



AYFIELD MATTERS

January / February 2025 issue **FREE**



Join us for a day of fun for all the family, young and old, celebrating the many forms of Learning in our local community.

Mayfield Learning Neighbourhoods Festival is a **FREE** event and will bring together clubs, sports and community groups, organisations, supports and services from the wider Mayfield area and Cork City in a lively and fun day of celebration of learning for all!

Sign up for courses, join a club, get information and find out what's happening in your local community!

Entertainment and performances from groups, a Pop Up café, information stands and interactive performances, displays and demonstrations throughout the day with some special guests too!

The Kids Zone will be a hive of activity with art & craft activities, face painting & balloon art. Participate in the egg hunt in preparation for the Easter bunny at Easter.

The Mayfield Learning Neighbourhood steering group will also display the Places of Learning Photographic Exhibition and new Murals will be painted on the day!

The steering group would like to thank its sponsors for the event.

Contact Mayfield CDP at 021 4508 562.

Mayfield Learning Neighbourhood

Mayfield Learning Festival

OVER 50 STANDS
FREE Community Event

EXPLORE

CELEBRATE

PARTICIPATE

- Places Of Learning
- Kids Zone Face Painting
- Community Employment / TUS
- Education & Training
- Pop Up Café
- Activities For All Ages
- Live Music & Dance
- Courses, Clubs & Services
- Sports & Leisure
- Health & Wellbeing



SATURDAY 5TH APRIL 2025

Mayfield Sports Complex
Old Youghal Road
12- 4pm

For more info call
021 4508562

CELEBRATE & PARTICIPATE IN LEARNING IN YOUR COMMUNITY.

INSIDE THIS ISSUE:

Poetry, Stories,
News from Local
Schools & Churches,
Local Arts, &
Style tips.
Details of Upcoming
Courses and Events
& Much More !

CDP
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CENTRE**

CELEBRATING 35 YEARS IN THE COMMUNITY



Mayfield United AFC
Memorial unveiled in
memory of
Jamie Wool



FEBRUARY TO MAY 2025

MAYFIELD COMMUNITY ADULT LEARNING PROJECT C.A.L.P.

Name of Course	Day/Time	Dates	Content
Computers/IT			Content
Beginners computers Group 2	Tuesday, 10- 12 noon. 6 sessions	Starts 1 st April 2025	Basics in computers, set up an email address, use the internet.
ECDL Database	Wednesday, 9- 2pm.	Starts 26 th March 2025	Understand some of the main concepts of databases and demonstrate the ability to use a database application. This includes creating and modifying tables, queries, forms and reports, and preparing outputs ready for distribution, as well as learning to relate tables and to retrieve and manipulate information from a database by using query and sort tools.
Computer Tablet Made Easy Group 1	Tuesdays 12.15- 1.45pm (3 sessions)	Starts 4 th March 2025	Basics in how to get the most out of your Computer Tablet.
Computer Tablet Made Easy Group 2	Tuesdays, 12.15- 1.45pm. (3 sessions)	Starts 6 th May 2025	Basics in how to get the most out of your Computer Tablet.
WELLBEING			Content
Mental Health course in conjunction with UCC	Wednesday, 5 th March 2025. (4 sessions)	Starts the 5th March 2025	Basic introduction to what mental health means, the causes and the tools to support positive mental health.
Seasons of Growth	Wednesday, 26 th March 2025. 10- 12.30pm. (9 sessions)		Explores the area of loss in any context of one's life, using Seasons as a metaphor.
Mindfulness	Thursday, 10 - 12.30pm (4 sessions)	Starts the 13th March 2022	Basic introduction to mindfulness techniques.
Nutrition & Wellness	Thurs, 10 - 12 noon (4 sessions)	Starts the 1st May 2025	Nutrition and wellness, gentle movement and relaxation.
Pilates	Wednesday, (4 sessions) Group 1: 10.30 - 11.40am. Group 2: 11.50 - 1pm.	Starts the 30th April 2025	Basic introduction to Pilates.
FIRST AID			CONTENT
Basic First Aid	Monday, 9.30 - 3.30pm. 1 session	10 th March 2025	This course gives a participant the basics in first aid.
First Aid Response (FAR) course (accredited)	Full attendance required. 9.30am to 5pm	26 th , 27 th & 29 th May 2025	Accredited course in first aid, valid for 2 years & 1 month. Full attendance & completion of exam is required.
Community Defibrillator Training	Monday, 9.30am to 2pm. 1 session	28 th April 2025	This training shows you how to use a defibrillator correctly.

Creative			Content
Flower Arranging workshops	Mondays, 10.30am to 1pm (4 sessions).	10 th March '25. St Patrick's theme. 31 st March '25. Easter theme. 7 th April '25. Easter theme. 12 th May '25. Summer theme.	Creating beautiful floral creations. Learning the skills to do this.
Easy Cookery	Fridays, 10.30am to 12.30pm (4 sessions)	Starts Friday, 2 nd May 2025	A fun way to learn how to create easy dishes, sweet and savoury.
Photography	TBC	TBC	Basics in photography using your phone or camera.
Ukulele Basics	TBC	TBC	Basics in how to play the ukulele.
Gardening course	Tuesdays, 10am to 11.30am (10 sessions)	25 th February 2025.	Growing outdoors – vegetables, plants etc. People can join the group up to 3 weeks from the start date.

To book a place on any of these courses, please contact Mayfield CALP on 4508562, email mayfieldcalp1@outlook.com or call into the office in the CDP Community Resource Centre, 328 Old Youghal Rd, Mayfield, Cork. For more information keep an eye on Mayfield CDP Facebook page. Courses are funded by Cork ETB & Cork City Partnership CLG.





COMMUNITY OUTREACH WORKER

Siobhán O'Neill

Siobhan is the new Outreach Worker with Mayfield Community Development Project and her position is funded by the Community Foundation of Ireland.

Siobhan's role is to help single parents access community education courses, services and supports in the community.

So, if you'd like to find out more then please contact

Siobhán at:
089-2399644 or 021-450 8562
Email: mayfieldcdpoutreach@outlook.com

Mayfield Community Mentor

There is always a way - just ask



Why not give the Mayfield Community Mentor a call and find out what works for you.

One To One Advice and Support On

- Education Opportunities
- Filling In Application Forms
- Starting a New Hobby
- Doing A Short Course
- Changing Jobs/ Upskilling
- Returning to Education

CALL TEXT OR EMAIL

MAYFIELD CDP
328 OLD YOUGHAL ROAD
T23 CX7D

083 084 6384 **021 450 85 62**

mayfieldcommunitymentor@gmail.com





OLD TRADITIONAL WAKES IN IRELAND

Geraldine McAuliffe

Ireland long ago had many traditions and certain features were a sure sign that death would come close in the community. Some of the most famous traditions were The Crowing of the Cock, and the presence of Grey Crows about the house, and of course the hearing of the Famous Banshee. Many people believed in these old customs, and some of these old customs are still in Ireland today.

For instance if a person was seriously ill the custom was to have the habit in the home and the sick person was given the privilege of touching his/her habit. This was supposed to make the individual more reconciled to die. After the person died the corpse was left undisturbed and this was allowed so that the deceased would go safely to heaven. People stopped work in the fields as a mark of respect for the dead and in the deceased's house the "Clock" was stopped at the time of death and all the mirrors in the house were covered over.

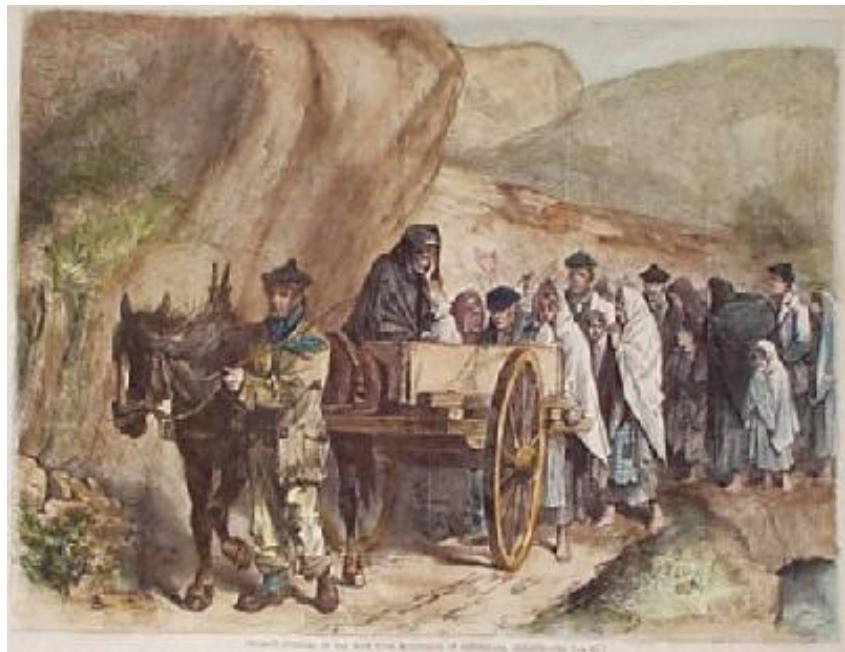
People in the nearby area were allowed to come and pray for the deceased in his/her home. One individual in the deceased home was given the task of notifying all the neighbours of the death in the family. The laying out of the corpse was very important and great care was undertaken for that special event. One person in the house lit the blessed candle and read and recited the litany of the dead. Once death had taken place the corpse would be left undisturbed for a certain period of time in order to allow the deceased to go safely to heaven.

