcalp1@outlook.com to register your interest.



Mayfield

Weekly Schedule



Monday:

Fun Walkers **10am - 12** the walking group meet at Roseville House

Acupuncture **12 to 1pm** at Roseville House

Activator Poles **1.30pm to 2.30pm** meeting at the Tank Field weather dependent

Bingo **2pm - 4pm** St. Joseph's Community Center



Tuesday:

Chair Yoga **9.55 to 10.55am** Roseville House



Flower Arranging **11am to 12.45pm** Roseville House

Wednesday:

Maintaining Mobility **10.30am to 11.30am** Roseville House

Maintaining Mobility **11.45 to 12.45pm** Roseville House

Activator Poles **1.30pm to 2.30pm** meeting at the Tank Field weather dependent

Thursday:

Knitting group **10.30 to 1pm** Roseville House

Fun Dancing **10am - 1pm** St. Joseph's Community Center

Men's Music Group **1pm** Kerrigan Tyrell



Mayfield Health Action Zone

ACTIVATOR POLES



ACTIVATOR POLES ARE SPECIALLY DESIGNED WALKING POLES THAT ARE USED TO PROMOTE ALL THE COMPONENTS OF FUNCTIONAL MOBILITY AND FITNESS.

THIS PROGRAMME IS FOR ADULTS, IT IS SUITABLE FOR ALL WALKING ABILITIES AND IS PARTICULARLY BENEFICIAL FOR OLDER PEOPLE WITH BALANCE OR MOBILITY DIFFICULTIES. ACTIVATOR POLES ARE PROVIDED.

DAY MONDAY AND WEDNESDAY

TIME **1.30 TO 2.30**

THIS IS AN OUTDOOR EVENT AND IS WEATHER DEPENDENT

4 WEEK BLOCK

START DATE MONDAY 21ST NOVEMBER 22

LOCATION THE TANK FIELD MAYFIELD



FOR FURTHER INFORMATION

Please Contact

Fidelma O'Connell
Community Health
Worker
087 1800 210

fidelma.oconnell@hse.ie

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EMPOWERMENT INCLUSION
SUSTAINABILITY

**NEW PARTICIPANTS
ALWAYS WELCOME**
Learn a New Skill or Share a Skill
Enjoy a Fun and Relaxed
Environment
Make New Friends
Enjoy a Chat and a cuppa

COMING IN 2023

Mayfield Health Action Zone

BEGINNERS

BRIDGE CLASSES



SMALL GROUP
6 TO 8 PARTICIPANTS

MARIAN BERKELEY
BRIDGE TUTOR
AFFILIATED TO CBAI

DAY **WEDNESDAY COMMENCING ON THE 11TH OF JANUARY**

TIME **7 TO 9PM**

COST **€50 FOR A FIVE WEEK BLOCK**

LOCATION **ST JOSEPH COMMUNITY CENTER OLD YOUGHAL ROAD MAYFIELD**



Scoil Ghleanna Maghair lochtaigh New Inn National School Glanmire

We extend a very warm welcome to parents to visit our school

- To meet the principal and staff
- To answer any questions you may have
- To consider enrolling your child for the coming academic year.



Please telephone or email to make an appointment

Telephone: 021-4866293
Email: sgmi.inn@gmail.com
Website: www.newinnglanmire.scoilnet.ie
Twitter: @newinn_sgmi



Robotics



Sensory Room



Website: www.newinnglanmire.scoilnet.ie

Twitter: @newinn_sgmi



Local Trail



Thanks to all for supporting
the shoebox appeal.



Movie Night



Penguin Art by Senior Infants



A QUEST FOR CHRISTMAS PAST AND WISHING FOR THE GOOD OLD DAYS.

Geraldine McAuliffe



I love the freshly cut pine trees and the crunch of mince pies the shapes of the paper snowflakes, and the sound of Christmas carols. I love the richness of red and gold on display in the windows of the shops, and the hint of anticipation that fills the month of December. I try to follow the traditions of Christmas, and the meaningful tasks like baking and making the house look festive and welcoming.

Every year before Christmas, we head for the woods and gather ivy and holly to decorate the house. Windows and doors will look sad and bare without the red berries and the deep green festive sprays. Picking holly is not an easy task, and not for the faint hearted so, a lot of preparations are made to find a good holly tree. It was dropped in the old galvanized bucket as we headed for home.

The weather in the past seemed much colder. People had no central heating so they wore knitted jumpers. Knitting wool was popular as it was trendy to wear Aran jumpers and woolen hats. Coal and turf was the norm and so were candles and gas light. November was always wet and dreary and usually dull and boring.