One of the old customs at that time was the laying out of the corpse which consisted of having five sheets present in one's home. One of the sheets went under the corpse, one sheet goes over, one goes to one side, and one each at head and foot. One also had to have brass candlesticks in one's

home for the event. Five candles were lit and were kept lighting for the corpse. The water in which the corpse was washed was regarded to have a cure in it, and people used it for certain ailment. When the corpse was coffined and before the lid was put on every member of the family had to cry over the corpse. The old traditional wake had to have the "Keeners" and they usually came from miles around and were paid to attend the wake. Their job was to perform at the wake. It was considered disrespectful for the family not to have these "Keeners" present at the wake and the funeral.

For the wake it was important to have food, drink and tobacco and snuff, as a large gathering of people would be attending the wake. There were chalk pipes supplied also at the wake. The chalk pipes were given to the men to smoke. Everyone at the wake male and female young and old is expected to take tobacco or snuff. Many of the young men present would gather the wood for the fire and this task was to continue throughout the whole night. It was essential to keep the fire burning.

A wake would be like a wedding with all the fun and laughter and when the deceased was old everyone dressed up in different clothes to celebrate the passing of the old soul. This gathering of people together, young and old, male and female, gave the matchmaker the opportunity of introducing these young people to one another, and some marriages took place at a later stage due to the matchmaker. The "Keeners" were also present at the funeral and would cry and wail over the deceased and this was carried out for a long time in Ireland. When the person died his/her clothes were given away to another and this was seen as something that would benefit the soul of the deceased. Some of these customs helped people to get through a mournful time, went on for a long time and were part of the old Irish culture.



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“Our commitment is to personally serve bereaved families in the Cork region with a sincere and professional service”



SWEET CORK OF THEE.

A Tribute to Robert Gibbings.

Aidan O'Shea



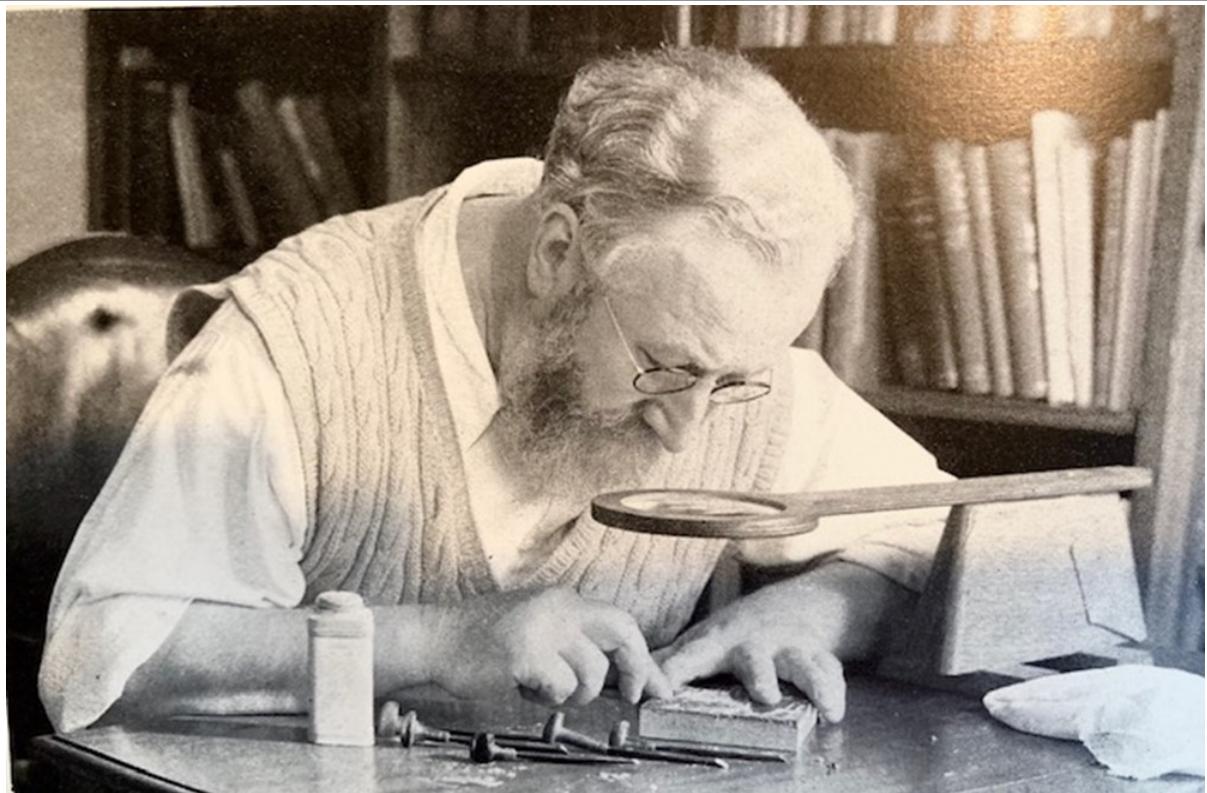
Gougane Barra by Robert Gibbings

Robert Gibbings (1889-1958) was a Cork-born engraver, illustrator and author of note. He was the son of Rev Edward Gibbings, rector of Carrigrohane, and Caroline Gibbings, née Day. His birthplace by the River Lee inspired two of his finest books.

Robert registered at UCC in 1906 to study medicine, and studied part-time at Crawford College of Art. He left UCC in 1911 without a degree. He then travelled to London where he studied at the Slade School of Fine Art and the Central School of Arts and Crafts. It was here that he combined art and craft by concentrating on wood engraving.

Wood engraving blocks are typically made of boxwood or other hardwoods such as lemonwood or cherry. They are expensive to purchase because endgrain wood must be a section through the trunk or large bough of a tree. . The block is manipulated on a "sandbag" (a sand-filled circular leather cushion). This helps the engraver to produce curved or undulating lines with minimal manipulation of the cutting tool. Wood engravers use a range of specialized tools. The lozenge graver is similar to the burin previously used by copper engravers and comes in different sizes. Various sizes of V-shaped graver are used for hatching. Scorer for clearing larger areas. Wood engraving is generally a black-and-white technique. The engraved piece is mounted into a printer, and gives an impressive result, as seen in Gibbings' engraving of Gougane Barra above.

Gibbings volunteered for war service in 1914 and was commissioned into the 4th Battalion, Royal Munster Fusiliers. He took part in the landings at Gallipoli, and was wounded in action. On recovery, he later served at Salonica and Palestine. In 1917, he was stationed at Bere Island in Bantry Bay. He was invalided out of the military in 1918 with the rank of Captain. The Imperial War Museum in London holds some of his wartime drawings.



Robert Gibbings in his studio

Gibbings was a founder member of the Society of Wood Engravers in 1920. He took over Golden Cockerel Press, a publisher of limited edition fine art books in 1924. His flair for storytelling, travel and engraved illustration flourished. His most popular books include *Sweet Thames run softly* (1940), *Coming down the Wye* (1942), and *Lovely is the Lee* (1945).

He also presented some documentary programmes of his river journeys on BBC Television.

Despite post-war shortages, the book on the Lee was chosen as book of the month in the USA. Gibbings returned to the theme of Cork with *Sweet Cork of Thee* (1951) which was reprinted in 1964. The two Cork books give a vivid picture of life in the city and county, full of characters and the beauty of the landscape. Both books are available at Mayfield Library, Index Number 914.195. Robert Gibbings was conferred with an honorary MA by UCC in 1938. He moved to Long Wittenham, Berkshire in 1955 and died in 1968. A memorial exhibition of his work was held at the Victoria and Albert Museum London in 1960.

MAYFIELD EAST INDOOR BOWLS CLUB EST 2000

CELEBRATING 25 YEARS.

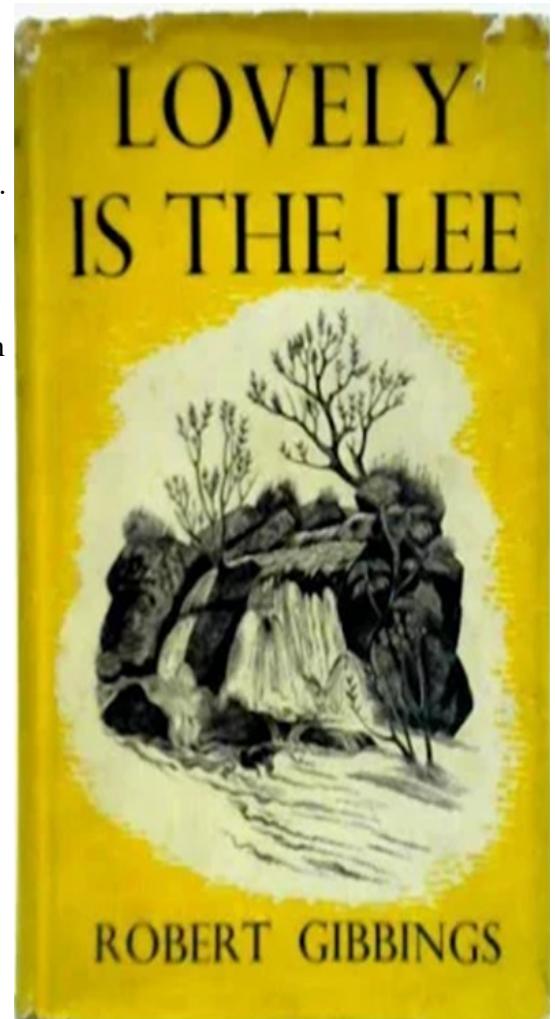


KERRIGAN TYRELL HALL, TINKERS CROSS,
MAYFIELD, T23 E295

WE ARE IN NEED OF NEW MEMBERS

Every Tuesday 2pm-4pm
€2.50 per week
Bowls supplied

Club secretary Mike Loring.



BRICKS AND MORTAR

Dave o Sullivan

Bricks and mortar formed a strong lasting bond
After meeting up on a 'Jericho' building site.
Their union has lasted ten thousand years
Confirming the belief in love at first sight.

The first bricks were made out of mud
And were hardened by the rays of the sun.
As far as building workers were concerned
They were a brilliant underrated innovation.

Those amazing structures the Egyptian Pyramids
Were built with large quarried blocks of stone.
For the men who hauled those blocks into place
It ensured many a damaged painful backbone.

As there was no shortage of mud to be found
The brick makers craft came into its own.
It was far easier to make bricks from mud
Than digging and extracting blocks of stone.

The introduction of brick on site was a godsend
And for the workers they were heaven sent.
When compared to lifting blocks of stone
Which left men crippled, broken and bent.

When brick makers discovered how to glaze bricks
They were hired to work in Babylon and Persian Palaces.
The amazing glazed brick panels they created
Were the work of gifted brickmaking geniuses.

The original 'Ishtar Gate' must have been a stunning sight
To go by its re-creation in the 'Pergamon Museum' in Berlin.
Yet, did the Babylonians who witnessed its construction
Whisper and moan about what it was costing.

Regarding the soldiers in the 'Frieze of the Archers'
Which can be seen in the 'Louvre Museum' in Paris.
That stylish squad of glazed brick warriors
Were the bodyguard of the ruling king Darius.

But the common bricks also got their chance to shine
When they began to be used in standout projects.
And as they could be made in various shapes and sizes
They were used on buildings basic and complex.

Since bricks and mortar first jelled in 'Jericho'
Their story has been traced and written down.
Corks bricklayers too have left their mark
On the many fine buildings dotted around town.



POETRY PAGE



Please send your poems to:
mayfieldmatters@outlook.com
or hand them into the
CDP Resource Centre .
(we will even type them
up for you).



SPRINGTIME

Harry A O'Shea

The tell-tale signs of Spring arrive once more;
I hear birds, early morning near my door;
They like a little cheese and dampened bread
As I begin to bathe my sleepy head.

The New Year bulbs are springing up again
Moistened by St Brigid's blessed rain;
The children all wrapped up make way to school;
Armed with books and pencils and plastic rulers.

And then the bus or taxi comes along;
To drive all to school - house with a song;
The teachers pleasant, greet all with a smile,
Out with the pencils, rulers, for a while.

School days were a hopeful time of life;
Great plans are made to end the world of strife;
I remember my own school days long ago,
But now 'tis time - Bring on the Late Late Show.

THE LITTLE BLUE PILL

(A Little Nonsense)

Richard Goodison

There are tablets of all shapes and sizes
Retrieved from my chemists' full shops,
Round, oval, and full of surprises,
Long, short, flat, variety ne'er stops.

It's the little blue tablet's the bother,
Just out of its blister-pack freed;
It immediately goes on a runaway
Like the train that Burl Ives sings its speed.

Indeed they are medically helpful
If taken at regular times
But the prob is in getting them mouthward
Down to one's gullet assigned.

They do have their multiple good points;
In fact they help lighten the gloom,
Clear away the nuisance false voices,
Are effective as housewife's swift broom.

Prescribed thrice a day by my doctors
The problem I see is indeed
Getting one to my mouth's entrance
From tinfoil pack in time of need.

No sooner squeezed out of its cover
One often takes flight on a run,
Getting lost in some shelt'ring concealment
Or escapes down a drain for the fun.

I don't know if it's really deliberate
But inanimate object though yes,
The little blue wretch has its own mind,
Goes astray to where I cannot guess.

The solution's quite simple o really,
Release from the pack with a tip,
Dropping the pill in a saucer
So's it cannot escape o'er the lip.

AFTER THE STORM

Jim Williamson

The snowdrops have survived the storm.
As did I, still safe and warm.
There's water and there's power here.
But not for some who persevere.

Nature can be kind, then cruel.
Perhaps it's fun to have no school.
To have no water, heat or light,
now that is not a pleasant sight.

These storms appear more frequent now.
Perhaps there is a way somehow,
to put those cables underground.
A plan like that, would seem quite sound.



FUTURE FULL OF COLOUR

Lisa Murphy

I never thought I'd find my way
To a day that's full of joy
All the steps that I did take
Were courage's on my voyage.

From leaving school, not knowing my plan
I entered a world real bleak
But it didn't stop me on my tracks
And education I would seek.

Every hill that I would climb
Would be an achievement I would own
I slowly found my strength within
The powers are always known.

A future full of colour,
Nothing would be dull or grey.
I lit the candle of my dreams;
My light would lead the way.

So I take a moment to believe
I am somebody who did rise
From St Patrick's to MTU
I have finally won my prize

OUR LADY CROWNED CHURCH

Upper Mayfield Parish, Cork T23 K377

phone: 021-4551276

Parish Clergy Contact Details Moderator & Co-PP:

Fr Charles Kiely Our Lady Crowned Church, Upper Mayfield, Cork. Phone: 021-4551276 ~ Mobile: 086-2308622



Assistant Pastor (AP): Fr Liam Ó hlcí , St Joseph's Church, Mayfield, Cork. Phone: 021-4503531 ~ Mobile: 087-2667699

Weekend Assistant: Fr Dwayne Gavin

Parish Office/Sacristy: 021-4551276 Email: office@olcmayfield.ie Livestream: olcmayfield.ie/livestream

Website: www.olcmayfield.ie Facebook: Our Lady Crowned Mayfield



Congratulations to the pupils of Scoil Mhuire agus Eoin, St Patrick's Boys and Girls Schools and Gaelscoil an Ghoirt Álainn who recently received the Sacrament of Confirmation.

Ash Wednesday 2025 Wednesday 5th March

Mass with the Distribution of Ashes Our Lady Crowned Church at 9.30am St Joseph's Church at 10.15am Holy Family Church at 10.15am

St Patrick's Day 2025 Monday 17th March Mass with the Blessing of Shamrock 9.30am at Our Lady Crowned Church, 10.15am at St Joseph's Church.

Cork and Ross Lourdes Pilgrimage 2025 The Annual Cork and Ross Pilgrimage to Lourdes which will take place this year from Friday 19th to Wednesday 24th September. As a Family of Parishes (Our Lady Crowned, St Joseph's & Holy Family Churches) we will travel with the Diocese. On Friday mornings after the 9.30am we will have our Lourdes Saving Scheme if you wish to start saving or need details about the Pilgrimage. If you wish you can contact Fr Charlie directly for details about this year's Cork and Ross Pilgrimage to Lourdes . If you wish to travel as a pilgrim, assisted pilgrim, helper, carer, nurse, doctor or a youth helper - phone 086-2308622

Baptisms in Our Lady Crowned Church and St Joseph's Church. The Baptism Preparation Team has been re-commissioned and all parents presenting children for Baptism will be required to take part in a Preparatory Session prior to the Baptism Ceremony. Further details in the coming weeks.



In our Family of Parishes our ministry to the sick and housebound is very important to us. Fr Charlie or Fr Liam will gladly visit you. Also our Ministers of the Eucharist will gladly bring Holy Communion to you. For details please contact the Parish Office in Our Lady Crowned Church, St Joseph's Church or Fr Charlie and Fr Liam.



Our Lady Crowned St Vincent de Paul Our Conference is very active over many years in Mayfield. Through the generosity of the community we are able to support many people, families and individuals who experience financial and other pressures. We are aware that the rising costs around fuel and food particularly are an added burden at this time. If you, or someone you know are in need of support, please consider contacting us. Contact can be made to the St Vincent de Paul offices on Tuckey St or by phone 021 4270444, or by dropping a note into the church sacristy of Our Lady Crowned Church. We assure you of complete confidentiality at all times. We are presently looking for volunteers to assist us with the monthly church gate collection. If you would like to help please call Heidi on 086 3481900.

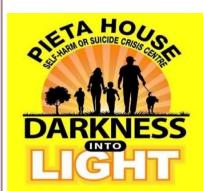
Date For Your Diary

Darkness in Light
Northside Saturday 10th May 2025. This event will take place on Saturday morning May 10th on the Northside in our area - more details etc. will be given in the coming weeks. Please support this event and all proceeds go directly to Pieta House. Last year we raised €25,000.



World Day of Prayer 2025
Theme 'I made You Wonderful'

Friday 7th March 2025
after the 9.30am Mass
at Our Lady Crowned Church ~ Mayfield
All are welcome



Diocese of Cork and Ross

Is God calling you to be a Diocesan Priest If you are interested in more information, please contact via Email: vocations@corkandross.org

Ministry of Altar Server at Our Lady Crowned Church

Girls and Boys in Primary School who have received the Sacrament of Holy Communion and those in Secondary Schools are invited to apply. Please inform Fr Charlie or Pat in the Sacristy after Masses if you are interested or by email: office@olcmayfield.ie . Completed Applications to be returned to the Parish Office. **Training will be given.**





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Warning: If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future.