It was most welcoming to see Christmas advertised, as Christmas was a time of reminiscing, and a huge turf fire had a welcoming atmosphere in the home. Christmas toys were displayed in Kilgrews on North Main Street. The Munster arcade in Patrick's street, was most popular, as Santa Clause had arrived there and parcels were given out to girls and boys, pink for the girls, and blue for the boys.

After visiting Santa I headed for home and started to write to him hoping the letter would reach him in time as the list was endless and poor Santa would never be able to carry that lot. Christmas began in the house with the making of the good old plum pudding, which was put into a greased and flowered white cloth, and generally steamed for a few hours. The ham was always allowed to steep overnight and the turkey was stuffed and prepared for the following day.

That night I could barely sleep with excitement as I put a glass of lemonade and a carrot for Santa. I could hear the old clock tick-tock- tick sounding loud during the quietness of the night. Christmas morning was full of surprises as the presents were opened. I was happy to find the games and books were delivered. I joined the family and played with them all day. The radio played a large part that day as the old Christmas songs played merrily. Christmas day was the day you visited the church, looked at the cribs and listened to Silent Night. The church was beautifully decorated that day and the infant Jesus was placed there for all to see. Good will was evident on that special day as people welcomed and shook hands with one another and happy Christmas was heard everywhere.

Christmas is a day that brings a light to the skies during a dark dreary winter. It's the day where communities and family's come together as one to celebrate one cause the birth of Jesus Christ and the simple but meaningful act of giving.

I wish you all a very Merry Christmas and Happy New Year.



GAELSCOIL AN GHOIRT ÁLAINN NOLLAIG 2022

Tá fáilte romhat chuig leathanach na Nollag Mayfield Matters na scoile. Buíochas ó chroí do thuismitheoirí na scoile agus do mhúintir na háite as an dtacaíochta a thug sibh don scoil I mbliana. Tá siúl agam go mbíonn Nollaig iontach agaibh ar fad agus athbhliain faoi shéan agus faoi mhaise daoibh go léir.

A big Thank You to the parents of the school and to the people of the area for the support that has been shown to our school during this year. We here at Gaelscoil an Ghoirt Álainn would like to wish you all a very Happy Christmas and prosperous New Year.



Seachtain Eolaíochta na scoile.

We had a thoroughly enjoyable Science week here in Gort Álainn. Here is Rang a haon and Rang a Dó creating, 'Drawing Robots'!



Féile na Blána 2022

As part of our multidenominational curriculum the children learn about religions and festivals of people from around the world, and each year we pick one to be our Festival of the Year. This year we decided to celebrate Lá Domhanda an Pháiste/ International Children's Day.

Classes studied the role children played in history such as Anne Frank and presented their findings to the school at assembly.

Minecraft Education

Rang a 6 are took part in a 6-week programme of Minecraft Education through the support of Microsoft Dream Space and DCU!!!! It was thoroughly enjoyable.



St Killian's School, Old Youghal Road, Mayfield.



St Killian's has been very busy lately. We have taken part in various sporting events. UCC welcomed us to join their third year students in the Sport Studies and Physical education programme last October. The children took part in basketball and enjoyed every minute of their experience. It was wonderful to see the students learn new skills and show progression from the excellent delivery of the programme provided by UCC.

Recently, we took part in a fabulous tournament organised by Philip Shaw and Scoil Bernadette. We were welcomed by an excellent team of supporters and staff. It was very intense, the level of excitement by the children and the fierce competition brought out an energy that was immeasurable. There were two divisions in the league. St Killian's won a bronze in Division 1 and a Gold in Division 2. Well Done to all the schools taking part, we look forward to next year's competition.





AUTUMN 2022 FESTIVE STYLING, SHOPING, WARDROBE TIPS AND ADVICE

Contact me by phone on 086 -2599539 if you have any fashion queries. E-mail me on lyndadibiasi@yahoo.com. Check out my website www.lyndadibiasi.com for various packages. Facebook or Instagram page, Lynda. dibiasi.personalstylist for advice and professional tips.

The arrival of December, (I don't know where that year went either!) brings colder temperatures along with festive social occasions.

Less stress more sparkle! This time of year, can evoke a sense of panic when we receive that lunch or party invitation. No stress, I have you covered to look your best. When we feel confident in our clothes we act with confidence. Let your clothes do the talking this festive season.

Statement accessories, some festive pieces like a velvet or faux fur collar will add luxury to your look. Revive a jacket or coat which you already have in your wardrobe. Dramatic diamante pieces, be it earrings or a necklace will elevate a plain neutral outfit.