Our Lady Crowned Credit Union Limited is regulated by the Central Bank of Ireland.



Mayfield and St. Lukes Tidy Towns

In May 2017, Mayfield St Luke's Tidy Towns was set up by Cllr Joe Kavanagh and it has gone from strength to strength ever since.

People living in our community take great pride in their neighbourhoods and public spaces. This is experienced repeatedly in the level of enthusiasm and goodwill that is shown to the Tidy Towns volunteers by local businesses and residents as we pursue our various projects in the community.

The Tidy Towns group engenders positivity, pride in our locality, and a determination to highlight the best of our local community. The name 'Mayfield and St Luke's Tidy Towns' derives from our status as a community organisation that links directly into Cork City Council via both the St Luke's Policing Forum and the Mayfield Policing Forum. It is a simple and direct system and it has proven to be effective. The Tidy Towns Organisation has a management committee which organises the fortnightly clean-ups, planting and painting as well as planning future projects. The following are examples of high visibility projects in the area:

- Planting and re-planting flowers in the trough and boxes at St Lukes Cross.
- Planting and re-planting flowers in the three troughs for Mayfield Plants Positive: Tank field, Colmcille avenue and Boherboy Road.
- Maintaining the parklet outside the Frank O'Connor Library.
- Planting in the large bed on the Middle Glanmire Road.
- Clean up of footpaths on upper Colmcille Road near the business area and general clean-up of the area up to the junction of Old Youghal Road.
- Litter picking and clearing throughout the area from Silversprings Hill to Wellington Road.
- More planting, weeding, painting, and litter picking are planned for this coming year.

The level of local volunteer commitment every Saturday is fantastic and we are looking forward to 2025...

If you wish to get involved and volunteer to help at any of the forthcoming projects you can message the Mayfield St Luke's Tidy Towns Facebook page, or call Joe at 086 2307507.



THE ST. LUKE'S GUILD OF THE I.C.A. WELCOMES NEW MEMBERS

Meetings take place twice a month on Thursdays at 8pm in the Hall of Holy Family Church Military Hill.

A varied programme is offered including:
Talks on Health, Local History, Outings and Tours, Celebration Dinners, Parlour Games and Competitions, Arts and Crafts, Sing Songs, Meeting of Friends and Neighbours.

For further information contact 087 6430610.



086 2307507 joe_kavanagh@corkcity.ie
[/joekavanagh.397](https://www.facebook.com/joekavanagh.397) [@JoeKavanaghCork](https://twitter.com/JoeKavanaghCork)





MAYFIELD LIBRARY Old Youghal Road, Mayfield, Cork.

Tel: 021 492 4935 Email: mayfield_library@corkcity.ie

Website: www.corkcitylibraries.ie

Mayfield Library is branch of Cork City Libraries



Little Eibhlís Yelverton stands proudly next to her winning entry in Mayfield Library's Christmas Colouring Competition.

Eibhlís came second in the Age 3-5 category, mixing a bold combination of reds, yellows and blues.

Accompanying her, when collecting her prize, is her even littler sister, Orlagh.

Well done to all who participated, and allowed us to decorate the children's library with your creative work.

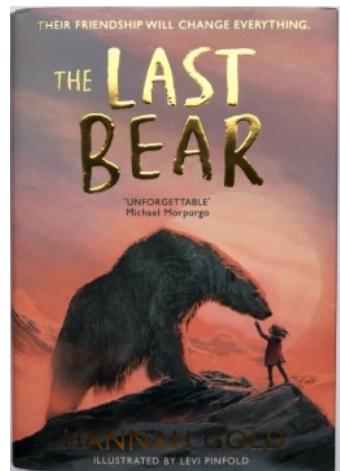
Mayfield Library hosted the closing ceremony of "One Book, One Community" on Wednesday, January 29th.

This literacy initiative is strongly supported by the HSCL (home, school, community liaison) teachers, and staff generally, in schools across the Northside of the city.

Pupils from eight schools, accompanied by their teachers, descended on the library to wrap up their reading of "The Last Bear" by Hannah Gold. Centering on a young girl's struggle to save the last of a population of polar bears, the story explores the bonds of connection between children and animals and the environmental dangers facing planet Earth.

The participating schools were St. Mark's, St. Brendan's, Scoil Oilíbhéir, St. Patrick's Boys, St. Patrick's Girls, St. Aidan's, Mayfield Community School and Scoil Mhuire agus Eoin.

The readers explained the plot to parents and other guests, discussed their views of the book, and showed their artwork inspired by it. After refreshments and further mingling the morning's ceremony concluded and all bustled back to their respective school.



Mayfield Library's art exhibition for February is "Vivid Dreams" by Snejana Angelova. Says the artist of her work, "Vivid Dreams manifested and was created over the last two beautiful years of my life, when I came back to Cork after a long break spent around Europe. My adopted home, Ireland, inspires me every day, she allows me to dream of beautiful places, and brings to me a state of mind which I visit and interpret through my paintings". Born in 1980, Snejana spent her formative years in a mountain resort in her native Bulgaria. Music and art were always beckoning passions, but formal study led to 20 years in engineering. Visiting Ireland, however, proved a new chapter in the Engineer's life, awakening deeper desires of her soul and their expression in painting. "Vivid Dreams" is mixed media on canvas in acrylic with some oils and pastels. Most of the works are unframed to enable them to "breathe". "Vivid Dreams" runs at Mayfield Library to February 28th, and will be followed by "My True Self" by Diana Sipova launching on March 1st.



THE IMPORTANCE OF BEING EARNEST (ERNEST) IN USING A PERSON'S NAME

Patrick Keating

Introduction.

I have taken this topic from the play by “Oscar Wilde” where the Philosophy was described as “We should treat all the trivial things of life very seriously and all the serious things of life with sincere and studied triviality”.

We are all given a first name/s and I will not say a Christian name, as those from different religions would not agree and there can be different customs, whereby the tradition of giving names can be handed down from family members. Whatever, we have no choice in the matter in our given forename and from an early age quickly begin to realise who we are in this world and respond accordingly - it is our identity for life and encompasses our whole being, as a person distinct from others, who may even have the same forename. I suggest it is one of the most personal possessions we have, although the surname may change, we invariably keep our given forename.

Our forename/surname will be used in all forms of necessary documentation, such as our birth certificate and in between for all manner of registrations etc. until our death. Depending on what you have achieved in life, it will either be quickly forgotten or remembered for good or bad reasons and in the case of Oscar Wilde - both!

The relevance of your forename cannot be overstated in everyday usage and determines, in my opinion, how you are treated as an individual and the respect you have among your peers. I know from personal experience, gained over many years of meeting and greeting people, that when you introduce yourself or being introduced to others, your forename is mainly given and will be used henceforth. It is the personal choice of others and likewise yourself, whether or not the effort is made to remember or use it. I suppose it depends on how we are seen initially.

It establishes the relationship from the first moment and generally, if your name is not consequently mentioned in an everyday greeting, such as “good morning”, then the seeds are sown, whereby I contend there will be no friendship and definitely no “bond”, in any environment, because there is no connection. Simple as, and trust me on this one! You have not been recognised as a person or individual and a lot of people do not even realise this important and earnest fact of basic communication. Even animals (ok then - not all) respond to their given name and try calling back Fido, when it goes wandering without a name! Proof of my point could be that a person you might spend a working day with, will have already acknowledged their ‘pet’ by their name and blindly, whether consciously or not, simply ignore or recognise a fellow human being, as to their existence. So sad, but I guess ignorance is bliss.

Personally, when I meet new people, I do my utmost to remember (not always) their names and get a sense of satisfaction when my name is personally used and I’ve been called everything from Darling, Bolloc*s, Paddy, Pat or Patrick, depending! Quote from the man himself - Oscar - “The Truth is rarely Pure and never Simple”.

I am dedicating this piece to the dear departed “Killian” who has probably found his niche in his new job, but will be remembered for his common touch whilst here in the CDP centre, by welcoming all with his smile and helping everyone in his unassuming and pleasant manner. I wish him well and good luck. Last quote amongst many from Oscar - “Be yourself, everyone else is already taken”!

Mayfield Health Action Zone

Craft and Chat Monthly

THURSDAY 10AM TO 12PM

Craft Workshops facilitated by Mayfield Arts

Lower Level Roseville House

Third Thursday of the Month

Different theme each month.

Cost €5

All Materials Provided

For more Information Contact Fidelma Community Health Worker 087 1800 210 All welcome but booking required due to limited numbers

CDP Cork康加郡 Kerry HSE Mayfield Arts Centre

Mayfield Health Action Zone

Weekly Schedule

Mayfield

Health Action Zone

Working together for Community Wellbeing



For further Information Contact Fidelma
Community Health Worker 087 1800 210

Monday Am

- Fun Walking Group Mayfield Movers 10am to 11.30am meeting at Lower Level Roseville House
- Fun Walking Group Mayfield Movers ON TOUR 11am meeting point dependent on walk location. This is fortnightly not weekly. (joint venture with the CDP)

Monday Pm

- Acupuncture 12pm to 1pm
Location Lower Level Roseville House (run in Blocks)
- Fun Bingo 2pm to 4pm
Location St. Joseph's Community Centre.