If there was any doubt before, tights season is definitely here. There is something so classic and elegant about a sleek pair of stockings. This simple accessory can elevate dresses, skirts and shorts which are big on trend this season. Pair your skirt or shorts with a long cardigan and a heavy denier tights and ankle boots for a warm stylish look.

Pattern tights, embellished textures, there is a wide variety currently in the shops. Always carry a spare pair in your bag in case of laddering. Control top tights, meaning the top section of the tights are designed to have a slimming effect and hold you in for a shaping effect. These create a lovely silhouette under a dress or even trousers.

If you wear tights a lot the brand Uniqlo have a fabulous range and reputation for their high-performance essentials. Their collections keep you at your preferred temperature and deodorizing material keep you feeling comfortable all day long. You know what they say when you find something you like buy two!

Leather

Leather skirts and trousers are utterly chic. That sleek glossy fabric portrays chic and sultriness to every outfit. Leather can be worn at any time of the day making it such a versatile wardrobe essential. Style your leather skirt, either A line or mini whichever is your preferred style with a pair of high boots, cozy knit or a silk shirt. One of the most adaptable items we can own this month is a pair of straight legged leather trousers or leather pencil skirt.



You can wear them in a variety of ways. For a casual cozy look pair with a cozy knitted jumper and boots. Heading out to a party, add a camisole, a silk shirt and heels. Leather is a timeless wardrobe essential and always looks effortlessly chic. Leather is very easy to maintain and can be wiped down with a damp soft cloth rather than washing

COATS

A seasonal coat is a real investment piece. Investing that little bit extra on good tailoring will last a life time. Your coat is the first layer on show so make it count.



Look at the shoulder seams when trying on coats, before you purchase. If the seam is up to high on your shoulder, near your collar bone as this can bring tightness across the chest. If the seam of the coat is below your shoulder bone, the garment is too big in size for your frame. The seam should sit in the middle of your shoulder.

Consider fabrics when purchasing a coat, wool and other natural fibers, down, merino wool mixes will be warmer and breathable to wear ensuring you are genuinely warm and comfortable. The length and shape of your coat will really enhance your body shape so it's worth considering and spending time, trying different styles. Considering our winter season can run for several months an investment coat will see you to several occasions throughout the winter, from weddings, lunches, race days. If you would like to know what style coats suit your body shape and frame contact me for a personal style appointment.

Satin

Have fun this December, if you can't wear sequins this month, when can you? A sequin dress will draw the attention at the Christmas party. If you are not brave enough for a full sequined dress, separates are an alternative. Metallic and sequined will draw attention so consider this purchasing. A V-neck or cowl neckline are very flattering.



A sequined top with wide leg trousers and a high heel can be very chic. Drape your blazer over your shoulders is a particularly good look if you have a puff sleeve you don't want to ruin.

Join me next time where we will continue on tips that make you look and feel great. Please contact me below if you would like more personal advice. The most stylish thing you can wear is confidence and confidence is not possible if you are comparing yourself or your lifestyle to someone else.



*The Keohane family would like to thank the Mayfield Community
for their continued support throughout 2022
Season's greetings*



KEOHANE'S CORK FUNERAL DIRECTORS KNIGHTS HILL

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Material Reuse, Repurposing, and Recycling.

Welcome to the second in this series of articles intended to discuss ways we can reduce our impact on our local environment through reuse, repurposing, and repair of the things that we choose to own.

With an emphasis on what is going on in Cork we will continue to share easy and fun ways to change personal habits that will make a difference by helping our stuff last longer and thereby slowing down the rate at which new stuff needs to be created. In this edition we will keep a focus on the upcoming Christmas season to see how consumption impacts can be minimized with a small look at the Sustainable Development Goals and how policy can help our efforts.



How to Cut Down on Your Christmas Footprint *Tis the season to be jolly and the season we excessively consume resources and spend more on food, gifts, clothing and outings.*

Here are some ideas to help with a more sustainable approach to purchasing this Christmas:

Make a list before going to the store to help you avoid impulse buys. As with food purchasing, this also helps with other forms of purchasing. Retailers love the aimless shopper who doesn't know what they want but just that they want to purchase. This can lead to poor choices with your hard-earned money.

Give gifts of experience such as movie tickets, a restaurant gift certificate, an adventure or a class.

Generally speaking, people remember their experiences more than they remember their stuff. If you want to make an impression this Christmas, why not think of an experience gift first before resorting to a thing in a box that the person will need to own and look after for its lifetime. Consider gifts like – a massage, hairdresser voucher, a kayaking or music lesson for example.

Shop at local markets and stores where products are made closer to home and often have less packaging.

There are always lots of local markets around Christmas, providing more opportunity to buy from local artists and producers. We hear about purchasing locally in terms of food a lot, but it is important to do this whenever we can for any purchase as it supports local people and businesses, reduces the travel impact of the purchase and keeps the money in circulation locally.



The [Cork Craft and Design organization](http://www.Corkcraftanddesign.com) (www.Corkcraftanddesign.com) are busy promoting the work of local Cork designers and artists. Consider supporting their work this Christmas by buying beautiful crafts at their Douglas retail store.

Choose products with less packaging. Once you have decided on an item to purchase, do give some thought to the amount of packaging involved. One way to influence the overuse of packaging is to push back on suppliers who use too much but avoiding their product in lieu of another option that manages their packaging more sustainably. Remember that a gift wrapped in lots of waste material carries that extra burden for the recipient of having to get rid of it. Do any of us want the house full of waste packaging materials on Christmas morning?

Avoid purchasing disposable items this Christmas When making that purchase, do try to aim for a long-lasting version of the product so that it does not quickly move through your hands and into the waste stream. While buying products that last may be more expensive in the short term, it will save your cost and the environmental cost in the long term. Take disposable razors for example - why not invest in a quality reusable razor where only the blades are changed. Local online company www.odetoearth.ie offers more sustainable household products such as these. Also try to avoid purchasing cheap novelty items and toys that have limited useful life and quickly end up in the landfill. These can be very tempting to small kids at Christmas time.

Consider buying gifts and that Christmas party piece from the Charity Sector It's a good reuse option that immediately cuts back on waste and will also support charities that provide very important services to the community.

www.orkcommunityBikes.com sells repaired bikes for reuse. Consider supporting them and making a purchase of a reused bike if there is one on your Christmas Shopping list.

Wrapping Waste. Consider using newspaper, plain paper that can be recycled easily or other items which can double as a gift such as a scarf, a pretty pillowcase, cushion cover or tea towel. Save ribbon, wrapping paper and gift bags to reuse.

Takeaways & Eating Out Thankfully, as of July 2021 the following plastic items are banned from sale in Ireland so you should no longer see them in shops: plastic cutlery, stirrers, plates, chopsticks, straws and polystyrene cups and plates. Remember that food vendors should also not be providing these to you any longer and may need a friendly reminder if they are offered.

Christmas Tree Choices Locally Grown If you decide you must have a real Christmas tree in your home this year, then try to at least make sure you are getting it from a well-managed business that grows the trees locally. [Rent A Tree](http://RentATree.ie) A new business in Cork is now offering tree rentals: www.Christmastree.ie This great local business is offering a way to rent your tree for the season and return it after Christmas so it can keep living, growing (and absorbing CO2) and be there for someone to rent again next year.

"Take the super eco-friendly choice this Christmas and rent a living, growing Christmas tree in a pot. All rental trees come with a saucer to hold the water that must be returned after Christmas.

Delivery and collection is only available to Cork City and surrounding suburbs, however we welcome anyone outside of that area, who wants to rent one of our trees, to call to us to collect, and call again in January to drop it back."

Make Your Own Tree Collect twigs or branches you find on the ground and have fun creating decorations at home or attend a local crafting workshop.

Keep Using that Artificial Tree Look after an artificial tree by folding away properly and storing with care to keep it in use longer. Artificial trees tend to use non-natural materials, so their benefit is best realized through ensuring they have a long life in use.

086 3732 565 | colm@christmastree.ie

Christmastree.ie
Best Quality Christmas Trees in Cork

Sustainable Development Goal (SDG) #12 focuses specifically on the problems associated with over consumption and associated waste. From the raw materials mined from the ground for our stuff, to the waste issues caused when we no longer want that stuff and including the growing issue of food waste – SDG12 has a thorough list of targets behind it that are driving many of the programs we see being rolled out in Ireland.



ENSURE SUSTAINABLE CONSUMPTION AND PRODUCTION PATTERNS

Rallying behind Reuse Did you know that in 2015 the United Nations created a list of 17 sustainable development goals for the world to aim towards. These are what a lot of research determined would be needed to achieve a peaceful and prosperous future for everyone. The 17 goals are intended to cover all aspects of our interaction with each other and the planet. Goal #12 is one that is getting increased attention. For example, **food waste**. Target 12.3 By 2030, halve per capita global food waste at the retail and consumer levels and reduce food losses along production and supply chains, including post-harvest losses

Every year we generate over 1 million tonne's of food waste in Ireland with 25% of that coming from households. This issue tends to get worse around the Christmas period when increased purchasing and consumption leads to higher levels of wasted food than usual. The effects of this waste problem are somewhat obvious to us all:

Paying for food that is not consumed is, at its simplest, a waste of money at a time when food costs are at an all-time high. But the issue is bigger than this.