Tuesday Am

- Chair Yoga 10am to 11am
Location Lower Level Roseville (run in Blocks)
- Chair Yoga 11am to 12pm
Location Lower Level Roseville (run in Blocks)

Tuesday Pm

- Flower Arranging 12pm to 1.45pm
Location Lower Level Roseville House

Wednesday Am

- Short Courses Movement Based 10 to 11am
Location Kerrigan Tyrell Hall
- Community Garden 11.30am to 1.30pm
Location Mayfield CDP (joint venture with CDP)

Wednesday Pm

- Singing for the Brain 2.30 to 4.30pm
Location Lower Level Roseville House (run in Blocks joint venture with Lotamore FRC)

Thursday Am

- Fun Dancing 10 am to 12 pm
Location St Joseph's Community Centre
- Craft and Chat 11am to 1pm
Location Lower Level Roseville House

Thursday Pm

- Martin's Music Mayfield HAZ Band 1.30pm
Location Kerrigan Tyrell Hall

Monthly

- Book Swap second Thursday of the Month 12 to 1pm
- Craft workshops Third Thursday of the Month 10 - 12pm

Contact

Fidelma O'Connell
Community Health Worker
087 1800210

Have you ever thought about finding a way to express your creativity? Are you already a crafter? Would you like to learn skills that might support a new hobby? Would you like company while you work on a project? If you have answered yes to any of these questions then the Craft and Chat group could be for you.

The Craft and Chat group meet on a Thursday morning in the Lower Level Roseville House 11 to 1pm. This is a free social group where people work on knitting, crochet, needle crafts, paper crafts and basically any craft that transports easily. Here you can work on your craft, have a chat and the ever welcome cuppa. As well as their own projects the group support Cork based charities and supply knitted crafts to Beech Hill Garden Centre (Cope Foundation) and blankets to the Blankets of Hope.

To support those who would like to get involved in the Craft and Chat but feel they don't have the skills we have partnered up with Mayfield Arts and the third Thursday of every month we will have a tutor led session from 10 to 12pm. This will be instead of our usual 11 to 1pm session.

These sessions will have a variety of themes and will introduce you to new skills to support your crafting hobbies. All materials will be supplied for the tutor led sessions and there will be a cost of €5 per session to help cover the costs. Numbers will be limited so you will need to book in for the tutor led sessions.

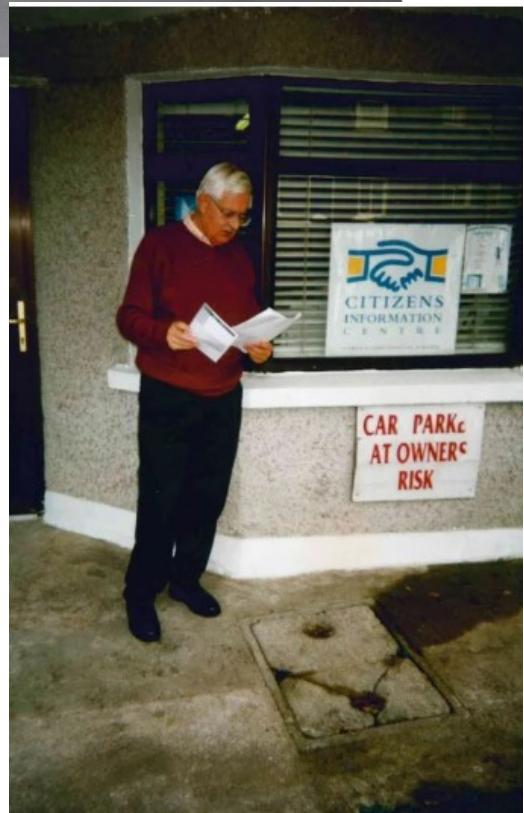


Former Lord Mayor pays tribute to CDP Management and Staff.

On Friday the 18th June, the then Lord Mayor, Councillor Dara Murphy hosted a reception for the volunteers and staff of Mayfield CDP in recognition of their forthcoming 20th Anniversary of the setting up of Mayfield CDP.

The Lord Mayor paid tribute to the work done over that time and made special presentations to volunteers, Noreen Curtin and Tom Walsh for their long service and commitment to the CDP.

In return Tom Walsh, Chairperson on behalf of the CDP presented a copy of the Local History Book a Sense of Place to Cllr. Murphy and his wife Tanya.



MAYFIELD MATTERS TABLE QUIZ

October 2010

A big thank you to those who attended our recent table quiz in support of Mayfield Matters, we are very grateful to everyone who took part and the many people who couldn't attend but made donations of cash or prizes for our raffle. We would like to acknowledge the local businesses who also gave prizes and a list of these was circulated on the night. Almost 1,000 euro was raised and this will be a great help in defraying the costs of the new photocopier.

The Quiz was a close fought one and in the end after even two tie-breaker rounds there was nothing between the two teams. It was agreed to split the prize between the two and this was done. To our surprise and delight however, both teams in turn returned their prize money to us towards the cost of the new photocopier. This generous action was really appreciated and we feel it was symbolic of the way the community appreciates the value of Mayfield Matters. We would like to thank especially Dan McSweeney who was our "Warm Up Act" and had us all rolling about with laughter at his jokes and yarns! A great storyteller and entertainer that we are very lucky to have in our community.



Dan and Ann McSweeney



Ena, Margaret and Eileen some members of the folding team of Mayfield Matters Newsletter.



The Right Honourable Lord Mayor of Cork, Councillor Dara Murphy pictured with Noreen Curtin Chairperson Mayfield CDP, Brenda Corcoran CDP Coordinator and Tom Walsh of Mayfield Citizens Information Service. at the launch of the new Mayfield Community Directory.



lilliancourtneycoaching@gmail.com 0860339842
Workshops, talks on confidence and motivation. One to one and group life coaching.

**Alive but not “LIVING”
FIND TIME TO LOVE YOU THIS VALENTINES.**

Lillian Courtney Coaching

My classic lady (I call her) who moved so fast for so many years was now slowing down. Her fight to keep going was frustrating her so much. She stood in line at the local shop dressed flamboyantly as was her character and her signature. Still radiant and beautiful she looked at me with familiar eyes and sparks shone from her soul at the realisation and recognition that it was I. I always feel special and elated when leaving our conversation anytime I meet her. This time it was different. The normal youthful energy of this lady in her late 80's I could see dimmed in front of my eyes that morning. I was very saddened. "I'm alive but not living Lillian" she said. There was no sun in her heart to brighten her day.

(I felt this article was different, a more soulful one). She explained how she was minding her cousin with progressive Alzheimer's and could not get help as she herself was mobile and able to cope. (Imagine at that age getting no help). Moreover, her cousin did not want the help. My heart was heavy leaving her and this is the reason I believe I needed to give some points on how to handle this situation.

When we are with family there always seems to be the one person left behind as the carer on a daily basis as so many people have jobs and other commitments. This is very hard on one person. I remember my Mom had Alzheimer's and stayed with me for a year. I just loved having her until it got really hard with 3 children. The last thing I ever wanted was for her to go into a home. My sister was in Dublin and tried her best and my other sister took over for a few months before Mom went into the home. The guilt was overwhelming to the fact I lost over a stone in weight. You're not the same person going through this transformation with the person. I must say one becomes so protective. They become the child. When they are fully in it they are oblivious of worries or what happened and pick out a time in life and a certain age. When Mom settled I realised the stimulation and care for 24 hours she was getting was so important, life is so different now from before in our mothers time where life was slow paced and women did not work, where grandparents lived with the children. I realised this was the right thing for her. Music, day activities and a secure place as it was getting to a stage where she was heading off to her childhood home anytime she saw the door day or night. She had the passive quiet Alzheimer's as there are very violent types of it. Beautiful and kind she remained. I would suggest asking for help if you, the carer are burnt out (which is 100%) it is so hard to continue living while being alive.

Why do we get burnt out?

1. Constant support:- Constantly supporting someone who is unmotivated or suffering from any illness can be very emotionally exhausting.
2. Shared Environment:- The shared environment can lead to demotivation and a low energy atmosphere.
3. Lack of Inspiration: Being around someone either lacking in motivation or suffering from a long term illness can make it difficult to feel inspired as the lady said "surrounded by a dark cloud daily".
4. Unrealistic expectations: It's important to acknowledge that you cannot single handedly fix someone else's motivation or health issues. It's unsustainable to your own health. You can try. Getting out with the person is great for both parties. Getting your own time is essential.

TIPS: 1. **SELF CARE:** Prioritise your own physical and mental health. Make sure you're getting sleep, eating well and exercising and meeting others letting them know your situation. Getting out.

2. **SEEK SUPPORT:** - Speak to the local Dr., community nurse or relevant area. Develop strategies for coping. Begin by looking at the solution now and not the problem.

3. **SET BOUNDARIES:** - if you do not have anyone to help it is impossible to do this. But with NO 2 above, by making out new coping mechanisms will help so much. If you have family, make out a schedule that suits all parties.

The reason people feel “not alive” is because they love this person, have a strong emotional connection so much so that they blank out their own needs. Also in so many cases they have no help and are burnt out. No “SELF TIME”

Seeking help is a sign of wisdom, not weakness. In the winter of life in this situation especially when we begin to slow down it is so important to put one's hand up and shout "I need help!".