The food production processes we use are very energy intensive and so that piece of veg that goes off, has consumed a lot of water and energy to get to you in the first place, which is also wasted when the item is dumped. Globally we throw away more than 25% of all food produced. This is especially difficult to consider when we know of so many parts of the world where there is not enough food available. Landfilled food-waste wrapped in plastic is a lost opportunity to return nutrients to the soil and at its worst can add to our greenhouse gas emissions as methane.

This growing issue in western countries where food supply is not an issue for many, is a target area in Irelands Waste Action Plan



Shown above: The food supply chain with its many energy-consuming components. There are three habit changes to consider if you would like to reduce food waste at home as Christmas approaches:

Awareness: As with any of the waste reduction issues that we need to tackle, the first step is simply to become aware of the problem. We are creatures of habit and before we can think of changing unhealthy habits, we need to see and understand the problem. Perhaps as a home experiment you could track your household waste for a week to get a feeling for how much is wasted. From there you can see how your avoidable food waste occurs and what habits should be changed to try to address that.

Correct storage: Once you decide on the foods you want to bring home, then understand the best storage methods for that food to ensure it lasts until it can be consumed.

Planning: Only buy what you plan to use. Large chain supermarkets are in the business of encouraging you to buy as much as possible which is contrary to efforts to reduce food waste. Think about the use of the item before you make that purchase.

The hierarchy shown (ref: EPA.ie) describes how best to think about the utility of food and if it can't be consumed at home then we should consider other options to get value from it.

Perhaps this Christmas you could consider setting up a home composter to help manage your household food waste and cut down on the amount of material you need to place in costly waste bins.

The site www.stopfoodwaste.ie has been created with lots of useful advice on how to manage your food to minimize waste at home and includes a section on setting up home composting: <https://stopfoodwaste.ie/resources/composting>

Stopping your food waste from going to landfill where it can break down anaerobically and add to our worsening global warming problem, and instead breaking it down in your own composting bin can be immensely satisfying and save you money.

Perhaps this is a new habit you can start over Christmas and take into the new year as one of your resolutions to reduce waste. You could also try the new "Too Good To Go" food app launched in Cork. This is an app that food suppliers (like cafes and restaurants) sign up to so they can notify subscribers of unsold food in your area. If you want, you can then buy a "surprise bag" of the produce for a fraction of the usual cost, and then go pick it up.



Fresh off the heels of Reuse Month and as Christmas approaches, we can start to think about how we can lessen our waste impacts over the Christmas period through more repairs of the stuff we own as well as perhaps making different purchasing decisions for Christmas.

Gift giving and treating ourselves has become part of what Christmas means for many people. Those who are trying to sell more stuff know this and each year the economic “sales machine” goes into overdrive at Christmas time to encourage us to “throw away” the old and buy more new stuff.

Following on from our previous article on ways to repurpose materials, it’s important to remember that many of the electrical and electronic goods we own are repairable. These goods are extremely energy intensive in the way they are produced and unfortunately their useful lives are getting shorter, and repairs are getting more difficult. For example, phone and pc manufacturers are always tempting us with more advanced technologies and attractive new features, and never more so than at Christmas and during the following January sales.

www.repairmystuff.ie is a website that is encouraging us to see out repair services for our electrical goods. It is a directory of these repair services for a variety of goods and includes many Cork service providers. We are encouraged by retailers to upgrade at the first sign of trouble but extending the life of your item by getting it repaired locally is an excellent and very satisfying way to avoid the cost and waste associated with disposing and buying a new replacement.

The issues of “built in obsolescence” as well as “right to repair” for consumers are now being tackled at EU level. The intention is to try to rein-in manufacturers who purposely design items for a short lifespan to increase revenues as well as those making it difficult or impossible to repair your own property. The Waste Electrical and Electronic Equipment (WEEE) forum says that worldwide over 5 billion phones will be disposed of this year and less than 17% of those will be recycled.

The EU “Eco-design” regulations (www.rreuse.org) which came into effect in 2021 will help to boost the repair ability of white household goods and electronics and will also force manufacturers to keep spare parts available for repair for up to 10 years after purchase. It also requires that spare parts need to be replaceable without specialized tools and without damaging the product. While this is a great step forward, the range of products covered does however need to be broadened to also include phones and PCs and also make it easier for owners to access spare parts themselves rather than having to rely on authorized agents.

Cork’s www.repairit.ie is another resource to use for repair of household electronics (phones, tablets etc.). While we are encouraged to think that it’s always easier and cheaper to give up on a broken gadget and just buy a new one, this is often just not true. And if we were to consider the true cost of generating that new gadget and all the processes it takes to get it to you, then repair is nearly always the best option.

Finally, a recap on key tips for Christmas:

This year things will be more expensive than ever before and so most people will appreciate options to help cut down on the costs associated with celebrating. Most of these options discussed for reducing the amount of waste we generate can save you money too.

Refuse: This Christmas say no to single-use. Why not start by carrying a reusable bag or reusable coffee cup? Are highly wasteful Christmas crackers really necessary to put on the table? Perhaps say no to gifts that are over packaged and have a short useful life.

Reduce: Your intake and giving of physical gifts. Invest in experiences that people will remember instead? Buy tickets to your favourite show / gig, go on an outdoor adventure, or donate to your local charity instead of acquiring more ‘stuff. Repair that old device instead of buying a new replacement.

Reuse: Why not reuse old newspapers or waste cloth instead of buying single-use wrapping paper that is often not recyclable.

Recycle: Make your own Christmas decorations with the kids.

Rot: Try a new year’s resolution to start composting your household food waste and cut down on the amount of useful waste you are sending to landfill.



Enjoy a merrier & more meaningful Christmas that doesn't cost the earth!

Just a small snippet of some of the **SPOOKTACULAR** masks we received for our Cork City Heritage and Ireland National Reuse Month mask competition . Congratulations to 3rd & 5th class from St Patrick's School who won €400 worth of vouchers.



DESIGN YOUR OWN MASK

OPEN TO 3rd, 4th & 5th CLASSES

THIS YEAR TOGETHER WITH THE CORK CITY HERITAGE AND IRELAND'S NATIONAL REUSE MONTH WE ARE DELIGHTED TO INVITE YOU TO

ENTER OUR HALLOWEEN ART COMPETITION AND BE IN WITH A CHANCE TO WIN A PRIZE FOR YOUR CLASS. WE HAVE UP TO €400 WORTH OF PRIZE VOUCHERS UP FOR GRABS.

DESIGN YOUR OWN HALLOWEEN MASK USING RECYCLABLE ITEMS THAT CAN BE FOUND AT HOME SUCH AS CARDBOARD FROM CEREAL BOXES, EGG CARTONS, WOOL, PAPER, OLD FABRIC ETC.

TO ENTER, SEND YOUR FINISHED SCARY UPCYCLED MASK TO MAYFIELD CDP CENTRE 328 OLD YOUGHAL ROAD.



 **Mayfield Arts Centre**
Newbury House

Old Youghal Road, Mayfield, Cork.

021 4530434

mayfieldarts@gmail.com www.mayfieldarts.ie



To all of our participants, artists and friends:

Whether you came to paint, draw, print, sew, weave, sculpt, dance, learn, teach, play, relax or chat-

It was our pleasure to meet and welcome you all.

Thank you so much for your support this year.



Merry Christmas from Mayfield Arts Centre and See you all in 2023

Deirdre H, Deirdre M, Cathy, Etaoin, Billy, Emer and Paul

HOMEHELP BONUS

Margaret Healy; Independent Workers Union. 55 North Main Street Cork 0872469079.

No Change to Home Help Service

As we approach the end of another year we can see that the home-care service is really going downhill.

This year has seen a lot of Home-helps working in the Public sector having their hours reduced and the hours are being given to the Private sector at a much less rate of pay.

We can see it in the communities how much this has impacted people who rely on the service. Nowadays it is all rostered and to be honest it is very difficult for the people receiving the home-care service as this has brought a lot of changes.

People have been really let down in regards to the home-care system and this government really don't care one way or the other. In other areas we have people working in the private sector who do exactly the very same work for far less money.

When the Pandemic Bonus Payment was introduced it was supposed to be for the people working during the pandemic. A lot of these people still have not received this payment even though it has been paid to most of the Public sector nothing yet to the Private sector.

Why is it that the people working in the Private sector is left behind all the time is this fair? I have posted the rates of pay the public sector is receiving and just compare it to the private sector it is a disgrace. As time is going by it is getting worse and I suppose at this stage the service will slowly die out of the public system altogether. People should really take notice of this because this is a service that will continue to be axed bit by bit and eventually whether people like it or not they will be forced into nursing homes. There is nothing wrong with nursing homes they provide a great service but the choice wont be there anymore for people when they get older or become incapacitated in any way. I receive a lot of calls from people both in the public and private and they express concern not just on their job situation but on the care of their families as well. It is becoming a very worrying trend now as we face into a new year and nothing seems to be changing.