Are you alive and living OR not living only existing? What changes can you make today?

Matthew 7:7-8:- Ask and it will be given to you, seek and you will find, knock and it will be open to you. The importance of faith, persistence and seeking God's will. It is very hard to cope in the situation that this lady friend of mine is in but it always ends up sorting itself out. Do not wait until you yourself are so burnt out that you resent this person.

Before take-off "Take the oxygen in the airplane first then you can help others". Take this tip and put it into practice in life.

The month of LOVE, make YOU the SPECIAL person.

Do you have photos or stories from your time here at Mayfield CDP?

If so, we would love to hear from you! To celebrate our 35th anniversary this year we are looking back on fond memories.

Email us at mayfieldcdpresource@outlook.com or pop in for a chat.



CELEBRATING 35 YEARS OF MAYFIELD CDP



Unit 1a, 4 Colmcille Avenue, Mayfield

(021) 239 0019 (Alongside All Round Beauty)

Price List

Gents €12

Senior Citizens/Head shaves €10

Gents + beard trim €14

Gents Wash & Cut €15

School Students €11

Toddlers/pre school €10

Father & Son €19

(excluding foil fades)

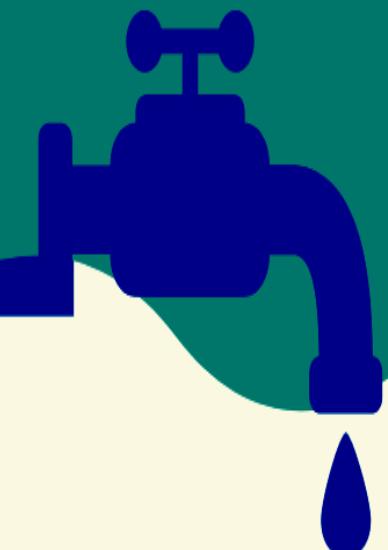
Beard trim €5

Foil fade €14

Opening Times

Monday - Friday 9:30am - 5pm

Saturday 9am - 5pm



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corkplumbing@hotmail.com

MAYFIELD UNITED AFC

MEMORIAL UNVEILED IN MEMORY OF JAMIE WOOL



On the morning of St. Stephen's Day 2024, the Mayfield community came together in Mayfield Park to mark the one-year anniversary of Jamie Wool's passing.

A beautiful memorial, a striking street art piece of Jamie, was unveiled on the utility box inside the club astro turf pitch, a place he held dear.

Members of Mayfield United, Mayfield GAA, Jamie's family, and the local community gathered to pay tribute to his memory. Prior to the unveiling, young players from both clubs took part in a short-sided game, entertaining the crowd.

Jamie's legacy continues to inspire those who knew him. His spirit remains alive within the club, the community, and now, in this lasting tribute at the heart of Mayfield Park.

Academy returns after winter break

Mayfield Utd has resumed its academy sessions following a winter hiatus. Taking place every Saturday between 9.30 am and 10.30 am at Mayfield Park, the academy is open to boys and girls born between 2016 to 2020. Providing a perfect opportunity for young talents to hone their football skills in a supportive and fun environment.

The academy sessions are carefully structured to cater to the specific needs of children aged 5 to 8. With a focus on skill development, participants engage in a variety of drills and exercises designed to enhance their technical abilities, teamwork, and understanding of the game. Led by seasoned coaches with a wealth of knowledge in youth development, the academy ensures that each participant receives personalised attention, fostering a positive and encouraging learning environment.

Registration for each session starts at 9.15am. Parents interested in enrolling their children in the club academy should attend the pre-session registration. Alternatively, they contact club personnel through social media channels or by emailing info@mayfieldunitedafc.com.

Official club TikTok channel launched Mayfield United AFC has recently expanded its digital presence by launching a dedicated TikTok channel, aiming to engage with a broader audience and showcase the vibrant activities within the club. The channel features a variety of content, including match highlights, training sessions, and skill development drills. To explore more of Mayfield United AFC's content, visit their TikTok channel: [@mayfield.united.afc](https://www.tiktok.com/@mayfield.united.afc)



Scoil Bernadette is a beautiful school situated on a slope in Montenotte overlooking the City. The motto of this school is "Learning for Living".

Recently the fifth year Leaving Cert class attended a session in the local Mayfield Library, where they had a session putting questions to Senior Citizens about their early lives in the area. The questions were most interesting and well prepared. They spoke about the games, the senior citizens had played, the music they had enjoyed, the books they had read, the films they had watched and schools they had attended.

The pupils were extremely interested in what the senior citizens had to say. They took copious notes. We wish them every success in the Leaving Cert Examination.



MAYFIELD ARTS CENTRE QQI CERT DAY

On January 21stth we were absolutely thrilled to welcome back our 2023-2024 learners for our Annual QQI certificate Presentation morning. It was the perfect sunny morning to catch up over some tea and cakes and to celebrate with everyone!

We had over 50 Learners who were presented with their QQI Certs by Cork ETB's Neil Murphy BTEI Co-ordinator (and also supported by Phil Heffernan FET Co-ordinator cork city).

75 QQI Module Certs in the following: Level3 Craft: Printmaking Craft :Textiles, Drawing and Art and Design and QQI level 4 Painting were presented on the day with some people receiving multiple Certs

Thanks to all the Friends and Families who also came to show their support on the day

Our Classes continue during term time where we also run Non- Accredited classes e.g. Painting, Ceramics, Sewing Contact admin@mayfieldarts.ie or 021 4530434 for more information

24 week Painting QQI L4 Participants with their Certification.

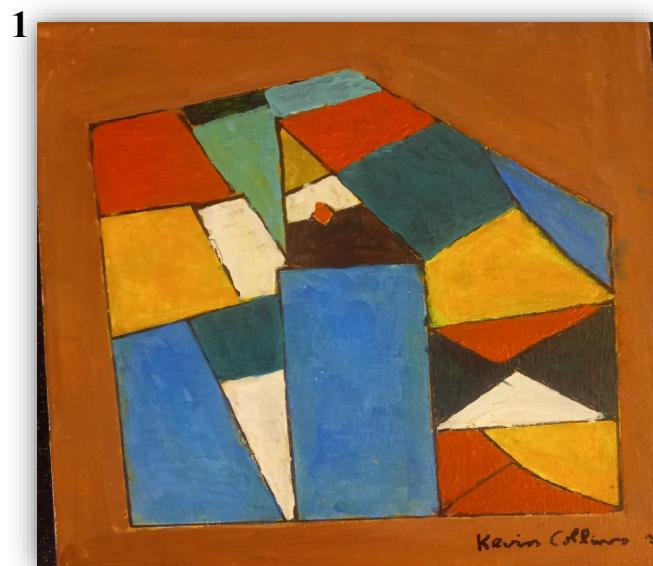


Hello my name is Kevin Collins and have been living in the Mayfield area for many years.

I was lucky to have studied art with a wonderful tutor named Mr. Coleman.

All my inspiration comes from memory or sometimes photographs. I am showcasing some of my recent Acrylic pieces.

My first painting is of stained glass and the second is my interpretation of New Grange symbols. The third is Cork Savings Bank on Parnell Place and my fourth painting is of Inchydoney Beach and my 5th won third prize, my 6th is a stroll through the woods.



If you would like to showcase your artistic talent please email us on mayfieldmatters@outlook.com



Chit Chat Group

Tuesdays 11-12

@Mayfield CDP
328 Old Youghal Road
021 4508562



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KEEP MAYFIELD CLEAN GROUP 2025

You are invited to come and discuss with us any ideas or suggestions you may have to improve the local environment in Mayfield, either your local estate, community or sports projects. These monthly workshops will happen at 11 am on Tuesdays at the Community House, 79 Glenamoy Lawn, Mayfield

Dates: Tues 11th March @ 11 am Tues 15th April @ 11 am
Tues 13th May @ 11 am Tues 10th June @ 11 am

Residents:

If you would like to form a residents group for your area we can support you in providing a meeting space plus other supports you may need.

The aim of this group is to encourage local residents to come together to work towards improving the local environment while taking pride in our Mayfield Community.

Summer Play Scheme 2025:

Are you interested in being part of an organising group in delivering a summer play scheme for the children of the Mayfield Community, during the month of July, for a one week. The proposed dates are July 1st to July 4th from 2 pm to 5 pm.

A Leadership Training Program will be provided under this new project. Please forward your names if you want to support this valuable resource to local families, to kick start the Summer Holidays from School.

Garda Clearance is essential and confidential for working on the play scheme.

For more information or to sign up for any of the above, please contact

Patricia Cotter: Community Development Worker,
Cork City Partnership; 087 1902848
Majella Gould: Community Warden for
Cork City Council; 086 7948584

St. Josephs (Mayfield) No Name! Club

No Name Club provides a safe environment for young people to participate in positive alcohol free activities. We support young people to mature without a reliance on alcohol or other drugs.



Ages 15 - 18



**Every Monday,
19:00 - 20:30**
**St. Josephs Community Association,
Mayfield**

@ St.Josephsmayfieldnonameclub

COMPLETE PRIVATISATION OF WATER TREATMENT

Rachel Hurley Roche

Workers Party Ireland, Mayfield Branch.