We have a government who basically could not care less if you look at the health service it is only going one way and that is downhill. People are waiting years for appointments but having said all of this before it is not getting any better and you can see it in the daily care people are receiving. There is a very big process to follow now even if you want to apply for a home-care package and there is no guarantee that it will be given. Health Ministers come and go all the time but they will retire with a very comfortable pension and a good private care system while the rest of us have to wait and wait all the time. So the Health Ministers really don't do anything to eliminate the pressure that is growing and growing all the time on the Health service. That is why people should really take notice of the way the home-care service is being eliminated bit by bit all the time hours slowly being dropped , weekends being stopped, and as time goes by it will get less and less. Not only do I post for the employees I post for the people who are receiving the service and their families because I can see first hand the cuts in this service is having on people on a daily basis.

VOICES OF CORK



Voices of Cork is a community choir for all Voices (men and women).

We meet in St Patrick's Girls Primary school, Gardiner's hill on Wednesday nights at 7.30pm- 9.30pm.

We sing at community events (The Heritage concert, fringe event of Choral Festival for example) and visit hospitals, nursing and care homes.

We enjoy our rehearsal time and a break for a cuppa where we can chat and plan for upcoming events. We would welcome new members. So looking forward to Christmas with our choir and plenty of music and joy of the season Please contact us 087 2523161 or email voicesofcork@gmail.com



Fun, City-Based Mixed Voice Choir

Singing Songs from the musicals, Pop, Classics etc

Ability to read music is not essential.

Recruiting singers for 2022/2023 Season

EMAIL
voicesofcork@gmail.com

PHONE/TEXT
Judy: 0877600654

FACEBOOK
Voices of Cork

WEB
www.voicesofcork.com

We had lots of fun celebrating Halloween in school this year. Check out all our scary costumes. The whole school took a trip to Farren Woods to look at the wonderful autumn trees and all the wildlife.

We really enjoyed taking part in Math Week and loved working with our buddy classes from Saint Patrick's Boys school and our parents when they came to play math games.

As part of our Erasmus Plus funded project- Parental Involvement in our School Community- our principal travelled to Rhodes, Greece and another teacher to Milan, Italy to take part in Job Shadowing experiences. During their weeks away they spoke about school and life in Ireland and also about how we include parents at our school. Back in Cork we welcomed Junior Infant parents into school to make feelings masks with their children.



MAYFIELD MATTERS is a local community newsletter produced in the MAYFIELD CDP COMMUNITY RESOURCE CENTRE by *volunteers* with the support of the CDP staff. It is funded through the adverts placed in the issue, fundraising and grant allocations. **DISCLAIMER:** All information printed in this issue is understood to be true and accurate at the time of printing. The views expressed herein are not those of *Mayfield Matters* or Mayfield CDP. We do not accept responsibility for information found to be untrue, we do not accept responsibility for any grammatical and typing errors. **Please Note:** To guarantee inclusion in the next issue of **MAYFIELD MATTERS** please ensure items are submitted before the deadline which is 20th January 2023

Mayfield St. Lukes Tidy Towns

We would like to wish everyone a Very Merry Christmas and a Happy New year.

We look forward to continuing enhancing our Local Community streetscape in 2023 with the help of our fabulous team .

WE
WISH
YOU A
MERRY
CHRISTMAS

Mayfield Matters acknowledges the support of Cork City Council and the Council's Heritage Plan for the publication of our heritage articles and other heritage activities of Mayfield CDP.



CORK CITY COUNCIL
Heritage Plan



U17 County Champions

Mayfield 3-07 vs 1-12 Kilmurry

Our Fe17 footballers made history a few weeks ago when they captured the Minor County football title with victory over Kilmurry.

An unbelievable finish to the season allowing proud Captain Aaron Hegarty lift the Cup on behalf of the team.

Well done also to Kilmurry who played their part in an epic battle.

Massive congrats must go to the mgt. team of Michael McDonagh, Jamie O Donovan, Paul Condon & Ger Lotty. They have put in huge effort & commitment into this team in the last few years and were just rewarded for their efforts.

Thanks to the parents for their continued support, in driving the players around the county and making sure they are attending training & matches.

Final thanks to our sponsors, Cormac O Connor Butchers & Foodhall as well as Will Cleary in Precision Carpentry.