Email: rachelwprise@gmail.com

The complete privatisation of water treatment, distribution, and management systems in Ireland is almost complete. The government has committed to the complete transfer of all water services from the local authority to the costly and inefficient quango “Irish Water” by 2026. This decision is partly as a result of a directive from the European Union, which has mandated the introduction of “water pricing”, meaning charges on domestic water use, for all member states.

Irish Water cost the taxpayer €180million to set up in 2013, a time when most were still feeling the harshest impacts of the global financial meltdown of 2008. Despite the costly investment, we have not received much in return.

Thousands of homes in Cork City and county are dealing with contaminated, dirty, water in their taps. Soiling children's uniforms, damaging kitchen appliances, and running filthy dishwasher cycles. Many businesses such as pubs, restaurants, and crèches are also affected by the contaminated water. Families are forced to buy bottled water to cook, clean dishes, and prepare children's formula, introducing another significant challenge to the already dire financial situation of many Corkonians.

It is fair to say we all know what is happening, (either we are affected or we know someone who is affected) but if we want to bring about a change, then it is important to ask why it is happening.

This issue, now ongoing for many years, is the direct result of the failure to invest in water treatment and delivery systems. The latest moves to reject the expertise of local authority workers has resulted in a significant worsening of the situation. Irish Water frequently outsources maintenance and repair works to private companies, who are being awarded lucrative contracts to perform substandard and inefficient works. The replacement of only parts of the piping is not going to fix this problem, the outsourcing of works to the highest bidder is not going to solve this problem, and as we are seeing privatisation has already failed to solve this problem.

Local authority water workers have demonstrated extreme bravery and moral strength in opposing the privatisation agenda, with many refusing to transfer their employment to Irish Water. They are taking a stand not just to protect their own jobs and security, but to protect our right to clean, safe drinking water, free for all people. They have also been outspoken regarding the serious harm being done to the environment by the privatised entity, when through neglect failures in waste management have occurred, damaging waterways, and killing or harming wildlife.

If privatisation is not the solution then what is? We are demanding, alongside water workers, that water services be returned to the local authority drawing on the existing infrastructure and the experienced and caring staff. The privatisation must immediately stop, and then be fully reversed in order to avoid catastrophe for our water quality, as well as the workers' livelihoods.

We encourage all local authority water workers to get organised in a trade union in order to effectively fight against the profiteers nasty agenda. Water workers have continued to stand up in the face of attempts at coercion, threats to their job security, and disdain, now it is time that we return the favour.

Water workers are assembling on March 1st at 2.30pm outside Cork City library, it is important that we make an effort to join them and add our voices to those who oppose privatisation, and make it clear that we demand respect for water workers.



SPRING INTO A NEW CAREER!

with the
Old Youghal Road
Childcare Community
Employment
Programme

Are you interested
in gaining:

A qualification
Work experience
Up to date references

Would you like the following?

Social aspect of working
Gaining confidence
Employment opportunities

Qualifying payments include illness benefit, invalidity pension, jobseekers allowance/benefit.

- The basic rate is **€271.50** for **19.5** hours per week with additional payments for qualifying dependents.
- If your partner is claiming for you as an adult dependent or if you are signing for credits, you may be eligible to participate in CE.
- People over **60** can remain on CE until retirement.

Contact: Valerie or Fiona on
021-4508771
or v.ocallaghan@oyrchildcare.com

Funded by the DSP





irwinspharmacy
MAYFIELD SHOPPING CENTRE



Tel: 021 450 6633
info@irwinspharmacy.ie



Open - MONDAY - SATURDAY: 9am - 6pm

Mayfield Movers Fun Walking Group Go on Tour!

**Fortnightly planned walks to various
locations in the City and County**

Mondays 12pm

Meeting point will be determined by the walk location.
All Welcome but Registration is required

For more information contact
Fidelma at 087 1800 210
or Liz at 089 268 7938.



All walks are facilitated by a Walk Leader.
Walks will range from easy to moderate levels of difficulty.



Cllr John Maher

**Peace Commissioner
Working for you in our community**

086 194 2285

John_maher@corkcity.ie

/johnmahercork

@johndaniel3

Scoil Ghleanna Maghair Íochtaraigh New Inn National School Glanmire



Telephone: 021-4866293

Email: sgmi.inn@gmail.com

X: @newinn_sgmi

Website: www.newinnglanmire.scoilnet.ie



St. Joseph's UBU have returned after Xmas and are looking forward to the term ahead. Groups include Music Workshops, Art, Drop-In groups, Traveller Girls Groups, Soccer, Cooking, Youth Committees, Citizenship Groups and more.

Recently in UCC one young participant, Josephine Dempster, was elected onto Foróige National Reference Panel where she will get the opportunity to make positive change for the organisation and influence decision making.

The Traveller Girls Group were treated to health and beauty workshops where they got the opportunity to learn new skills and pamper each other. A Citizenship event was held in Togher where young people showcased a piece of work carried out by them last year and we held many Xmas parties for every group where lots of fun, food and dancing were enjoyed by all.



A Leadership programme for 15-19 year old will be facilitated in UCC this coming July. This is the first time The Leadership Conference will be held in Cork.

For more info on any of the above programmes, please Contact Niall 087 9970951 or Geraldine 086 8103632.

Cllr. Margaret McDonnell

Lá Fhéile Pádraig Sona Daoibh!

I hope you all have a great day!

085 862 2162
m.mcdonnell@gmail.com

Please contact me if I can help you in any way

FIANNA FÁIL
THE REPUBLICAN PARTY

Follow me on... [@](#) [f](#)



Mayfield Community Climate Action are looking for new members

- We are looking for individuals to join our community-driven climate action group.
- Whether you're an advocate, a gardener, a student, or someone who cares about our future, your skills and energy can make a difference.
- Together we can organize clean-ups, promote sustainable practices and push for meaningful change here in our community.
- Contact us on mayfieldccap@gmail.com



Mayfield Community Climate Action Group

SENIORS ALERT SCHEME



The Seniors Alert Scheme provides funding for a free personal monitored alarm for people aged 65 and older and of limited means. The scheme is intended to support older people to live securely in their homes.

Who is eligible for the scheme?

To be eligible for the Seniors Alert Scheme, you must be aged 65 or over and have limited means or resources.

- ◆ You must also be any of the following:
- ◆ Living alone
- ◆ Living alone for significant periods of time during the day
- ◆ Living with someone who meets the criteria
- ◆ Caring for someone else in your household
- ◆ You must live in the area covered by the registered group administering the funding and be able to benefit from the equipment being supplied. You also need to be willing to keep contact with the registered group.

Is there a cost involved? All equipment and installation under the scheme is free. The alarm monitoring service is free for the first year. After the first year, you will be asked to pay the annual monitoring fee.

The annual monitoring fee will vary by service provider and the type of alarm or pendant supplied. The cost may be approximately €70 annually. Your local group can tell you about the cost in advance.

If there is no suitable landline available in your home and a mobile signal is used to connect to the equipment, you may have to pay a fee for mobile SIM rental.

How does a personalised monitored alarm work? You can get a monitored personal alarm that is worn as a pendant or around your wrist like a watch. These alarms connect to a national helpline through a base unit installed in your home.. When you press the alarm button, it immediately rings the helpline, which is open 24 hours a day all year round. A helpline operator talks to you in your home and decides whether to alert a local volunteer responder or, if necessary, the emergency services.

If you no longer need it, the alarm must be returned as the scheme equipment remains the property of the registered group..

How do I get a Seniors Alert Scheme alarm?

Registered community or voluntary groups apply to Pobal on your behalf. Pobal does not accept applications from individuals. A family member or neighbour can apply on your behalf with the local group if you can't apply yourself.

The registered community or voluntary group will:

Assess your eligibility for the scheme and complete the application form with you

Identify the equipment required and get quotations from suppliers

Submit the application and supporting documentation to Pobal. You will be asked to confirm that you understand the purpose and use of the equipment and that you will be responsible for the annual monitoring fee after the first year.

How to Apply If you feel you may be eligible for the Seniors Alert Scheme, you should contact the group registered to operate the scheme in your area. Pobal publishes a list of registered organisations on its website: www.pobal.ie You can also contact your local Citizens Information Centre for details of your local group.

What groups can register as providers of the scheme? Community, voluntary and not-for-profit organisations can apply to register with Pobal for the scheme. They must have a recognised structure and be able to show that they can manage the grants. They must also have a record of working with older people in the community.

A group will not be able to register if there is an existing group operating the scheme in the area.

John Beausang, Citizens Information Manager for the Cork City North area said:

For anyone needing information, advice or who has an advocacy issue, you can call a member of the local Citizens Information team in Cork City North weekdays from 10am to 4pm on 0818 07 6850, they will be happy to assist. Alternatively you can email us on hollyhill@citinfo.ie or log on to www.citizensinformation.ie for further information.

ST. JOSEPH'S MAYFIELD MEALS ON WHEELS NEED YOU!

URGENTLY REQUIRED VOLUNTEER DRIVERS.



ST JOSEPH'S MAYFIELD

Times required: Monday/ Wednesday/ Saturdays
Daily or weekly volunteers welcomed Any free time
will be appreciated.

For more info on Meals on Wheels Please contact
St. Josephs Centre Mayfield directly on [021 4500 538](tel:0214500538)

No experience needed as training will be provided.
Garda vetting required.

WINTER STYLING - "A New Year Wardrobe Refresh"

Lynda Di Blasi

With a new calendar year, it's the perfect time to reflect on your wardrobe. Ever stand in front of your wardrobe and feel overwhelmed? This month I hope to encourage you with some easy strategies that will remove these frustrations. I hope to entice you to declutter and discover the joy of an organized, stress-free closet.

"Clear Your Closet, Clear Your Mind!" With the hustle of the holidays behind us, January offers the perfect opportunity to reset. Start the year with intention- say goodbye to clothes that no longer serve you and welcome a wardrobe that sparks joy and reflects who you are today. Our lives evolve so should our wardrobes. Has your weight, lifestyle, or daily routines changed recently? Maybe you recently retired! With more leisure time on your hands are you socializing more? With new lunch dates, group meet ups, does your wardrobe reflect this? We all want to feel good irrespective of our daily activities. Wearing outfits that we feel confident in sets us up for the day ahead.

FIT- Try on those pieces that you have not worn in a while. Check the fit, Remove ill-fitting or very worn items. When an item of clothing doesn't fit well, we can be conscious, uncomfortable when wearing. If you have a favorite item that no longer fits chatting with your local dressmaker may breathe new life in to the item and result in re-wearing.

SHOES - Shoes can difficult items to organize because they take up so much space. Donate, sell or recycle items you don't wear. I recommend you have a variety that complement both casual and formal outfits. Remove any footwear that is uncomfortable; invest in good fitting good quality footwear. I am a big fan of clear shoe

boxes, available in the supermarkets. You can see your shoes clearly, they also protect your footwear which increases longevity.

ACCESSORIES - When I'm wardrobe decluttering with a client one item I see a lot of is scarves. We tend to hold on to scarves, for a variety of reasons. We feel guilty parting with a gifted scarf even though we don't wear it. Donate these unworn items, keep your favorite and the ones you wear most frequently. Large knitted scarves can be cumbersome and not very practical for every day wear. Using your woolen large scarf as a throw to your fireside armchair may be a repurpose idea. Hats, fascinators, fur stoles, costume jewelry all stored together will enable you to accessorize easily when you have that event invitation. Shoe boxes / biscuit tins can also be used for smaller costume accessories.

If you find it overwhelming when you open your wardrobe, you don't know where to start when it comes to decluttering? Contact me on the details below. I help my clients refresh and declutter their wardrobes. I offer non-judgmental services, resulting in you creating various outfits with ease.

Contact me on **086-2599539** if you would like to discuss style, wardrobe declutter, make up, color analysis, personal shopping. *Email:* lyndadibiasi@yahoo.com. Check out my *website* lyndadibiasi.com for various packages.

Lynda.dibiasi.image_consultant  



DO YOU HAVE DEBTS
YOU CANT REPAY?

LIVING ON A LOW INCOME
WORRIED ABOUT DEBTS UNDER €35K
LIVING IN A HOUSE YOU DON'T OWN

OPENING HOURS

Mon-Fri 9-5pm Closed 1-2pm

101 North Main Street, Cork

Tel: 0761 07 2090

cork@mabs.ie



We meet every second Wednesday at 11am in St Joseph's Community rooms next to the Library

Enjoy a relaxing morning listening to music including Operatic, Classical, Traditional, Folk, Light, presented by individual members. There is a mid- programme break for cuppa and chat.

Meetings on Wednesdays for 2025:

March 5th & 19th April 2nd 16th & 30th

May 14th & 28th June 11th & 25th

€4 subscription All are welcome.



ARE YOU HOUSEBOUND DUE TO ILLNESS OR ACCIDENT?

Cork City Libraries can deliver to you at home, and we can deliver to nursing homes in the city area too!

Simply email nora_harrington@corkcity.ie or call **021 4924900** to register. Alternatively ask at your local Cork City Libraries branch if you, or someone you know, might benefit from this service. It's simple to sign up and it's free.

Library Link

we can come to you



SCOIL MHUIRE AGUS EOIN

Welcome to the latest bulletin from Scoil Mhuire agus Eoin.

Spring is in the air in Scoil Mhuire agus Eoin and our school has been enjoying plenty of exciting events!

Grandparents' Day Ms. Warren's third class and Ms. Murphy's third class invited grandparents and VIP guests to celebrate Grandparents' Day. Our special guests enjoyed a cup of tea and had great fun playing board games and cards with the children.



Attendance superstars There was a super reward for our attendance superstars, which gives a special treat to pupils with high attendance in term one. The superstars were treated to a trip to the Arc Cinema where they enjoyed tasty treats watching Moana 2. Every day counts in Scoil Mhuire Agus Eoin.



Basketball blitz

Our sixth class boys did us proud at the annual Garda basketball tournament in Neptune Stadium. Well done to everyone involved!



Vex Robotics Our fifth class engineers enjoyed a great day out in MTU taking part in the Vex Robotics competition. Every year, our pupils design, code, and build their own robots, and this year they showcased their robot creations Linq and Flex.



Computer Connections

Our first class pupils are getting some computer tips pairing up with the fifth class boys and girls. It's a great way to introduce them to computer learning with the budding IT wizards from fifth class



Chess Club Our fifth and sixth class chess team took part in the Ficheall tournament in Carrigtwohill. It was a great opportunity to test their skills against other schools in a fun environment.

After School Club

Fun Club is available every day within the school from 1.30pm – 5pm. Please contact Siobhán on 087-7674950 if you are interested as places fill up fast.

Parents' Association The Parents' Association works very hard each year, organising wonderful events for our school. New members are always welcome!

Confirmation Our sixth class will celebrate the sacrament of confirmation on February 18th. The children have been preparing for this special day with the support of school staff and Fr Charlie's guidance. Wishing them joy on their special day

Enrolments We are currently accepting enrolments for September 2025 for incoming junior infants and our Early Start pre-school. For more information and application forms, please visit www.scoilmhuireaguseoin.ie or 021 4503003.

MAYFIELD COMMUNITY GARDEN

At Mayfield CDP

The Community Garden slowed down for Winter with many of our schools groups pausing their visits until February. We did have a lovely first visit from Scoil Cara and we look forward to seeing them back again soon.

The group designing the accessible sensory space had a busy Winter Season plotting, digging and packing tonnes of gravel to make a curved path. The season ahead will offer us a chance to plant around the structure they've worked so hard to build and we are very grateful for all the back breaking work they put in to make this happen!

January saw the Community Garden Group back in action again, tidying, weeding and making plans for the season ahead. Our Community Garden Group will move from Wednesday mornings to Tuesday mornings at 10am from February the 25th for 10 weeks as we are fortunate to have our ETB tutor Sophie back again to facilitate this group. Your space will need to be registered with Liz & Sheila in CALP to participate in this group- all welcome

We were sorry (and happy!) to see Killian move on to a great job in the Community Sector and wish to thank him for all his hard work in our Community Garden Group.

Some of the children of St. Joseph's Naónra, Mayfield, check out the Valentine's Day display at Mayfield Library. The display features advertising from times past and romantically wrapped mystery novels to borrow. A library member can borrow one of these for a 'blind date with a book'. All romance, the only other indication as to content are labels stating broad themes such as 'humour', 'summer', 'escapist', 'heart-wrenching' and 'uplifting'. There is no indication of author or title and the library's self-checkout machine will issue the book without it needing to be unwrapped. The library also has a search-and-find activity running for the week called "Catching Kisses", whereby kisses are ticked off on a clipboard as they are spotted hiding among the book shelves. The library is open 10 am to 5.30 pm, Tuesday to Saturday.



Children of St. Joseph's Pre-school



**MAYFIELD CDP
COMMUNITY GARDEN**

Tuesdays, 10.00am-12.00pm

Learn and share gardening skills

Plant and veg giveaways

Make friends in the community

Mayfield CDP, 328 Old Youghal Road

More Information :
Liz Ahern CDP 089-2687938
Fidelma O'Connell Community Health Worker 087-1800210

Logos:
Cork County Council, Cork Kerry Community Healthcare, Cetb

MAYFIELD CDP RESOURCE OFFICE HERE TO HELP



328 OLD YOUGHAL RD,
MAYFIELD, CORK,
T23 CX7D

021 450 8562

MAYFIELDCDPRESOURCE@OUTLOOK.COM

- Low cost printing & photocopying service- Black & White or Colour
- Typing - CVs, letters, projects, flyers etc.
- Laminating & Binding
- Use of computers
- Senior Alert Scheme (personal alarms for 65yrs and over)
- Meeting / Training Room Rentals

ROOM RENTAL AVAILABLE IN MAYFIELD CDP



FACILITIES

- Space for 20-25
- Tables & Chairs
- Tea & Coffee
- Wifi
- TV & Projector
- Photocopying facilities



For more information:
021-4508562
mayfieldcdpresource@outlook.com

MAYFIELD MATTERS is a local community newsletter produced in the Mayfield CDP Community Resource Centre by volunteers with the support of the CDP staff. It is funded through the adverts placed in the issue, fundraising and grant/donation allocations.

DISCLAIMER: All information printed in this issue is understood to be true and accurate at the time of printing. The views expressed herein are not those of Mayfield Matters or Mayfield CDP.

We do not accept responsibility for information found to be untrue, we do accept responsibility for any grammatical and typing errors.

PLEASE NOTE: To guarantee inclusion in the next issue of Mayfield Matters please ensure items are submitted to mayfieldmatters@outlook.com before the deadline for the



EASTER ISSUE- 30TH MARCH