This day will be remembered for the rest of your lives.

Memorial Competitions

In September we hosted a Fé10 Football tournament in honour of the late Joe Mullane. Joe was instrumental in setting up the structures of the Mayfield Juvenile club in the 1950's, and always had a keen interest in the advancement of the club. The club is very appreciative of the Mullane Family, for giving us the permission, to organise the tournament in Joe's memory.

Eight teams took part: Whites Cross, Passage, Carrig Na Bhfear, St. Vincent's, Brian Dillons, Cobh, Delanys, and hosts, Mayfield. The eight teams formed 2 groups of four. As the competition progressed, we witnessed some enthralling games. A large crowd were present to witness the occasion. Whites Cross were successful in garnering the honours in the cup competition, and Mayfield were victorious in the shield competition.

In October, we hosted a Fé10 Hurling tournament in honour of the late Massie Walsh. Mossie was an integral part of the club for many years, serving as Chairman, as well as many other roles. He always had a huge interest in the progression of the juvenile club. Again, the club is very grateful of the Walsh Family, for giving us permission to organise the competition in Mossies' memory.

Eight teams took part: Lee Gaels, Cashel King Cormacs, Passage, Carrig Na Bhfear, Cobh, Whites Cross, Ballinora and hosts, Mayfield.

Like the football competition, the eight teams were divided into 2 groups of four. Considering the heavy conditions, the large crowd witnessed some great games. The skill level was of a high standard. Lee Gaels were victorious in the cup competition, while Whites Cross were victorious in the shield final.

In both the football and hurling tournaments, the young players that played did themselves proud.

A big thank you to the organising committee, for staging the tournament. A huge thank you to the lads that refereed the games. Both days were highly successful and enjoyed by all. Here's looking forward to 2023.

Academy on the move to District for winter training

Our academy numbers are growing every week with the whole ethos built around having fun and making friends, if you have a child over the age of 4 and want to get them involved then bring them to District Sports Complex on Friday evenings at 6.

Rebels Bounty Draw – Entries now open for 2023!

Congratulations to all our winners so far this year in the Rebels Bounty Draw.

We are delighted to advise that entries for the Rebel Bounty draw 2023 are now open, this could be the perfect gift to give a loved one for Christmas, tickets are €100 and can be paid in full or via Direct Debit.

We will be continuing our internal members draw each month to make sure we have a winner every month. Sign-up today by calling Stephen Hackett on 087-9457227 or emailing pro.mayfield.cork@gaa.ie

Your support is greatly appreciated.

Club Lotto

After well over a year, we are delighted to advise our club lotto is back being filmed in front of a live audience in the club house each week. We would love to welcome you back to the bar for a drink and a catch-up. At the time of going to print, the jackpot stands at €3,200. Help support by playing our lotto online from as little as €1 per entry, you know what they say, "if you're not in, you can't win", go to www.mayfieldgaa.ie to enter. Best of luck!

Function Hall available for all your special occasions! Our function hall is available to book for all your special occasions, please call 021-4508113 any evening after 8pm to discuss your requirements.

Get in touch If you have any news, pics, or Mayfield GAA stories you'd like to share with us so we can share with the community then we would love to hear from you, please email pro.mayfield.cork@gaa.ie

Follow us on social media for the latest news, events, and match reports

 @mayfieldgaa



www.facebook.com/mayfield.gaa



@mayfieldgaa



On behalf of all at Mayfield GAA H & F Club, we wish everyone a Very Happy Christmas.



**O'Connor's Food Hall & Old Bank Café,
10 Colmcille Ave, Iona, Mayfield, Phone 021 453 0541**

Our Christmas savings club is now open for Turkey; Hams; Spiced Beef.
Pop into our butchers to order your Christmas meat.

****Even better, why not take the stress out of Christmas and let us do the cooking. Last orders for Cooking is 12th December****

We also have a gourmet deli counter, hot & cold to take away,
Made fresh everyday from our kitchen.

Food Hall open Mon – Fri 8.am-6pm. Sat 8am-5.30pm

Gift vouchers available

Wishing All Our Customers a Happy Christmas and a Prosperous New year

HEARTFELT
THANK YOU
TO OUR LOYAL
ADVERTISERS,
CONTRIBUTORS
AND READERS
FOR YOUR CONTINUED
SUPPORT THROUGHOUT 2022.

MAY THIS CHRISTMAS
AND NEW YEAR BRING
YOU MUCH JOY AND
HAPPINESS

*FROM ALL AT
MAYFIELD MATTERS
AND
MAYFIELD CDP.*

